

*Aughawillan - Aughnasheelin - Ballinamore & Corraleeahan*

8<sup>th</sup> Sept The Nativity of Mary, 9<sup>th</sup> Sept St Ciaran, 10<sup>th</sup> Sept St Peter Claver, 12<sup>th</sup> Sept St Ailbe

Fr. Seán Mawn P.P. Home: 071-96 81992 Mobile: 087-6869040

**Parish Office Hours:** Open – Mon, Thurs & Fri 9 – 4 Closed – Tue & Wed

PARISH OFFICE: 071-9644039

Website: ballinamoreparish.ie

E-mail [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)

Mgr Liam Kelly (Ballyconnell) Mobile: 0879877739

Fr. Moses Malachy (Bawnboy): 087-490 4380

Join us live, @ churchtv.ie Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleeahan

**BALLINAMORE - ST. PATRICK'S CHURCH**

Mass times: Sat & Sun 11am, Mon 7pm, Tues 9am.

**Mass Intentions**

Sat 5<sup>th</sup> Sept 11am

Vera Brennan (Months Mind)

Sun 6<sup>th</sup> Sept 11am

Tommie & Mae Kellegher and their daughter Geraldine (Main St. & Seán Bhealach).  
Tom, Madge & Margie Gilheaney and all deceased members of the Gilheaney family.  
Charlie & Mae O'Rourke (Corraleeahan Beg) and their sons Paddy & Des  
Maureen & Miley McKeon (Camagh).

**Blessing of the Priest's graves after mass today.**

**Masses suspended due to Medjugorje Pilgrimage – (no masses on Wed 9<sup>th</sup>, Thurs 10<sup>th</sup>, Fri 11<sup>th</sup> & Sat 12<sup>th</sup>)**  
Sun 13<sup>th</sup> Sept 11am People of the Parish

**Masses suspended due to Medjugorje Pilgrimage – (no masses on Mon 14<sup>th</sup>, Tues 15<sup>th</sup>, Wed 16<sup>th</sup>)**

**Eucharistic Adoration:** (Fridays 9:30am – 10:30am, all are welcome)

**Ministers of the Eucharist:** 6<sup>th</sup> Sept Michael Duignan, Peggy Ferguson & Máirín Martin, 13<sup>th</sup> Sept Thomas Kelly, Deirdre Harvey & Mona Creamer, 20<sup>th</sup> Sept Patricia Griffin, James Maguire & Brendan Sweeney.

**Ministers of the Word:** 6<sup>th</sup> Sept Marie O'Connor, 13<sup>th</sup> Sept Gabriel Cronin, 20<sup>th</sup> Sept PJ McLoughlin.

**Door Collectors:** 6<sup>th</sup> Sept John O'Connell & David McBrien, 13<sup>th</sup> & 20<sup>th</sup> Sept Damien O'Brien, Andy O'Rourke & Rory O'Rourke.

**AUGHNASHEELIN**

**ST. MARY'S CHURCH**

Mass times: Fri 7pm, Sat 8:15pm

**Mass Intentions**

Fri 4<sup>th</sup> Sept 7pm

Frank & Mary Murphy (Derrinkeher McDonnell) and deceased members of the Murphy & McKeon families.

Sat 5<sup>th</sup> Sept 5pm

Padraig Sammon (Months Mind)

Sat 5<sup>th</sup> Sept 8:15pm

People of the Parish

Fri 11<sup>th</sup> Sept

**No mass today due to Medjugorje Pilgrimage**

Sat 12<sup>th</sup> Sept 8:15pm

Tara Cribbin (née Hudson) Months Mind

**Eucharistic Adoration:**

(Wednesdays, 11am – 12 noon and 8pm – 10pm)

**Eucharistic Ministers:** 5<sup>th</sup> & 12<sup>th</sup> Sept Seamus Prior & Margaret McTeigue, 19<sup>th</sup> & 26<sup>th</sup> Sept Sharon O'Dowd, Brendan Sammon  
**Ministers of the Word:** Liam Prior & Breda Mulvanerty **Door Collectors:** Monica Ward, Mary Dolan-Costello & Catherine Prior

