

## DOUGHTERAGH / DRUMREILLY LOWER PARISH NEWSLETTER

1<sup>st</sup> Dec 2024 *Aughawillan - Aughnasheelin - Ballinamore & Corraleeahan* 1<sup>st</sup> Sunday of Advent

*Feast Days: Dec 3<sup>rd</sup> St Francis Xavier, Patron of the Missions, Dec 4<sup>th</sup> St John Damascene,  
Dec 6<sup>th</sup> St Nicholas of Myra, Dec 7<sup>th</sup> St Ambrose*

Office Phone: 071 9644039

Office Hours: Mon, Wed & Fri 9:30-14:00

Mon & Fri emails & messages

Email: [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)

Join us live, @ [churchtv.ie](http://churchtv.ie) Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleeahan

Website: [ballinamoreparish.com](http://ballinamoreparish.com)

Fr. Seán Mawn P.P. Home 071 96 81992 Mob 087 686 9040

Fr. Malachy Moses C.C. Mob 087 490 4380

Fr. John Mc Mahon 049-4339610 Mob. 086-2126582 (Carrigallen)

**BALLINAMORE - St PATRICK'S CHURCH:** Mass Sat & Sun 11am, Mon & Wed 7pm, Tues, Thurs & Fri 9am

Sat 30<sup>th</sup> Nov 11am Mass for the Faithful Departed

Sun 1<sup>st</sup> Dec 11am Patrick Joseph Kellegher (Cleanaghoo) and all deceased family members

Patrick Rehill, (Drumcroman)

Wed 4<sup>th</sup> Dec 7pm Philomena Flynn and her parents John and Mary Flynn

Sun 8<sup>th</sup> Dec 11am Vera McTague (Lahard)

Louis Quinn (Drumlonan)

Johnny Gallogly (Drumrane)

John and Annie Prior (Camagh)

**Eucharistic Adoration:** Fridays 9.30am -10.30am

**Eucharist Ministers** 1<sup>st</sup> Dec, Alice Costello, Raymond McHugh & Marcella McKiernan

8<sup>th</sup> Dec Evelyn McHugh, Marian Sharpley, & PJ McLoughlin, 15<sup>th</sup> Dec Brendan Sweeney and Eilis O'Dell

**Ministers of the Word** 1<sup>st</sup> Dec Gabriel Cronin 8<sup>th</sup> Dec PJ McLoughlin, 15<sup>th</sup> Dec Mary Corby

**Door Collectors:** 1<sup>st</sup>, 8<sup>th</sup> & 15<sup>th</sup> Dec Thomas Kelly and Hugh McTague Jnr

22<sup>nd</sup>, 24<sup>th</sup> & 25<sup>th</sup> Dec Tommy McWeeney, Micheal Hanly & Joe Murphy

**Confessions Available:** Saturdays after the 11am Mass in Ballinamore Church, and on request at any time.

**AUGHNASHEELIN - St. MARY'S CHURCH:**

Mass on Fri 7pm & Sat 8:15pm

**Mass Intentions**

Fri 29<sup>th</sup> Nov 7 pm

Frank and Margaret Boyle (Knockacullion) their son Arthur Boyle, their grandchildren, Gráinne Reynolds & Roisín Walsh and all deceased members of the McGrail family.

Jim and Annie Gallagher (Drumracken) and also Sean and Josie

Sat 30<sup>th</sup> Nov 8:15pm Mary Boyle (Tullybán) 3<sup>rd</sup> Anniversary

Fri 6<sup>th</sup> Dec 7pm Michael Bohan, his wife Anna (Drumcara) and all deceased Bohan family members

Michael Gilbride (Drumracken) and all deceased family members

Sat 7<sup>th</sup> Dec 8:15pm Lizzy Cafferty (Stralongford) and all deceased family members

Laurence Moran and Josephine Brogan, & all deceased Moran and Duignan family members

Johnny Mahon (Buggain) and all deceased members of the Mahon family

John Joe & Brigid McGirl, and Mary Mulvihill (Ballinamore)

**Eucharistic Ministers:** Sat 30<sup>th</sup> Nov Margaret Murphy & Vol 7<sup>th</sup> & 14<sup>th</sup> Dec Seamus Prior & Margaret McTeigue

