**OUGHTERAGH & DRUMREILLY LOWER PARISH NEWSLETTER** 

28<sup>st</sup> Sept 2025 <u>Aughawillan - Aughnasheelin - Ballinamore & Corraleehan</u> 26<sup>th</sup> Sun.OT 28<sup>rd</sup> Sept, World Day of Migrants & Refugees, 29<sup>th</sup> St Michael, St Gabriel & St Raphael, Archangels 30<sup>th</sup> St Jerome, 1<sup>st</sup> Oct, St Thérése of The Child Jesus, 2<sup>nd</sup> Holy Guardian Angels, 4<sup>th</sup> St Francis of Assisi

Fr. Seán Mawn P.P.

Home 071-96 81992 Mob 087-686 9040

Fr. John Mc Mahon (Carrigallen)

Tel: 049-43 39610 Mob. 086-212 6582

Fr. Malachy Moses C.C. Mob 087-490 4380 Website: ballinamoreparish.com

Join us live, @ churchtv.ie Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleehan

BALLINAMORE ST. PATRICK'S CHURCH Mass times: Mon & Wed, 7pm - Tue, Thur & Fri 9am - Sat & Sun 11am

Mass Intentions

Sat 27<sup>th</sup> Sept 11am Aidan & Nellie McGoldrick (Church St.) and their daughters T.P. McGoldrick – Scott

and Martina McGoldrick and their grand-daughter baby Aisling Ferry

Sun 28<sup>th</sup> Sept 11am Hilary Farrelly (Willowfield Road)

Sat 4<sup>th</sup> Oct 11am No Intention

Sun 5<sup>th</sup> Oct 11am Miley & Maureen McKeon (Camagh)

Eucharistic Adoration: Fridays, 9:30 – 10:30am

Ministers of the Eucharist: 28th Sept Alice Costello, Raymond McHugh & Marcella McKiernan, 5<sup>th</sup> Oct Evelyn McHugh,

Marian Sharpley & PJ McLoughlin, 12th Oct Michael Duignan, Peggy Ferguson & Máirín Martin

Ministers of the Word: 28th Raymond McHugh, 5th Oct Rhona Conlon, 12th Oct Mary Conlon, 19th Oct Mary McKiernan

<u>Door Collectors</u>: 28<sup>th</sup> Sept Philip Farrelly & Donal Duignan, 5<sup>th</sup> & 12<sup>th</sup> Oct Brendan Sweeney, Sean Kavanagh &

Damien Hamill, 19th & 26th Oct Seamus McTague, Michael Gillen, PJ Duignan & Eugene Maxwell

AUGHNASHEELIN ST. MARY'S CHURCH Mass times: Fri 7pm - Sat 8:15pm

Mass Intentions

Fri 26<sup>th</sup> Sept 7pm Jack & Katie Anne Doherty, Jim & Michael Doherty and deceased members of the

Doherty & Mulvey families (Foxwood).

Michael Joe & Mary Elizabeth Nealon (Foxwood).

Sat 27<sup>th</sup> Sept 8:15pm

Jimmy Prior (formerly Stralongford & USA) Months Mind

Fri 3<sup>rd</sup> Oct 7pm

Sissy & Pete Murphy (Knockacullion) and their son Sean

Sat 4<sup>th</sup> Oct 8:15pm No Intention

**Eucharistic Adoration**: Wednesdays, 11am - 12noon and 8pm - 10pm

Eucharistic Ministers: 27th & 4th Oct Terence Boyle & Kealan Mulvanerty, 11th & 18th Oct Mary Rooney & Breda

Mulvanerty Readers: Ciara O'Dowd & Catherine/Tara Mahon Door Collectors: Sean McCaffrey & Sean Earley

CORRALEEHAN ST. BRIGID'S CHURCH Mass times: Wed 9:30am Sat 7pm

Mass Intentions

Sat 27<sup>th</sup> Sept 7pm Brian Prior (Drumderrig & New York) and all deceased family members.