**CORRALEECHAN**

**ST. BRIGID'S CHURCH**

Mass times: Sat 7pm

**Mass Intentions**

Sat 5<sup>th</sup> Sept 7pm

No Intention

**No morning masses on Wed 9<sup>th</sup> Sept & Wed 16<sup>th</sup> Sept – due to Medjugorje Pilgrimage**

Sat 12<sup>th</sup> Sept 7pm

No Intention

**Eucharistic Adoration:**

(Wednesdays 10am – 8pm, please come along and join us)

**Eucharistic Ministers:** Carmel McNiff & Philomena Dolan

**Ministers of the Word:** Helen McGovern & Sean McNiff

**Door Collectors:** Conor McGovern & Ciarán Dolan

**AUGHAWILLAN**

**ST. PATRICK'S CHURCH**

Mass time: Sun 9:45am.

**Mass Intentions**

Sun 6<sup>th</sup> Sept 9:45am

No Intention

Sun 13<sup>th</sup> Sept 9:45am

Monica & Bernie Prior (Glennanmore) and deceased members of the Gallagher family  
Michael Campbell (Months Mind)

**Eucharistic Ministers:** Michelle Dolan & Mary Farrell Quinn

**Altar Society:** Christina Stringer & Bridie McGovern

**Ministers of the Word:** Ava Gaffney & Rachel Dolan

**Door Collectors:** Michael Quinn & Francis McTague

**RECENT DEATHS:** we pray for Catherine Hanly, (Willowfield Rd) whose funeral took place on Tuesday last and Peggy O'Connor née Dolan (formerly of Aughnasheelin) whose funeral took place on Friday. May their souls rest in eternal peace.

**FR SEAN:** is off duty from 9<sup>th</sup> – 16<sup>th</sup> September. Any urgent calls to Fr Moses or Msgr Kelly. Their contact numbers are printed at the top of the newsletter.

**PARISH PASTORAL COUNCIL INFORMATION MEETINGS:** this September, we will be holding a series of information evenings for parishes. We are inviting anyone who may be interested to come along and hear more about Parish Pastoral Councils and, perhaps, other areas of ministry in which they could become involved within their parish. The Parishes of **Oughteragh Lower Drumreilly**, Carrigallen, Killeshandra, Corlough-Templeport and Kildallan will have their **information meeting on 22<sup>nd</sup> September in Carrigallen Community Centre at 8pm.**

**AUGHNASHEELIN APOSTOLIC:** Honorary Membership now due, this goes towards helping our Priests and Nuns who work abroad on the Missions, all donations greatly appreciated, can be given to Maura 087 648 6967.

**PARISH FIVE FIRST SATURDAYS:** 100-year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration continues with our fifth and final Saturday devotion on, Saturday 5<sup>th</sup> September 2026. We will have our usual Saturday morning Mass at 11am, followed by Confessions, Rosary and a 15-minute meditation. Our Lady promises that there will be \*PEACE\* and that \*MANY SOULS\* will be saved through this devotion.

**CARE OF CREATION LIVE BROADCAST MASS:** Sunday 6<sup>th</sup> September 2026: RTE1 will broadcast Mass for the Season of Creation live from the Cathedral of Saints Patrick & Felim in Cavan on Sunday 6<sup>th</sup> September 2026 at 11am. All are welcome to join us for this Mass at which Bishop Martin Hayes will be the principal celebrant. Those attending the Mass are asked to please be in their places by 10:50am at the latest.

**FRANCISCAN MISSIONARY SISTERS FROM AFRICA:** will visit our parish in September. They will speak about the work they do at our Saturday evening masses on September 19<sup>th</sup>, and at our Sunday masses on the September 20<sup>th</sup>.

**HUMAN LIFE INTERNATIONAL IRELAND:** Fr Lawrence Carney (USA), international speaker and popular author, Provincial Tour of Ireland. Join us for the Connacht event at the Blessed Sacrament Chapel, Knock Shrine, on 25<sup>th</sup> September at 6:45pm, with a First-Class Relic of St Thérèse. Free admission.