**Readers:** Stephanie Prior & Maura Mulvey **Door Collectors:** Philip Rooney, Terence Boyle & Christopher McNulty

**CORRALEECHAN - St. BRIGID'S CHURCH:**

Mass on Wed 9:30 am & Sun 9:45am

**Mass Intentions**

Sun 1<sup>st</sup> Dec 9:45 am Tommy Flynn (Kiltyhugh)

Jack and Rita Walsh (Derradda)

Sun 8<sup>th</sup> Dec 9:45 People of the Parish

**Eucharistic Adoration:** Wednesday 10 am to 4pm & 6pm to 8pm

**Eucharistic Ministers** Gillian McNiff & Micheal McGovern **Altar Society** Bridie McNiff & Josie Maguire

**Ministers of the Word** Damien Gilheany & Tracy McTague **Door Collectors:** Seamus Beirne & Micheal McManus

**AUGHAWILLAN - St PATRICK'S CHURCH:**

Mass Sat at 7pm

**Mass Intentions**

Sat 30<sup>th</sup> Nov 7 pm Hugh & Mary Brady (Cornamahon) and all deceased members of the Brady & Mitchell families

Sat 7<sup>th</sup> Dec 7 pm No Intention

**Eucharistic Ministers** Patricia Deane and Des Quinn **Altar Society** Mary Quinn, Colleen Quinn & Martina Conefrey

**Ministers of the Word** Sinead Kiernan & Morgan Quinn **Door Collectors** Pat Stringer and Michael Quinn

**RECENT BAPTISM:** We welcome Maeve Rose Maxwell into our Christian family, and congratulate her family on this joyous occasion.



🎵 **PARISH CHRISTMAS CAROL SERVICE** will take place in St. Patrick's Church Ballinamore on Sunday December 8<sup>th</sup> at 7pm. Choirs from our 4 churches, along with children from our schools will participate. 🎵

**MASS OF CONSOLATION:** A word of gratitude to all who attended and participated in the Mass of Consolation for the bereaved in Aughnasheelin Church on Friday 22<sup>nd</sup>. A special word of thanks to the Choir, the Liturgy Committee for arranging the mass, and members of the Aughnasheelin Parish Pastoral Council for providing refreshments.

**BALLINAMORE PRAYER GROUP:** every Tues 8-9:30pm in Parish office Ballinamore, all are welcome.

**PRO LIFE PRAYERS at THE HSE office, CAVAN:** (Opposite the Courthouse) Sun 1<sup>st</sup> Dec 3pm. Deacon Andy Brady will lead prayers. We pray for all affected parents and their babies.

**SEASON OF ADVENT** is the annual season of waiting. We wait for the same reason every year, and we are certain that the one we await – a person, Jesus, Son of God will arrive on Time. Yet we find that the waiting is new each year, as Jesus is ever new. The way we wait affects how we celebrate and enjoy Christmas. The way we wait may grow in us a new realisation that everything about God and especially God's Son is worth waiting for. We wait for the Lord because his day is near. Let us prepare a way for The Lord!



**WAYS OF SUPPORTING the PARISH FINANCIALLY:** The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie), or you scan the QRcode with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7. **GENTLE REMINDER:** to update your church contributions. Offertory contributions for the upkeep of your church are made payable to the local church. All Dues contributions are made to Ballinamore Catholic Church No.2 Acc. Please complete your CHY3 forms (enclosed in last annual acknowledgement letter) and return to the parish office, thank you

### COMMUNITY NOTES

**BALLINAMORE ATHLETIC CLUB** wishes to thank all those who contributed to making the 60th anniversary of the club's first involvement in competitive athletics on Sunday last an enjoyable and successful event.

**AUGHAWILLAN WHIST DRIVE** Tues 10<sup>th</sup> Dec at 8.30pm in Aughawillan Community Centre. Donations for spot prizes would be appreciated. All welcome.

**BALLINAMORE WHIST DRIVE:** on December 5<sup>th</sup> at 8:30pm in the Island Theatre. New members welcome.

**BALLINAMORE GREENWAY PARKRUN & WALK:** every Saturday at 9.30am - looking forward to seeing you there.

**BALLINAMORE WALKING GROUP:** Join our new walking group, meeting every Tuesday at 10am at the basin near Supervalu. A weekly walk & talk with a friendly group of people. All welcome to join.