Sun 5th Oct 9:45am Mary McGovern (Drumderrig) and Patrick Francis McGovern

**Eucharistic Adoration**: Wednesdays, 10am - 8pm (please come along and join us, everybody welcome)

Eucharistic Ministers: Carmel McNiff & Philomena Dolan

Altar Society: Assumpta Bohan & Claire McNiffe

Ministers of the Word: Helen McGovern & Sean McNiff

Door Collectors: Conor McGovern & Ciarán Dolan

AUGHAWILLAN ST. PATRICK'S CHURCH Mass time: Sun 9:45am

**Mass Intentions** 

Sun 28<sup>th</sup> Sept 9:45am James & Brigie McBrien

Desy & Nora Quinn (Killaphort) and all deceased members of the Quinn family.

Sat 4<sup>th</sup> Oct 7pm People of the Parish

**Eucharistic Ministers:** Des Quinn & Breege McCauley **Altar Society:** Christina Stringer & Bridie McGovern **Door Collectors:** Michael Quinn & Francis McTague **Ministers of the Word:** Isobelle Gaffney & Tommy Prior

<u>CHANGE IN MASS TIMES – WEEKEND CEREMONIES</u>: From *Saturday 4<sup>th</sup> October* Mass in Aughawillan will be at 7pm each Saturday and from *Sunday 5<sup>th</sup> October* Mass in Corraleehan will be at 9:45am each Sunday.

PARISH VISIT: Bishop Martin will visit our parish on Friday 10<sup>th</sup> October and will celebrate the 9am mass in Ballinamore followed by visitation to the schools and the nursing home. Bishop Martin wishes to meet the Church Finance Committees and Parish Pastoral Council. Meeting times will be arranged and all members informed. A social evening for all those engaged in parish ministry will take place in the Commercial Hotel at 9pm on 10<sup>th</sup> Oct. d. VISITATION OF THE SICK AND HOUSEBOUND: Fr Sean will be in touch before his visit on Thursday 2<sup>nd</sup> Oct and Fr Moses will be in touch before his visit on Friday 3<sup>rd</sup> Oct.

**GRATEFUL APPRECIATION**: to Fr Sean Kelly OFM Cap. for his ministry over the past few months. We wish him well as he continues his sabbatical until December when he will take up his new post at Ards Friary in Donegal. **SPECIAL COLLECTIONS REMINDER**: Both Pope's Collection and Holy Land Collection will be paid forward at the end of September - a gentle reminder to submit your envelopes, if you haven't already done so. Thank you.

PARISH MISSION: Countdown to our Parish Mission! Beginning 19th October until 24th October.

Incorporating our schools, our churches and our community. Facilitated by NET Ministries.

MONTH OF THE HOLY ROSARY: Pope Leo is asking Catholics, individuals, families and communities throughout the world to pray the rosary during this month of October for peace.

MARIAN MOVEMENT OF PRAYER FOR PRIESTS & FAMILIES: as requested by Our Lady of Fatima via interior Locutions to Fr Stefano Gobbi will take place on the last Monday of each month. Our next date is 29<sup>th</sup> September, 2025 after 7pm Mass in Prayer Room Ballinamore Church. All are welcome.

**THE JUBILEE YEAR OF HOPE**: Novena to Our Lady of Hope in the Cathedral of Saints Patrick & Felim, Cavan, continues this week and will conclude on Sun 5<sup>th</sup> Oct. Novena Ceremonies with guest speaker each evening at 7:30pm. The theme of the novena is "Providing Hope on our Pilgrim Journey". All welcome.

CONCERT IN ST KILIAN'S CHURCH: Mullagh, Co. Cavan on Sat 4<sup>th</sup> Oct @ 8pm. A82 X054. Ronan McDonagh and the Fuaimlaoi choir will perform. An event not to be missed. Booking on Eventbrite.

<u>DOMINICAN DAY</u>: takes place at Knock Shrine on 12<sup>th</sup> Oct from 10:30am – 5pm. Fun & formation with the Dominicans, includes mass. Cost €70, discount of newlyweds and lunch included. Contact www.dominicans.ie <u>BLESSING OF PETS:</u> This is an annual tradition celebrated around the feast of St. Francis. Please bring your pets to St. Felim's square for a blessing at 3pm this Sunday September 28<sup>th</sup>.

## **COMMUNITY NOTES**

ATHLETIC CLUB: Training resumes at the Sports hall and Den on Tues Oct 7<sup>th</sup> at 7pm. New members (who must be born in 2017 or earlier) will be enrolled. Training for upcoming schools and clubs cross country championship.

