

7<sup>th</sup> June 2026 **OUGHTERAGH & DRUMREILLY LOWER PARISH NEWSLETTER** *Corpus Christi*

*Aughawillan - Aughnasheelin - Ballinamore & Corraleehan*

9<sup>th</sup> June St Colmcille, 10<sup>th</sup> June St Ephrem, 11<sup>th</sup> June St Barnabas, 12<sup>th</sup> June Sacred Heart of Jesus,

13<sup>th</sup> June St Anthony of Padua, The Immaculate Heart of the Blessed Virgin Mary.

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Join us live, @ [churchtv.ie](http://churchtv.ie) Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleehan

**BALLINAMORE - ST. PATRICK'S CHURCH**

Mass times: Sat & Sun 11am, Mon & Wed 7pm, Tues, Thur & Fri 9am

**Mass Intentions**

Sat 6<sup>th</sup> June 11am

John & Leish McGovern (Dernasmallan) and their son Seamus McGovern

Sun 7<sup>th</sup> June 11am

Fr Micheál Quinn & John Thomas Quinn and Anna (formerly Drumlonan)

Sat 13<sup>th</sup> June 11am

Michael Martin (Aghadark) and deceased family members

Sun 14<sup>th</sup> June 11am

People of the Parish

**Eucharistic Adoration:**

*(Fridays 9:30am – 10:30am, all are welcome)*

**Ministers of the Eucharist:** 7<sup>th</sup> June Philomena Earley, Mary McWeeney & Aileen Wisley, 14<sup>th</sup> June Maeve Sharpley, Mona Creamer & Eilis O'Dell, 21<sup>st</sup> June Alice Costello, Raymond McHugh & Marcella McKiernan

**Ministers of the Word:** 7<sup>th</sup> June Kay Maguire, 14<sup>th</sup> June John Darcy, 21<sup>st</sup> June Siobhan Dolan

**Door Collectors:** 7<sup>th</sup> & 14<sup>th</sup> June Seamus McTague, PJ Duignan, Michael Gillen & Eugene Maxwell

**AUGHNASHEELIN**

**ST. MARY'S CHURCH**

Mass times: Fri 7pm, Sat 12pm & 8:15pm

**Mass Intentions**

Fri 5<sup>th</sup> June 7pm

Francis, Cassie & Maureen McPartland (Callowhill) and all deceased family members  
William & Elizabeth Ward (Mullinasella) and their sons Desmond & Tommy

Sat 6<sup>th</sup> June 12noon

Mary Gallagher (1<sup>st</sup> Anniversary)

Sat 6<sup>th</sup> June 8:15pm

Eddie Cull (Gubnaveigh & Drumshanbo) and deceased members of the Cull & McGovern families

Joe & Imelda Lynch (Aughnasheelin)

Fri 12<sup>th</sup> June 7pm

Deceased members of the Conway and Leonard families, Foxwood

Sat 13<sup>th</sup> June 8:15pm

Tom & Mary Prior (Stralongford), their daughter Mary Varilly & deceased family members

**Eucharistic Adoration:**

*(Wednesdays, 11am – 12 noon and 8pm – 10pm)*

**Eucharistic Ministers:** 6<sup>th</sup> & 13<sup>th</sup> June Terence Boyle & Kealen Mulvanerty, 20<sup>th</sup> & 27<sup>th</sup> June Mary Rooney & Breda Mulvanerty

**Ministers of the Word:** Kerry Meehan & Siobhán Earley

**Door Collectors:** Brendan Sammon, Brendan Meehan & Niall Faughnan

**CORRALEECHAN**

**ST. BRIGID'S CHURCH**

Mass times: Sat 7pm, Wed 9:30am

**Mass Intentions**

Sat 6<sup>th</sup> June 7pm

Charlie & Babbie McTague (Drumcroman) their daughters Mary, Carmel, Maretta and their son Tony. Pat Walsh (Carmel's husband) their son Patrick, daughter Karmel and granddaughter Nicole (Manchester).