**SOCIAL DANCING CLASSES:** in Aughnasheelin Community Centre Wednesday at 8 pm. All welcome.

**AUGHNASHEELIN FOROIGE CLUB:** are making Christmas logs to sell at the Community Christmas Event at 4pm, Sun 1<sup>st</sup> Dec in the Community Hall.

**AUGHNASHEELIN CHOIR** are looking for an organist. If you or anyone you know might be interested please contact Cait on 087 212 3703 or Sheila on 0876527815. New choir members always welcome.

**LEITRIM TOWNLANDS:** Save Leitrim public information evening takes place at The Scouts Den, Ballinamore, Co. Leitrim. N41 R522 on Tues 3<sup>rd</sup> December @ 8pm. All welcome.

**BALLINAMORE LIBRARY TALK:** An interesting talk will take place in Ballinamore Library entitled 'An Emerging Nation: Ireland 1937 to 1973' by Padraig Griffin on Friday December 6<sup>th</sup> at 7.30pm. Free event and all welcome.

**BALLINAMORE FOROIGE:** Registration evening, Mon 2<sup>nd</sup> Dec @ 6:30pm in the Afterschool Club, N41KD98.

**TIN WHISTLE CLASSES:** Tin whistle classes, continue for beginners to advanced Fridays @ 5.30pm in Sean O'Heslin's GAA Clubroom. Contact Sarah on **083 483 5881**.

**KILMORE YOUTH MINISTRY ESSAY AND ART COMPETITION:** All 6<sup>th</sup> class students can enter our essay competition. **Why was the first Christmas so important?** Junior infants to fifth class can enter our art competition. **Draw a picture of the first Nativity.** Closing date is Dec 6<sup>th</sup> and PLEASE don't forget to put your name and school on the back of your drawing or essay. Best of Luck! 📞 call **049 433 1496** or email [youthministry@kilmorediocese.ie](mailto:youthministry@kilmorediocese.ie)

**BADMINTON (adults)** Tuesdays 8-10pm. €5 per person PAYG. All welcome. Ballinamore Sports Comp.

**CHRISTMAS CRAFT FAIR:** 7<sup>th</sup> of Dec, the Island Theatre Ballinamore. To book [craftfairs.islandtheatre@gmail.com](mailto:craftfairs.islandtheatre@gmail.com)

**ISLAND THEATRE BALLINAMORE EVENTS: Greatest 80s Show** – 30<sup>th</sup> Nov, Doors 7pm, Some tickets may be available at box office when doors open.

📢 **SANTA CLAUSE IS COMING TO TOWN** 📢: So it is getting closer and closer... get yourselves ready for an evening of fun, visits and fireworks. And of course goodies for all the kids. Yes Santa is coming to turn on the Christmas lights. With a new venue, **THE JUNCTION, Sat 7<sup>th</sup> Dec at 5.30pm**. There will be music, goodies and fun. Wrap up well in your festive gear and come along and enjoy. Please take good care of your pets as the fireworks may frighten them.

**CHRISTMAS LIGHTS:** We are looking for help to put up the lights, if you can help please contact Dawn **086 311 5647**

**DRUMSHANBO TRADITIONAL IRISH MUSIC:** (course) Christmas Charity Concert in The Mayflower Hall, Drumbshanbo, Sat 7<sup>th</sup> Dec @ 8 pm in aid of the local St. Vincent De Paul. Contact Mossie Martin 0877640332.

**COMMUNITY SERVICES HUB in the Den, N41R522:** Tues. 3<sup>rd</sup>, 17<sup>th</sup> Christmas Swap Shop 10am – 12pm.

**URGENT- CARER WANTED:** Male in his 70's based in the town of Ballinamore, approx. 1-2 Hrs per day for personal care, shopping, etc. Eligibility for carers benefit/allowance necessary. If you are interested, contact **087 770 2826**.