PRESENTATION OF PROCEEDS: On 21<sup>st</sup> Sept, South Leitrim West Cavan Vintage Tractor Club presented two cheques of €3,500 each, from the Vintage and Family Day held on 31<sup>st</sup> June last. One cheque - in memory of Brian Lennon, went to Sligo Hospital Oncology Unit Trust, and the other went to the Longford Branch of Parkinson's Ireland. Sincere thanks to all who supported our 2024 Vintage Day. See you next year on Sun 31<sup>st</sup> May, 2026!

THANK YOU: St Mary's Aughnasheelin Parents Association would like to thank everyone in our community who helped us secure our third teacher for the 2025/2026 school year. We truly appreciate your support.

**UNIFORM APPEAL**: If any parent has St Mary's Aughnasheelin school uniforms in good condition that are no longer needed. If so, please consider dropping them to the school – your generosity will be greatly appreciated.

WOMENS WRITING GROUP: Beginning in Ballinamore on 9<sup>th</sup> Oct with Jane Gilheaney. For more details Email: janegilheaney@gmail.com or Call: 087 9412262. Suitable for 18-100 years, every Thurs 6:30-8:30pm.

BALLINAMORE DRAMA FESTIVAL AGM: Tuesday 30th of September in Smyth's at 9pm. Everyone welcome.

JOSIE MARTIN STUDENT SCHOLARSHIP AWARDS: for Credit Union members entering into, or returning to 3<sup>rd</sup> level Education. Win a scholarship worth €1000 to help you cover back to college costs. Application forms available in Ballinamore and Carrigallen Credit Union branches. Closing date 30<sup>th</sup> of Sept.

**COFFEE MORNING IN CORRALEEHAN**: will be hosted in Bernadette McGovern's house, Corraleehan from 10am to 6pm on Wed October 1st, in aid of North West Hospice. All support is welcome.

THE MOHILL BASED ACORN PLAYERS: present their highly acclaimed comedy "Loophole" by John McManus. The Cornmill Carrigallen, Sat Oct 4<sup>th</sup> at 8pm - The Island Theatre Ballinamore on Sat. Oct 18<sup>th</sup> at 8pm. Book Early!! IRISH CLASSES FOR BEGINNERS: and improvers in the Library, on Tues 7<sup>th</sup> Oct at 8pm. Text Seán 087 6821566. YOGA CLASSES: A new 4 week block of yoga classes commencing in Fenagh Community Centre from the 2<sup>nd</sup> of October at 8pm. contact Kate at: 0861750356.

PUBLIC VIGIL: for the people of Palestine, at Ballinamore bridge, each Saturday evening, 6pm. All welcome. ISLAND THEATRE: Evolution Stage School - 27 Sept 2pm & 7pm, Onóir - 11 Oct 2025, The Drifters Anniversary Tour - 25 Oct 2025, Legends of American Country - 9 Nov 2025, A celebration of Father Ted - Joe Rooney - 15 Nov 2025, Abba Tribute - The Bjorn Identity - 29 Nov 2025, Percy French - Sweep down to the sea - 13 Dec 2025. MEITHEAL: is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well - and no so well, and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please call 087-6562844 or email meitheal.ppfs@tusla.ie

COMMUNITY SERVICES HUB: Pop-up book sale Tues 28<sup>th</sup> Sept 11-1pm, The Den, Swanlinbar Road, Ballinamore N41R522. Join us for our community services hub every second Tues from 11am-1pm Tuesdays: 7<sup>th</sup> & 21<sup>st</sup> Oct, 4<sup>th</sup> & 19<sup>th</sup> Nov, 2<sup>nd</sup>, 16<sup>th</sup> & 30<sup>th</sup> Dec. Basic First Aid Training - Two basic first aid training courses available in the Den, Ballinamore on: Thurs 23<sup>rd</sup> Oct & Sat 1<sup>st</sup> Nov. €10 non-refundable booking fee. To book call 0894635009 or email managerpeaceimpact@gmail.com

<u>FAMILY CARERS IRELAND</u>: are currently recruiting for Community Homecare Workers to provide support to our clients. Work hours are flexible based on your availability. Essential Requirements: Qualifications – QQI Care of The Older Person and Care Skills Modules completed, must have own car and Full Driving Licence. Please send your CV to jobs@familycarers.ie or contact Carol on 049 8511031 or 086 4183949 for more information.