**IN THE FOOTSTEPS OF ST FRANCIS:** Bishop Martin Hayes will lead a diocesan pilgrimage to Assisi from Tuesday 24<sup>th</sup> to Sunday 29<sup>th</sup> November 2026 to mark the special jubilee year there commemorating the 800<sup>th</sup> anniversary of the death of St Francis of Assisi. Bookings for the pilgrimage are now being accepted and you are kindly asked to contact Marian Pilgrimages directly and as soon as possible on (01) 878 8159 as places are limited, especially for those seeking single room accommodation. The fare (including hotel accommodation on half-board basis, flights etc is €1,495 per person sharing. The single room supplement is an extra €450 per person). For further information, please contact Seán Coll, Pilgrimage Director, Diocesan Pastoral Centre on 049 4375004 Ext 102.

### COMMUNITY NOTES

**TRÁTHNÓNA COMMUNITY CARE:** A community care meeting will be held in Tráthnóna community centre on Monday night next, September 7<sup>th</sup> at 8.30pm. New members welcome.

**DO YOU HAVE A SPARE ROOM?** If you live in Ballinamore and have a spare room, would you consider renting it to a young French Teaching Assistant for the duration of the school year? Must be within walking distance of Ballinamore Community School. Please contact Mathéo on WhatsApp 0033 0603632182, or the Parish Office.

**INTERESTED IN PLAYING A NEW SPORT?** Come along and try Pickleball any **Thursday evening in Ballinamore Sports Complex at 8pm.** 18+ years, suitable for men and women. Fun guaranteed. €5 cover, no equipment needed

**THE IRISH CANCER SOCIETY:** is seeking compassionate volunteer drivers to join our pool of drivers. If you can spare 2 days per month, have a valid driving licence, and a safe, reliable vehicle, you are the perfect candidate to make a significant difference. For further information, please contact Monica or Emily at [volunteer@irishcancer.ie](mailto:volunteer@irishcancer.ie)

**LEITRIM YOUTHREACH:** provides education and training opportunities for young people aged 15-20 who are looking to re-engage with education and build their future. Enrolment for LCA Programme now open. For further information, please contact: **Karen Murray** 071 968 6018/[karenmurray@msletb.ie](mailto:karenmurray@msletb.ie)

**BALLINAMORE LIBRARY EVENTS:** ▪ **Think Global Act Local:** Discover the Sustainable Development Goals at an interactive workshop run by the Good Energies Alliance which will focus on practical local solutions. Tues 22<sup>nd</sup> Sept, 5.30-7pm @ Ballinamore Library. Register at the desk, or phone 0719650476 or e-mail

[ballinamorelibrary@leitrimcoco.ie](mailto:ballinamorelibrary@leitrimcoco.ie). ▪ **Culture Night** at Ballinamore Library 18<sup>th</sup> Sept: Seisiún Ceoil, Amhránaíocht & Rince, 6pm. ▪ **FREE Irish Classes for TOTAL beginners:** For new arrivals to Ireland. 10 weeks. Starting Tuesday Sept 8<sup>th</sup> at 5pm. Contact Ciara 087 6614706. ▪ **Ballinamore Writers' Group:** Meets on Saturdays (from mid Sept) at Ballinamore Library, 10.30am. Contact Deirdre for more information 087 668 2604.

▪ **Craft in Company:** Join a friendly group of needle crafters every Thursday at 11-1pm for problem solving and a chat at Ballinamore Library. Refreshments Served. ▪ **Mum2Mum Breast Feeding Support Group** Meets on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of every month at Ballinamore Library 10-12pm. All new mums welcome (whether breast feeding or not). Refreshments served. For more information contact Nadia 086 8618460.

**FREE GARDENING CLASSES:** Growing Fruit, commencing on Wednesday, 9<sup>th</sup> September, 10am to 2pm, in the old Vocational School, Ballinamore and continuing every Wednesday thereafter. MSLETB, QQ1 Level 4. Free course to Over 18s. Contact Seamus @ 087 9168087 for more information.

**LAST CALL FOR REGISTRATIONS:** for our new beginner computers course, QQI Level 4 Computer Applications, starting on **Wednesday 9<sup>th</sup> September at Mohill Computer Training.** This fully-funded course offers upskilling opportunity with a strong foundation of skills, and a relaxed, friendly environment to learn with others. Contact us now to secure your place. Email [info@mct.ie](mailto:info@mct.ie) or call 071 963 2024. **Local Link Bus route 564**, from Ballinamore to Mohill.