**UKULELE CLASSES FOR BEGINNERS:** Weds in Scoil Chlann Naofa Ballinamore at 7.30pm, Susan **087 317 8169**

**FIDDLE CLASSES FOR CHILDREN (beginners):** Fridays in Seán O'Heslin's GAA club, rent a fiddle, in sizes to suit children. Call **087 762 0523**. This is a great opportunity for young people in Ballinamore to learn to play the fiddle

### REFLECTION – ADVENT

This 1<sup>st</sup> Sunday of Advent calls us to grow in love and holiness, in readiness for Jesus' Birthday.

We are called to love more and live better lives, as we prepare for Christmas.

May this Advent season bring us closer to God and ready our hearts for the birth of Christ.

All New items for the Newsletter should be dropped into the Parish Office, Convent Road or emailed before 12 noon on Thursdays to [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)  
the editor reserves the right to edit or omit items according to suitability of content & space in the newsletter

**COMMUNITY SERVICES HUB in the Den, N41R522:** Join us every other Tuesday from 10am-12pm. Featuring information and signposting, free refreshments, a space to talk and socialise, sewing and mending clothes, basic bike repairs and a swap shop (clothes, toys, books and plants). The event is free and everyone is welcome. Upcoming dates: Tues. 3<sup>rd</sup>, 17<sup>th</sup> & 31<sup>st</sup> Dec, 14<sup>th</sup> & 28<sup>th</sup> Jan, 11<sup>th</sup> & 25<sup>th</sup> Feb, 11<sup>th</sup> & 25<sup>th</sup> March. On **Tues 17<sup>th</sup> Dec.** we will have a **Christmas Swap Shop at the Community Services Hub.** A chance to find the perfect pre-loved Christmas gift. With toys, trinkets, books and plants. Bring & Swap. The event is free, open from 10am-12pm in the Den, N41R522.

**IMPORTANT DATES FOR 2025: Confirmation:** will be celebrated Sat 15<sup>th</sup> of March in Ballinamore Church @ 11am. **First Holy Communion:** Aughawillan: Sun 4<sup>th</sup> May @ 9.45am. Ballinamore: Sat 17<sup>th</sup> May @ 12pm. And Aughnasheelin: Sun 18<sup>th</sup> May @ 12 pm.

**SCOIL CHLANN NAOFA, BALLINAMORE** are accepting applications for admission to our school for the 2025/2026 school year. Please contact **071 964 5001** or email school [info@scoilchlannnaofa.com](mailto:info@scoilchlannnaofa.com) for enrolment pack. Thank you  
**TEMPLEPORT SOCIAL SERVICES-DAY CENTRE:** on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all

**FRIENDS & CONCERNED COMMUNITY MEMBERS:** there is a new date on the Evictions from Carraig Accommodation Centre – 9<sup>th</sup> January 2025 ☹️ what a dreadful Christmas present ☹️ CATU members are willing to assist highlight this situation to local public representatives and letters of support are being sought from local community members, copies of which are available to all groups please contact [sligoleitrim@catuireland.org](mailto:sligoleitrim@catuireland.org) for info.

**PRE-MARRIAGE COURSE Dates 2025:** Fri 7<sup>th</sup> Feb 7.30pm–10pm & Sat 8<sup>th</sup> 10am– 5 pm. Friday 11<sup>th</sup> April 2025 7.30pm–10pm & Saturday 12<sup>th</sup> April 10 am–5pm. Friday 10<sup>th</sup> October 2025 7.30pm – 10.00pm & Saturday 11<sup>th</sup> Oct 10am–5pm. Courses take place in the Kilmore Diocesan Pastoral Centre, Cavan H12 E5C7. To book: [www.accord.ie](http://www.accord.ie)

**BOOKING ANNIVERSARIES MASSES:** As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donation is sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or phone **071 964 4039**

**'LEITRIM CALLING'- befriending visitation project** seek Volunteers to provide a home visit for one hour per week. The Volunteer will be matched with an older person (client) in the Ballinamore area and through mutual interests. The Volunteer will be provided with full training. The Volunteer will be introduced to the client by the Coordinator on the first visit and then will continue as suits all. Please apply on [www.ivol.ie](http://www.ivol.ie) or contact Claire @ [claire@volunteerleitrim.ie](mailto:claire@volunteerleitrim.ie)