<u>ALONE - VOLUNTEERS NEEDED</u>: ALONE are seeking volunteers for 1 hour per week, in your area. Full training and support provided. If interested, please sign up on <a href="https://alone.ie/volunteers/">https://alone.ie/volunteers/</a> For more information, please contact Collette directly on: collette.ferguson@alone.ie or on 086 1921505.

Parish Office Hours:

Open – Mon, Thurs & Fri 9am-4pm Closed – Tue & Wed Phone: 071-9644039 ballinamore@kilmorediocese.ie

## **REFLECTION**

Dear Jesus Christ, guide our lives so that we may not just tell of Your love but also display it in our everyday actions. Pray for us and our family that we may grow in wisdom and fulfill Your greatest commandment — to love God above all else, and to love our neighbors as ourselves.

All New items for the Newsletter should be dropped into the Parish Office, Convent Road or emailed before 12

## ADDITIONAL PARISH AND COMMUNITY ITEMS

<u>WHY SUNDAY MATTERS</u>: Please pick up a copy of the Irish Catholic Bishops' Pastoral Letter or see catholic bishops.ie to download the four-page resource and to access the video series - 'Sunday Mass - Digging Deeper,' also available by following the video links on our parish Facebook Page.

CHARITABLE DONATIONS FORM: We wish to thank those who have taken the time to complete the CHY3 form which is being sent with the annual acknowledgement letters at present. Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area.



<u>NEW PARISH FACEBOOK PAGE</u>: Our new *Oughteragh and Drumreilly Lower Parish* Facebook Page was launched recently. Please like our new page and share our upcoming events.

<u>DIOCESAN JUBILEE YEAR OF HOPE PILGRIMAGE TO ROME</u>: There are still some places available on the forthcoming Diocesan Jubilee Year of Hope Pilgrimage to Rome from Thurs 20<sup>th</sup> to Wed 26<sup>th</sup> Nov 2025 which will be led by Bishop Martin Hayes. If you wish to book a place (or places) on the pilgrimage, contact Marian Pilgrimages in Dublin directly and as soon as possible on (01) 878 8159. Price: €1,855.00 per person sharing on half-board basis.

**EXCITING NEWS!** Abide in His Love Women's Conference happening for a second year – November 21-23 A beautiful event for women exploring the beauty and gift of their feminine identity in Christ. Check out Eventbrite for tickets and more information.

<u>CAVAN FAMINE AIDS APPEAL</u>: Due to a shortage of collectors we will not be holding our annual church gate collection this year. We are asking people to donate instead online <a href="https://www.idonate.ie/CavanFamineAidsAppeal">https://www.idonate.ie/CavanFamineAidsAppeal</a> (Registered charity no. 20103903). Funds will be used by three Christian charities in Africa where a euro goes a long way to educate & train nurses, feed hungry children & provide health care to the sick in Kenya, Nigeria & Zambia.



WAYS OF SUPPORTING the PARISH FINANCIALLY: The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at 071 964 4039 / ballinamore@kilmorediocese.ie, or you scan the QRcode with your smartphone, https://churchtv.ie/, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.

ST PATRICKS CHURCH BALLINAMORE: along with the Cathedral of St. Patrick & Felim, Cavan, St. Anne's Church, Bailieboro and St Clare's Church, Manorhamilton have been decreed as Jubilee Churches. You can obtain a Jubilee Indulgence by visiting one of these sacred spaces. Leaflets with more information on the how to obtain the Jubilee Indulgence and how to participate in Special Jubilee Activities are available in each church porch.

**BOOKING ANNIVERSARY MASSES**: As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email ballinamore@kilmorediocese.ie or phone **071 964 4039** 

<u>MARRIAGE ENRICHMENT WEEKEND</u>: Facilitated by members of the Council for Marriage and The Family. Our next upcoming Weekend in The Focolare Centre, Curryhills, Prosperous, Co. Kildare, Nov. 7th-9th, 2025. Register to attend at <u>www.marriageencounter.ie</u>. Open to all married couples.