Mary Brigid & Pat Dolan (Garryfluigh) and Tom Maguire (Ardmoneen) and all deceased family members. Lynette Dooner (Ballinamore)

Sat 13<sup>th</sup> June 12noon

Hugh Patrick Prior (1<sup>st</sup> Anniversary)

Sat 13<sup>th</sup> June 7pm

No Intention

**Eucharistic Adoration:**

*(Wednesdays 10am – 8pm, please come along and join us)*

**Eucharistic Ministers:** Annie McManus & Teresa Maxwell

**Ministers of the Word:** Damien Gilheany & Tracy McTague

**Door Collectors:** Pat Joe McNiff & Damien Gilheany

**AUGHAWILLAN**

**ST. PATRICK'S CHURCH**

Mass time: Sun 9:45am

**Mass Intentions**

Sun 7<sup>th</sup> June 9:45am

Celia & John Maxwell (Crockawaddy) and deceased family members

Sun 14<sup>th</sup> June 9:45am

Jim McKiernan (Sradrinan) and all deceased family members

**Eucharistic Ministers:** Damien Conefrey & Patricia Deane

**Door Collectors:** Pat McCauley & Peter Quinn

**Altar Society:** Mairéad O'Flaherty & Mary Farrell Quinn

**Ministers of the Word:** Mary Quinn & Róisín Sexton Smith

**RECENT DEATHS:** We pray for Brendan Wisley (Kiltymooden) whose funeral took place on Friday in Ballinamore, also Maisie McEleney née Gallagher (formerly Greaghglass), sister of Breege McHugh who died in Boston during the week. May their souls rest in eternal peace.

**LEAVING AND JUNIOR CERT SUTDENTS:** as the state examinations continue so too do we continue to pray for all students sitting exams. That the Holy Spirit may guide and strengthen them to do their best.

**REMINDER - PARISH FIVE FIRST SATURDAYS: 100 year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration continues with our second Saturday devotion on 6<sup>th</sup> June after 11am mass.**

📅 **DATE FOR YOUR DIARY:** National Grandparents Pilgrimage to Knock Shrine 2026 is on Sunday 26<sup>th</sup> July.

† **CORPUS CHRISTI PROCESSION:** this Sunday in St Patrick's Church, Ballinamore we will be joined by our First Communicants from Aughawillan, Aghnasheelin and Ballinamore, and their families for 11am mass to celebrate the Feast of Corpus Christi, followed by a procession after mass. †

**ROSARY RALLY, KNOCK SHRINE:** safe travels to all who make their way to Knock Shrine this **Saturday 6<sup>th</sup> June**, to be part of Knock Rosary Rally 2026.

**PILGRIMAGE TO ST PATRICK'S WELL, AUGHNASHEELIN:** mass at St Patrick's Well takes place on Sunday 21<sup>st</sup> June at 12noon. To keep in the spirit of a pilgrimage it is suggested that (for those who are able) we walk from the church to the well.

**THE LEITRIM COMMUNITY HOLY WELLS PROJECT (2026):** is a community heritage initiative to research Holy Wells across Co. Leitrim. As you are aware we have two Holy Wells in our parish, St Brigid's Well in Ballinamore, and St. Patrick's Well in Aghnasheelin (if there are other wells, please let us know). St Mary's NS Aghnasheelin have agreed to gather information on St Patrick's Well and Scoil Chlann Naofa, Ballinamore will do likewise for St Brigid's Well. If you wish to share any knowledge or information about either of the Holy Wells and contribute to this project please contact the Parish Office by email: [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or the principal in either school.