**CHRISTMAS CRAFT FAIR:** 7<sup>th</sup> of Dec, the Island Theatre Ballinamore. To book your place select one of these options: €23 – bring your own table (plus fees) €28 – table provided by Island Theatre (plus fees) comment with any requirements and some information about your product. To book a stall email [craftfairs.islandtheatre@gmail.com](mailto:craftfairs.islandtheatre@gmail.com)

**SOLAS ART GALLERY in THE ISLAND THEATRE-BALLINAMORE,** Winter Group Exhibition 2024 until Dec. 20<sup>th</sup>.

**QQI LEVEL 4 - GROWING FRUIT** 🍌🍇🍓🍎: Weds 10am-2pm in Ballinamore at the Old Tech. Gain the skills and competence to plan, prepare, plant, maintain, prune, propagate and harvest many fruits. Call Seamus **087 916 8087**

**THE RURAL SOCIAL SCHEME:** has vacancies in the local Area. To participate in the Scheme an individual must be in receipt of an eligible Social Welfare payment such as Farm Assist, Job Seekers Allowance or Disability Allowance, The Individual or Family Member must have access to an active Herd Number. Please contact Gerry on **086 771 6896** or Leitrim Development Company on **071 964 1770** or Email [schemes@ldco.ie](mailto:schemes@ldco.ie) for more information.

**HEDGE CUTTING GRANT SCHEME 2024/2025:** To encourage the cutting of roadside trees and hedges, Leitrim County Council operate a Hedge Cutting Grant Scheme. The Hedge Cutting Grant Scheme is now open and aims to encourage the cutting of roadside hedges/trees along the Public Road Network. Open to all, individual applicants, communities and groups. The Grant is €75 per km of the roadside hedge/overhanging trees which are cut back. Minimum length of road network per application is 1km. A new additional Grant of €50 per KM (Total of €125 per KM) has been introduced by Leitrim County Council to encourage the cutting of dangerous overhanging tree canopies/branches along the public road network. Further information and application forms are available from Leitrim County Councils website [www.leitrimcoco.ie](http://www.leitrimcoco.ie) or by contacting the Roads Department by e-mail - [roads@leitrimcoco.ie](mailto:roads@leitrimcoco.ie) or Telephone **071 9620005 Ext. 630**. Closing Date is Friday 31st January, 2025.

**SENIORLINE:** a national telephone service for older people open every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

**FAMILY CARERS IRELAND:** Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact **057 93 70221** and hear how we can support you or for more info visit. [www.familycarers.ie](http://www.familycarers.ie)

**5 STEP SUPPORT SERVICE:** Are you affected by the misuse of alcohol or other drugs by another individual? 5 Step Support can help you; it is a free, non-judgemental, one-one consultation service. Putting your needs and wellbeing first, helping you manage stressful, difficult and emotional issues. You don't have to be addicted to suffer from addiction! **M-PACT** supports the whole family, helping to improve relationships, communication and recovery. If you would like further information please contact **071 9150578** or **085 875 9319** or email [sligoleitrim@alcoholforum.com](mailto:sligoleitrim@alcoholforum.com)

**CAREER IN CARING FOR THE ELDERLY:** Home Instead are always looking to recruit Caregivers. Whether you can work a couple of hours a week or want to work full time, we would like to hear from you. Experience and FETAC/QQI level 5 qualification in healthcare is an advantage but not compulsory as training is provided. Please contact Seyi or



Ciara on **(071) 9317051** or [recruitment-admin.sligo@homeinstead.ie](mailto:recruitment-admin.sligo@homeinstead.ie) for more information.