<u>PRE-MARRIAGE COURSE Dates 2025:</u> Next date is Friday 10<sup>th</sup> October 2025 7.30pm – 10.00pm & Saturday 11<sup>th</sup> Oct 10am–5pm. Courses take place in the Kilmore Diocesan Pastoral Centre, Cavan H12 E5C7. To book: www.accord.ie

THE YOUNG PARENTS SUPPORT PROGRAMME: offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: <a href="mailto:lindahalstead@homeyouthliaisonservice.ie">lindahalstead@homeyouthliaisonservice.ie</a> or 087 7917000

<u>HEDGE CUTTING SCHEME</u>: This scheme is now open - to encourage the cutting of roadside hedges/trees along the Public Road Network. Open to individual applicants, communities and groups. **New grants available this year** so please contact roads@letirimcoco.ie or phone 071-9620005 Ext. 630. **Closing Date is 30**<sup>th</sup> **Jan 2026.** 

**TOWARDS A HORIZON OF HOPE**: Through input, meditation, scripture, poetry, music etc. We will find ways to 'rise again' from life's setbacks and challenges. Director: Martina Lehane Sheehan. 10<sup>th</sup> − 12<sup>th</sup> Oct Costs: €255 for residential or €140 for non-residential.

BALLINAMORE LIBRARY FREE CLASSES AND EVENTS: Irish Classes for those new to Ireland: Every Tuesday 5-7pm. Improve your digital skills: Fridays 10-1pm. Build a stronger more mobile you: Fridays, 11-12pm. Friends of Breastfeeding Meeting: Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month, 10-12pm. Women and Bone Health: Wednesday 22<sup>nd</sup> October at 11am. Ballinamore Writers Group: meet every Saturday at 10am. For details regarding any Free Library events please contact: 071-9650476.

<u>AUGHNASHEELIN SOCIAL DANCING</u>: Classes return to Aughnasheelin Community Centre on Wed 10th Sept at 8.30pm. Come along and learn to Jive, Waltz, Quickstep and many more dances. Everyone welcome.

BALLINAMORE GREENWAY PARKRUN & WALK: each Saturday at 9.30am - looking forward to seeing you there

**AUGHAWILLAN WHIST**: second Tues of the month at 8:30pm. New members always welcome.

**BALLINAMORE WHIST DRIVE:** first Thurs of each month at 8:30pm in the Island Theatre. New members welcome.

AUGHAWILLAN BREAKFAST CLUB AND AFTERSCHOOL: A new afterschool facility will open in Aughawillan Community Centre this coming September. We are putting out an appeal for some toys, books and board games that you may wish to donate to our new afterschool. Email aughawillancommunitychildcare@gmail.com to arrange drop off of donations. We're very grateful for all the support and thank you in advance.

**SING TOGETHER:** Monthly, Saturday Morning Drop Ins at the Island Theatre 11-12.30pm, 18<sup>th</sup> Oct, 15<sup>th</sup> Nov. All Welcome. No experience needed. More information 087-7620523.

<u>AUGHNASHEELIN NS RE-TURN BIN</u>: There is a yellow Re-Turn bin located on school grounds. All proceeds from the bottles and cans collected in this bin go directly to supporting our school and meeting the needs of our students. If you'd like to contribute, please consider disposing of your eligible bottles and cans in this bin. Your support would be greatly appreciated. Every donation helps, thank you.

**BAKE IT PINK**: Breast Cancer Awareness Month takes place October 1<sup>st</sup> – 31<sup>st</sup>. Bake for friends or bake with friends and raise some "dough" for Breast Cancer Awareness. Why not register for The Very Pink Run, 6<sup>th</sup> Sept, Dublin, at verypinkrun.ie. For further information, go to breastcancerireland.com.

**FRIENDS OF BREASTFEEDING MEETING**: Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month, 10-12pm. Ballinamore Library. All nursing mothers and toddler's welcome. Tuesday 9<sup>th</sup> September, Talk by Doula in Training Leoni Krystoff, 'Tending to the Mother'. Refreshments Served.