✳ **CARE FOR CREATION GATHERING – DIOCESE OF KILMORE:** All are warmly invited to a diocesan gathering celebrating Care of Creation initiatives taking place across the Diocese of Kilmore on **Wednesday 10<sup>th</sup> June 2026 at 7pm in the Kilmore Diocesan Pastoral Centre**. Hosted by the Kilmore Care of Creation Group together with Bishop Martin Hayes, the evening will include prayer, reflection, sharing of parish projects and preparation for the Season of Creation 2026. Parishes from across Cavan and Leitrim involved in biodiversity, "Return to Nature" and environmental projects will participate. All interested in care for creation and the environment are welcome.

**CHARITABLE DONATIONS FORM:** Thank you to those who have completed their CHY3 forms this week. Last year circa €35,000 went unclaimed. Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area.

**MARY'S MEALS:** A sincere thank you to everyone who supported the recent Mary's Meals Church Gate Collection. Thanks to your incredible generosity, a total of €1,178.40 was raised. This is enough to provide daily school meals for 53 children for a whole school year.

**CEMETERY SUNDAY:** Corraleehan Sunday 26<sup>th</sup> July @ 12 noon – Aghnasheelin Sunday 2<sup>nd</sup> August @ 12 noon – Aughawillan 9<sup>th</sup> August @ 9:45am mass – Ballinamore/Oughteragh 16<sup>th</sup> August @ 1pm - Priest's Cemetery, St Patrick's Church, Ballinamore following 11am mass on Sunday 6<sup>th</sup> September.

### COMMUNITY NOTES

!! **IMPORTANT MEETING !!:** A meeting of the Community Care committee will be held in Tráthnóna Community Centre on Monday next June 8<sup>th</sup> at 8.30pm. All members please attend. We have some important items to discuss.

**AUGHAWILLAN GROUP WATER SCHEME:** AGM will be held on Thursday 11<sup>th</sup> June at 8pm in Aughawillan GAA Club Rooms. All members are kindly invited to attend.

**BALLINAMORE HENS / WOMEN'S SHED:** will hold their church gate collection on the 7<sup>th</sup> June at Ballinamore church before 11am Mass. Thank you in advance to all who donates to our group.

✠ **SENIORS EXERCISE CLASS:** Summer term starting Tuesday 16<sup>th</sup> June at 11:15am in Ballinamore Community Hall at the Island Theatre. Suitable for men and women. A great way to get movement into the body in a lovely social welcoming atmosphere. Just come along or contact 087 939 0980 for further information.

✠ **FEMALE FITNESS CLASS:** Uplifting summer fitness classes starting Monday 15<sup>th</sup> of June at 8pm in Ballinamore Community Hall at the Island Theatre. Just come along or contact 087 939 0980 for further information.

✠ **DAWN'S ART CAMP:** Art camp begins Wed 24<sup>th</sup> - Fri 26<sup>th</sup> June, from 10am – 1pm in The Den. 3 days of painting, building, designing and having fun. 1<sup>st</sup> Class to 6<sup>th</sup> Class students. Please call Dawn at **086 311 5647** for details.

✠ **ATHLETIC CLUB:** Club members will be involved in the Connacht U-14 to U-19 Championships on Saturday next (13<sup>th</sup>) and Leitrim Community Games Finals on Sunday (14<sup>th</sup>) both at Sligo ATU Track. Organised Club training will finish for summer Thursday next. Next activity Festival Road races on Sunday August 9<sup>th</sup>.

**ISLAND THEATRE:** Our successful Sunday Cinema returns later in the year. Summer months events; **6<sup>th</sup> June** - We Have Him back - The Frank Stagg Story, **11<sup>th</sup> July** - Ballinamore Camino, **17<sup>th</sup> July** - Kings of Kilburn High Rd.

### REFLECTION

Lord Jesus Christ, you gave us the Eucharist as a memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of your kingdom, where you live and reign with the Father and the Holy Spirit, one God, forever and ever. Amen

(St Thomas Aquinas)



**Parish Office Hours:** Open – Mon, Thurs & Fri 9 – 4 Closed – Tue & Wed Phone: 071-9644039

[ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)

All New items for the Newsletter should be dropped into the Parish Office, Convent Road or emailed before 12 noon on Thursdays to [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) the editor reserves the right to edit or omit items according to suitability of content & space in the newsletter.