**ISLAND THEATRE:** Tai Chi & Chi Gong classes begin **10<sup>th</sup> Sept @ 10am** – bookings on 085 7071698 – 4 weeks €55, drop in €15. **6<sup>th</sup> Sept** - The Love Hungry Farmer, **19<sup>th</sup> Sept** - Loophole, **10<sup>th</sup> Oct** - Harvest – Neil Young Tribute, **17<sup>th</sup> Oct** - Elvis Spectacular. Details at: [www.islandtheatre.ie](http://www.islandtheatre.ie)

**SING TOGETHER:** Further dates are: 12<sup>th</sup> September, and 21<sup>st</sup> November from 11.00am – 12.30pm, come earlier for a warm-up cup of tea. Island Theatre, Ballinamore.

**DRUMEELA GARDEN CLUB:** To start off the year 2026/ 2027 in the Garden Club, Mary Owens from Co Meath, will give a talk and demonstration entitled "Lessons from Nature" in Teach Dúchais Drumeela (H12 DP84) on Wed, Sept 9<sup>th</sup> at 8pm. Refreshments served. New members welcome to come along.

### REFLECTION

**Merciful Father,** soften my heart. As You have forgiven me, so I may forgive others freely.

**Lord Jesus,** heal the places in me that resist letting go.

**Holy Spirit,** guide me in the freedom forgiveness creates, so I can live each day in Your peace. **Amen**

*All new items for the Newsletter should be dropped into the Parish Office, Convent Road or emailed before 12 noon on Thursdays to [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) the editor reserves the right to edit or omit items according to suitability of content & space in the newsletter.*

## ADDITIONAL PARISH AND COMMUNITY ITEMS

**MARIAN MOVEMENT OF PRAYER FOR PRIESTS & FAMILIES:** as requested by Our Lady of Fatima via interior Locutions to Fr Stefano Gobbi will take place on the **last Monday** of each month. Our next date is **28<sup>th</sup> September, 2026** after 7pm Mass in the Prayer Room in Ballinamore Church. All are welcome.

**PARISH PRAYER GROUP:** each Tuesday from 8pm-9:30pm, in the Prayer Room in Ballinamore Church.

**CHARITABLE DONATIONS FORM:** Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area. **Forms are available in each church porch.**

**PARISH FIVE FIRST SATURDAYS: 100-year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration** continues with **our fifth and final Saturday devotion on, Saturday 5<sup>th</sup> September 2026.** We will have our usual Saturday morning Mass at 11am, followed by Confessions, Rosary and a 15-minute meditation. Our Lady promises that there will be \*PEACE\* and that \*MANY SOULS\* will be saved through this devotion.

**REMINDER - PARISH FIVE FIRST SATURDAYS: 100-year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration** continues with **our fifth and final Saturday devotion on 5<sup>th</sup> August after 11am mass.**

**CARE OF CREATION:** Bishop Martin encourages every parish and church area to take initiatives to transform underutilised church grounds into biodiversity havens. With this in mind, we invite and encourage each church area to form a Care of Creation Team.

**LEGION OF MARY:** It would be wonderful to see a revival in the Legion of Mary in our Parish. If you have an interest in becoming involved please contact Oliver Donohue 087-6860663 and he will be glad to assist.

**STUDY THEOLOGY ONLINE**, is this for you? The Priory Institute provides online Theology courses to degree level. Attend Saturday lectures in Tallaght or from the comfort of your own home. Register now to begin on 19<sup>th</sup> Sept. Find out more on our website, [prioryinstitute.com](http://prioryinstitute.com)

**MARRIAGE ENRICHMENT WEEKEND (2–4 OCT 2026):** Marriage Encounter Ireland invites married couples to a residential Weekend from Friday 2nd to Sunday 4th October 2026 at the “Focolare Centre” “Curryhills”, Prosperous, Co. Kildare. Step away from daily distractions to deepen your communication, renew your love, and rediscover the joy of your marriage. [www.marriageencounter.ie](http://www.marriageencounter.ie)

**ABIDE IN HIS LOVE WOMEN’S CONFERENCE:** The Great Northern Hotel, Bundoran, 20–22 November 2026. Join women from across Ireland for a faith-filled weekend with inspiring speakers including Sarah Swafford, Danielle Noonan, Fr Mark Wharton, Fr Barry Braum, Fr Oisín Martin, the Dominican Sisters of Nashville, Bishop Fintan Gavin, and more. A conference not to be missed! Register now: <https://abideinhislove.eventbrite.com/>

**PARISH PRAYER GROUP:** each Tuesday from 8pm-9:30pm, in the Prayer Room in Ballinamore Church.



**WAYS OF SUPPORTING the PARISH FINANCIALLY:** The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie), or you scan the QR code with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.