**MUVE HEALTHCARE** provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on **089 611 1647** for more details. Our website is [www.muvehealthcare.ie](http://www.muvehealthcare.ie)

**HOME INSTEAD CARERS** are you looking for a career in caring for the elderly? Have you recently retired or have your children now left home? Home Instead are always looking to recruit Caregivers. Whether you can work a couple of hours a week or want to work full time, we would like to hear from you. Experience and FETAC/QQI level 5 qualification in healthcare is an advantage but not compulsory, as training is provided. Please contact Seyi or Ciara on **(071) 9317051** for further information or email [recruitment.sligo@homeinstead.ie](mailto:recruitment.sligo@homeinstead.ie)

**ALONE IS LOOKING FOR VISITATION VOLUNTEERS:** in your area to make befriending visits to older people looking for extra social contact for 1 hr per week. **\*Volunteers needed\*** would you provide companionship visit or make friendly calls to Older People once a week for an hour or two? ALONE are seeking volunteers in your area. Full training and support provided, if interested please sign up here: <https://alone.ie/volunteers/> for more information, contact Sinead on [Sinead.Flanagan@alone.ie](mailto:Sinead.Flanagan@alone.ie) on **086 192 1505** and leave a message with your name and contact number and I will phone you back.

**ACCORD NOW SEEKING MARRIAGE PREPARATION FACILITATORS.** Might this be you? Accord Catholic Marriage Care Service CLG is currently recruiting volunteers to train as marriage preparation programme facilitators. If you: are supportive of marriage in the Catholic Church; and have the enthusiasm to be part of the Accord team that supports couples preparing for the Sacrament of Marriage ... then Accord wishes to hear from you! An Accord marriage preparation facilitator is a personally fulfilling leadership role, blending life experience and faith. Successful applicants will receive professional training and be part of a team delivering marriage preparation programs locally. Contact Aisling on **01 505 3112** or email [marriagepreparation@accord.ie](mailto:marriagepreparation@accord.ie) and further information see [www.accord.ie](http://www.accord.ie)

**GENTLE REMINDER:** to update your church contributions for 2024. Offertory contributions for the upkeep of your church are made payable to the local church. All Dues contributions towards salaries for priests are made payable to Ballinamore Catholic Church No.2 ACC

**THE SACRED HEART MESSENGER MAGAZINE** is always a pleasant and thoughtful read with Items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



**RADIO MARIA IRELAND:** Thank God and sincere thanks also to our many listeners and supporters as Radio Maria continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, and Uplifting

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"My reign is not of this world."



Mihaly Munkacsy, "Christ Before Pilate", 1881

**RADIO MARIA IRELAND CHRISTMAS FUNDRAISER!** Join us on Thursday 28<sup>th</sup> November in the Mount Errigal Hotel, Letterkenny. Doors open each night at 6pm followed by a four course meal, live music information about Radio

Maria and its Mission. Vision and how it can help support the faithful in Ireland today. Why not come along and enjoy a great night and help a charity! To book your ticket (€65/£60 per person) go to [Eventbrite.ie](https://www.eventbrite.ie) or to book over the phone or for more information, call the studio on 01 4 123456 or more info (Inc. the other Fundraisers) on [www.radiomaria.ie](https://www.radiomaria.ie) Radio Maria Ireland is available on digital television via Saorview channel 210, website [www.radiomaria.ie](https://www.radiomaria.ie), or on the App 'Radio Maria Ireland', via Alexa, Facebook and Google and, for those without digital connectivity via landline phone broadcast on **01 437 3277**.

**THE SANCTUARY** is a meditation centre for social change in the heart of Dublin City. It is a charity founded by Sr. Stan Kennedy in 1998, long before meditation or mindfulness was on the tip of everyone's tongue. The Sanctuary has evolved organically over the years to include mindfulness programmes for schools, programmes for carers and those working on the frontlines of society. Moreover, it offers tailored programmes for commercial organisations, charities, and workplace and management teams. Courses are inspired by a deep and heartfelt wish and mission to nourish personal growth for greater social impact, ultimately helping to create a more resilient and just society. If you have any questions or queries about anything coming up, you can contact us by email [enquiries@sanctuary.ie](mailto:enquiries@sanctuary.ie) or call us on **01 670 5419**. For more of what's to come at the Sanctuary [www.sanctuary.ie](https://www.sanctuary.ie)

An excerpt of Paula Cranston's poem, "**A Poem for the Feast of Christ the King**" illustrates the unlikely king Jesus was:

This outcast king lifted  
himself high upon his savage cross,  
extended the regal banner  
of his bones, draping himself  
upon his throne—his battered feet,  
his wounded hands not fastened  
there by nails but sewn  
by the strictest thorn of love.

Will we choose Jesus' reign and his words that lead to eternal life and "a reign of peace?"