## ADDITIONAL PARISH AND COMMUNITY ITEMS

**PARISH FIVE FIRST SATURDAYS: 100 year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration** continues with our **third Saturday devotion on, Saturday 4<sup>th</sup> July 2026**. We will have our usual Saturday morning Mass at 11am, followed by Confessions, Rosary and a 15 minute meditation. Our Lady promises that there will be \*PEACE\* and that \*MANY SOULS\* will be saved through this devotion.

**MARIAN MOVEMENT OF PRAYER FOR PRIESTS & FAMILIES:** as requested by Our Lady of Fatima via interior Locutions to Fr Stefano Gobbi will take place on the **last Monday** of each month. Our next date is **29<sup>th</sup> June, 2026** after 7pm Mass in Prayer Room Ballinamore Church. All are welcome.

**PARISH PRAYER GROUP:** each Tuesday from 8pm-9:30pm, in the Prayer Room in Ballinamore Church.



**WAYS OF SUPPORTING the PARISH FINANCIALLY:** The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie), or you scan the QR code with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.

**THE WAY:** A national on-line network helping people to discover, live and pass on the Catholic faith. Find out more at [www.theWay.ie](http://www.theWay.ie), and help spread the Good News! This initiative from the Bishops' Conference is intended to be a collaborative effort which we can build together to our mutual benefit.

**BOOKING ANNIVERSARY MASSES:** As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or phone **071 964 4039**

**GENTLE REMINDER:** to update your church contributions. Offertory contributions for the upkeep of your church are made payable to your local church. On-line donations can be made using the following bank details. Offertory Donations: **Ballinamore** IBAN IE26 AIBK 937037 03815040, **Aughawillan** IBAN IE19 AIBK 937037 00004036, **Corraleehan** IBAN IE32 AIBK 937037 02021111, **Aughnasheelin** IBAN IE58 AIBK 937037 03814076. All Dues contributions are made to Ballinamore Catholic Church No. 2 Account. **IBAN IE16 AIBK 937037 03815123** Your continued support is gratefully appreciated.

**ENCOUNTER WEEKEND DONEGAL:** Radisson Blu Hotel, Letterkenny, 6.00pm - 10.30pm Friday 5<sup>th</sup> June, 9.00am - 10.30pm Saturday 6<sup>th</sup> June. Expect to experience the presence of God through the celebration of the Sacraments, Spirit-led worship, inspiring talks, healing service, and fellowship. Keynote Speakers: Patrick Reis: co-founder and Executive Director of Encounter Ministries USA & Fr. Patrick Gonyeau who serves with the U.S. Province of the Missionaries of the Precious Blood in Ohio. For more info, email [donegal@encounterschool.org](mailto:donegal@encounterschool.org) Bookings at <https://encounterschoolofministrydoneg.regfox.com/encounter-conference-donegal>

**AUGHNASHEELIN AFTERSCHOOL:** is now open and delighted to welcome new students from the wider community for the current school year! We offer a safe, engaging, and fun environment where children can learn, play, and thrive after school. We are also taking expressions of interest for September—contact us at: [aug.afterschoolcare@gmail.com](mailto:aug.afterschoolcare@gmail.com) or 0871178796

**SCOIL CHLANN NAOFA, BALLINAMORE:** has commenced accepting applications for admission to our national school for the 2026/2027 school year. Please contact the school on 071 9645001 or email us at [info@scoilchlannaofa.com](mailto:info@scoilchlannaofa.com) for the enrolment pack. Application forms are also available to download from our website [www.scoilchlannaofa.ie](http://www.scoilchlannaofa.ie).