**ANNUAL ACKNOWLEDGEMENTS 2025:** please contact the Parish Office if you require your 2025 acknowledgement by emailing: [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) and requesting it, or call to the Parish Office (opening hours below) and request a printed copy.

**THE WAY:** A national on-line network helping people to discover, live and pass on the Catholic faith. Find out more at [www.theWay.ie](http://www.theWay.ie), and help spread the Good News! This initiative from the Bishops' Conference is intended to be a collaborative effort which we can build together to our mutual benefit.

**BOOKING ANNIVERSARY MASSES:** As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions, the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or phone **071 964 4039**

**GENTLE REMINDER:** to update your church contributions. Offertory contributions for the upkeep of your church are made payable to your local church. On-line donations can be made using the following bank details. Offertory Donations: **Ballinamore** IBAN IE26 AIBK 937037 03815040, **Aughawillan** IBAN IE19 AIBK 937037 00004036, **Corraleehan** IBAN IE32 AIBK 937037 02021111, **Aughnasheelin** IBAN IE58 AIBK 937037 03814076. All Dues contributions are made to Ballinamore Catholic Church No. 2 Account. **IBAN IE16 AIBK 937037 03815123** Your continued support is gratefully appreciated.

**BURREN OUTDOOR RETREAT:** Friday 4<sup>th</sup> to Sunday 6<sup>th</sup> September. Would you like to come with us on a journey through the Burren with its limestone pavements, rare flora and ancient sacred sites? Let the beauty of this place renew you in body and soul. Residential (people within easy reach may commute). Contact Mary at 087 970 1130 for information or Des at 085 161 4951 for bookings.

**AUGHNASHEELIN AFTERSCHOOL:** is now open and delighted to welcome new students from the wider community for the current school year! We offer a safe, engaging, and fun environment where children can learn, play, and thrive after school. We are also taking expressions of interest for September—contact us at: [aug.afterschoolcare@gmail.com](mailto:aug.afterschoolcare@gmail.com) or 0871178796

**WALKING FOR ALL:** **Free Weekly Walk** organised by Leitrim Sports Partnership, funded by PEACEPLUS, meets TUESDAYS 10AM at THE BASIN BALLINAMORE. Accessible & social local walks lead by trained leader. Register at [www.walkingforall.com](http://www.walkingforall.com). More information from [dillon.keane@leitrimcoco.ie](mailto:dillon.keane@leitrimcoco.ie).

**COMMEMORATING THE PETERHEAD MEN:** **Exhibition in Ballinamore Library.** Ballinamore Library is proud to host a special exhibition during Ballinamore Family Festival honouring the Peterhead Men, a group of IRA prisoners who endured harsh conditions in Scotland's Peterhead Prison during the revolutionary period. Discover the powerful story of resilience, sacrifice, and local history, relating the experiences of Leitrim men who were among the last prisoners released in 1926. This FREE, moving and informative exhibition is available during library opening hours.

**ALZHEIMER SOCIETY OF IRELAND – LOCAL SERVICES:** A Day Service runs every Friday (9.30am–2.15pm) in Carrick-on-Shannon. The service offers dementia-specific care, including social activities, gentle therapeutic programmes, and support in a safe, friendly and welcoming environment. For details, contact Sinéad: 087 068 071

**SCOIL CHLANN NAOFA, BALLINAMORE:** has commenced accepting applications for admission to our national school for the 2026/2027 school year. Please contact the school on 071 9645001 or email us at [info@scoilchlannnaofa.com](mailto:info@scoilchlannnaofa.com) for the enrolment pack. Application forms are also available to download from our website [www.scoilchlannnaofa.ie](http://www.scoilchlannnaofa.ie).

**AUGHAWILLAN NS:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [aughawillanns@gmail.com](mailto:aughawillanns@gmail.com) or contacting the office on 071 9644246.

**ST. MARY'S NS AUGHNASHEELIN:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [office@stmarysnsaughnasheelin.com](mailto:office@stmarysnsaughnasheelin.com) or contacting the office on 0719644868.