YOU DON'T HAVE TO BE ADDICTED TO SUFFER FROM ADDICTION: M-PACT, a FREE eight-week, whole family support programme. Helping to improve relationships, communication and recovery. If interested or would like further information. Please contact 071 9150578 / 085 875 9319 or email sligoleitrim@alcoholforum.com

AUGHNASHELIN ACTIVE RETIREMENT GROUP (AGE 50+ FOR MEN AND WOMEN): Interested in joining this new group in Aughnasheelin? This group has great plans for social activities, trips, being active, with new and exciting things to do, fostering community well-being and enabling members to get out and meet people in a social setting. Tea and chat - All welcome.

<u>LIFE COACH</u>: creating inclusive, uplifting gatherings where everyone is welcome—whether you move, sit, sway, or simply enjoy the moment. These events are designed to support your wellbeing, create connection, and lift your spirit. If this speaks to you, I'd love to hear from you. Please email <u>transformationalyes@gmail.com</u> with a "Yes" and the name of your townland.

<u>SCOIL CHLANN NAOFA, BALLINAMORE:</u> is accepting applications for admission to our school for the 2025/26 school year. Please contact **071 964 5001** or email info@scoilchlannnaofa.com for an enrolment pack. Thank you.

<u>AUGHAWILLAN N.S.</u> are now taking Enrolments for September 2025. Enrolment forms are now available by e-mailing: aughawillanns@gmail.com or contacting the office on 071 9644246.

<u>ST. MARY'S N.S. AUGHNASHEELIN</u>: is now accepting enrolments for September 2025. Enrolment forms are available by contacting the school at, 071 9644868 or by email to, office@stmarysnsaughnasheelin.com

**SENIORLINE**: a national telephone service for older people open every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

TEMPLEPORT SOCIAL SERVICES-DAY CENTRE: on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire 087 765 5096 or Anne Smith 087 285 7471. Looking forward to seeing you all.

<u>LEITRIM CALLING'- befriending visitation project</u> seek Volunteers to provide a home visit for one hour per week. The Volunteer will be matched with an older person (client) in the Ballinamore area and through mutual interests. The Volunteer will be provided with full training. The Volunteer will be introduced to the client by the Coordinator on the first visit and then will continue as suits all. Please apply on <a href="https://www.ivol.ie">www.ivol.ie</a> or contact Claire @ <a href="https://www.ivol.ie">claire@volunteerleitrim.ie</a>

**FAMILY CARERS IRELAND**: Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact **057 93 70221** and hear how we can support you or for more info visit. www.familycarers.ie

<u>MUVE HEALTHCARE</u> provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on 089 611 1647 for more details. Our website is <u>www.muvehealthcare.ie</u>

THE SACRED HEART MESSENGER MAGAZINE is always a pleasant and thoughtful read with Items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <a href="https://www.messenger.ie/product/sacred-heart-messenger-subscription/">https://www.messenger.ie/product/sacred-heart-messenger-subscription/</a>



RADIO MARIA IRELAND: Thank God and sincere thanks also to our many listeners and supporters as Radio Maria continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, and Uplifting

music, Talks, Interviews and Testimonies –Here's how you can listen: 1. via Digital TV - Saorview Channel 210, 2. Download our FREE App "RADIO MARIA IRELAND" 3. Streaming on our WEBSITE - www.radiomaria.ie, 4. Via our 'Listen Live Radio' link on our Facebook Page. 5. Via PHONE – get live radio feed by calling +353 (0) 1 437 3277. Why not drop a line to our Priest Director, Fr. Eamonn McCarthy by text on 089 467 2000, by phone on 01 412 3456, or come and pay us a visit at Radio Maria Ireland, St. Anthony's Business Park, Ballymount Road, Dublin D22 R7W2.

THE SANCTUARY is a meditation centre for social change in the heart of Dublin City. It is a charity founded by Sr. Stan Kennedy in 1998, long before meditation or mindfulness was on the tip of everyone's tongue. The Sanctuary has evolved organically over the years to include mindfulness programmes for schools, programmes for carers and those working on the frontlines of society. Moreover, it offers tailored programmes for commercial organisations, charities, and workplace and management teams. Courses are inspired by a deep and heartfelt wish and mission to nourish personal growth for greater social impact, ultimately helping to create a more resilient and just society. If you have any questions or queries about anything coming up, you can contact us by email enquiries@sanctuary.ie or call us on 01 670 5419. For more of what's to come at the Sanctuary www.sanctuary.ie