**AUGHAWILLAN NS:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [aughawillanns@gmail.com](mailto:aughawillanns@gmail.com) or contacting the office on 071 9644246.

**ST. MARY'S NS AUGHNASHEELIN:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [office@stmarysnsaughnasheelin.com](mailto:office@stmarysnsaughnasheelin.com) or contacting the office on 0719644868.

**SING TOGETHER:** Further dates are: 18<sup>th</sup> July, 12<sup>th</sup> September, and 21<sup>st</sup> November from 11.00am – 12.30pm, come earlier for a warm-up cup of tea. Island Theatre, Ballinamore.

♪ **TEEN SUMMER MUSIC PROGRAMME:** 20<sup>th</sup> - 23<sup>rd</sup> July and 27<sup>th</sup> - 30<sup>th</sup> July, from 10am – 2pm daily, at The Junction, Ballinamore. Led by Susan Roland, and supported by experienced music professionals. Contact: 071 9622537 or [volunteerleitrim.ie/events](http://volunteerleitrim.ie/events), to book your place.

**STEP OUT & JOIN IN!** Ballinamore Community Walk every Tuesday morning starting March 24<sup>th</sup> 10am. Meet at The Island. Wear comfortable shoes. All welcome.

**AUGHNASHEELIN CIROCAL NA mBan:** Yoga continues every Wednesday evening 6.45 -7.45pm with Edel Quinn. Arts and crafts with Friends from 10am - 12.30pm every Saturday morning. This is a drop in workshop doing various arts and crafts activities. Contact Geraldine 086-3376411 for info.

**THE ALZHEIMER SOCIETY OF IRELAND:** now offer Day Services in Carrick on Shannon with more services to be added in the not too distant future. If you or a loved one or someone you know would benefit from our Services or like more information, then please contact Sinéad Foley Coleman by: E-mail [sineadfoley.coleman@alzheimer.ie](mailto:sineadfoley.coleman@alzheimer.ie) or phone 087 0680714.

**ALONE:** is seeking volunteers in Ballinamore to visit older people or make friendly phone calls to help prevent loneliness and isolation over the winter months. ALONE recruits, trains, and supports volunteers for two key services: **Visitation and Befriending Service:** Volunteers give **one hour per week** to provide companionship to an older person. **Telephone Support and Befriending Service:** Volunteers make friendly weekly calls to older people for a **one-hour shift**. We currently have older people throughout Sligo awaiting on both services. For more information or to get involved, please visit [alone.ie](http://alone.ie) or contact **Collette, Volunteer Support Officer**, at: **086 1921505** or email [collette.ferguson@alone.ie](mailto:collette.ferguson@alone.ie)

**FAMILY CARERS IRELAND:** is currently conducting the State of Caring 2026 Survey, an important survey to better understand the experiences of family carers. As a family carer, your input is invaluable and will contribute to shaping policies and decisions. The survey usually takes 30 minutes but this can vary. Please take part online at : <https://www.surveymonkey.com/r/StateOfCaring2026>. If you would prefer to complete a paper copy or complete the survey by phone, please contact Joanne Murphy, Research Officer| [jmurphy@familycarers.ie](mailto:jmurphy@familycarers.ie) | 086 032 6187 The survey will remain open until March 4th 2026.

**MPACT:** Supports families who have been affected by parental substance misuse, where there are children aged 8–17. For further information contact: M-PACT Sligo, Leitrim, West Cavan, First Floor, The Westward Town Centre, Bridge Street, Sligo. F91 XH77 Tel: 07191 50578/ 085 8759313.

**THE YOUNG PARENTS SUPPORT PROGRAMME:** offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: [lindahalstead@homeyouthliaisonservice.ie](mailto:lindahalstead@homeyouthliaisonservice.ie) or 087 7917000

**ST PATRICK'S NATIONAL SCHOOL CORLOUGH PARENTS ASSOCIATION:** would really appreciate your support! If you have plastic bottles or cans with the Re-turn symbol and are willing to donate them to raise funds for the children of St Patrick's Corlough, you can place them in the yellow Re-turn bin located in the Chapel car park at Corraleehan or Corlough church. Alternatively, there is a bin in the school.

**BALLINAMORE GREENWAY PARKRUN & WALK:** each Saturday at 9.30am – Meet at the Junction.

**BALLINAMORE WHIST:** first Thursday of each month at 8:30pm in the Island Theatre. New members welcome.

**AUGHAWILLAN WHIST:** second Tuesday of the month, 8:30pm. New members welcome. Spot prizes appreciated.

**FAMILY CARERS IRELAND:** is the National Charity Supporting 500,000+ Family Carers Nationwide, we are currently recruiting for Community Homecare Workers to provide support to clients. Work hours are flexible based on your availability. Own car and Full Driving Licence essential. Please send your CV to [jobs@familycarers.ie](mailto:jobs@familycarers.ie) or contact Carol on 049 8511031 or 086 4183949 for more information.

**MEITHEAL:** is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well - and no so well, and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please call 087-6562844 or email [meitheal.pps@tusla.ie](mailto:meitheal.pps@tusla.ie)

**TEMPLEPORT SOCIAL SERVICES-DAY CENTRE:** on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all.

**GROW:** is a national mental health organisation offering support to people who are experiencing or have experienced mental health challenges. We invite you to join our friendly, strictly confidential, and non-judgemental weekly peer support meetings in Breffni FRC, Carrick on Shannon every Wednesday from 11am-1pm. You don't have to face this alone. With GROW, you'll find understanding, connection, and hope. For more information call Marie on 086 8516939.

**AN TOBAR NUA:** We provide **confidential counselling nationwide** via telephone and Zoom. Our service is **donation-based**, because we do not want finances to prevent anyone from receiving support. If you are struggling with grief, anxiety, depression, or other life challenges, we are here to help, please telephone: 091-562 175

**LIFE COACH:** creating inclusive, uplifting gatherings where everyone is welcome—whether you move, sit, sway, or simply enjoy the moment. These events are designed to support your wellbeing, create connection, and lift your spirit. If this speaks to you, I'd love to hear from you. Please email [transformationalyes@gmail.com](mailto:transformationalyes@gmail.com) with a "Yes" and the name of your townland.

**SENIORLINE:** a national telephone service for older people open every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

**LEITRIM CALLING:** would like to hear from people willing to get involved as a volunteer on our Befriending Visitation Service - one hour per week commitment visiting an older person in their home for company and chat. Full training and support is provided. For further details, contact: Marion on 087 9585029 or e-mail [leitrimcalling@gmail.com](mailto:leitrimcalling@gmail.com)

**MUVE HEALTHCARE** provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on **089 611 1647** for more details. Our website is [www.muvehealthcare.ie](http://www.muvehealthcare.ie)

**THE SACRED HEART MESSENGER MAGAZINE** is always a pleasant and thoughtful read with items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



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**THE SANCTUARY** is a meditation centre for social change in the heart of Dublin City. It is a charity founded by Sr. Stan Kennedy in 1998, long before meditation or mindfulness was on the tip of everyone's tongue. The Sanctuary has evolved organically over the years to include mindfulness programmes for schools, programmes for carers and those working on the frontlines of society. Moreover, it offers tailored programmes for commercial organisations, charities, and workplace and management teams. Courses are inspired by a deep and heartfelt wish and mission to nourish personal growth for greater social impact, ultimately helping to create a more resilient and just society. If you have any questions or queries about anything coming up, you can contact us by email [enquiries@sanctuary.ie](mailto:enquiries@sanctuary.ie) or call us on **01 670 5419**. For more of what's to come at the Sanctuary [www.sanctuary.ie](http://www.sanctuary.ie)