**FULL-TIME ADULT EDUCATION COURSES:** starting September 2026 in Leitrim College of Further Education and Training, Drumshanbo campus on the Hilly Road, N41 C6X6 and Carrick on Shannon campus - The Courtyard, N41 A386 and N41 TE20. Find out about our QQI Level 5 & 6 courses in Business, Equine, Health Nutrition and Food Science, Healthcare Skills, Music, Outdoor Sports and Recreation, Psychology, Youth and Social Studies and Tourism: [www.leitrimcollege.ie](http://www.leitrimcollege.ie), our Facebook and Instagram pages @LeitrimCollege or call 089-2667813.

**AUGHAWILLAN WHIST:** second Tuesday of the month, 8:30pm in Aughawillan hall. New members welcome.

**BALLINAMORE WHIST:** first Thursday of each month at 8:30pm in the Island Theatre. New members welcome.

**THE ALZHEIMER SOCIETY OF IRELAND:** now offer Day Services in Carrick on Shannon with more services to be added in the not-too-distant future. If you or a loved one or someone you know would benefit from our Services or like more information, then please contact Sinéad Foley Coleman by: E-mail [sineadfoley.coleman@alzheimier.ie](mailto:sineadfoley.coleman@alzheimier.ie) or phone 087 0680714.

**THE YOUNG PARENTS SUPPORT PROGRAMME:** offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: [lindahalstead@homeyouthliaisonservice.ie](mailto:lindahalstead@homeyouthliaisonservice.ie) or 087 7917000

**MPACT:** Supports families who have been affected by parental substance misuse, where there are children aged 8–17. For further information contact: M-PACT Sligo, Leitrim, West Cavan, First Floor, The Westward Town Centre, Bridge Street, Sligo. F91 XH77 Tel: 07191 50578/ 085 8759313.

**ALONE:** is seeking volunteers in Ballinamore to visit older people or make friendly phone calls to help prevent loneliness and isolation over the winter months. ALONE recruits, trains, and supports volunteers for two key services: **Visitation and Befriending Service:** Volunteers give **one hour per week** to provide companionship to an older person. **Telephone Support and Befriending Service:** Volunteers make friendly weekly calls to older people for a **one-hour shift**. We currently have older people throughout Sligo awaiting on both services. For more information or to get involved, please visit [alone.ie](http://alone.ie) or contact **Collette, Volunteer Support Officer**, at: **086 1921505** or email [collette.ferguson@alone.ie](mailto:collette.ferguson@alone.ie)

**WRITING CLUBS WITH JANE GILHEANY:** Creative Journal Club with Jane Gilheaney for children aged 7–10 begins on Tuesday, 1st September in Ballinamore. • A new daytime Women's Writing Group facilitated by Jane Gilheaney begins on Thursday, 24th September, meeting from 12.30pm–2.30pm in Ballinamore. • Jane's established Thursday evening Women's Writing Group continues to meet from 6.30pm–8.30pm. One place is currently available. For further information or to book a place on any of the above courses, contact Jane Gilheaney on 087 9412262 or email [janegilheaney@gmail.com](mailto:janegilheaney@gmail.com).

**ST PATRICK'S NATIONAL SCHOOL CORLOUGH PARENTS ASSOCIATION:** would really appreciate your support! If you have plastic bottles or cans with the Re-turn symbol and are willing to donate them to raise funds for the children of St Patrick's Corlough, you can place them in the yellow Re-turn bin located in the Chapel car park at Corraleehan or Corlough church. Alternatively, there is a bin in the school.

**BALLINAMORE GREENWAY PARKRUN & WALK:** each Saturday at 9.30am – Meet at the Junction.

**MEITHEAL:** is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well - and no so well, and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please call 087-6562844 or email [meitheal.ppfs@tusla.ie](mailto:meitheal.ppfs@tusla.ie)

**TEMPLEPORT SOCIAL SERVICES-DAY CENTRE:** on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all.

**GROW:** is a national mental health organisation offering support to people who are experiencing or have experienced mental health challenges. We invite you to join our friendly, strictly confidential, and non-judgmental weekly peer support meetings in Breffni FRC, Carrick on Shannon every Wednesday from 11am-1pm. You don't have to face this alone. With GROW, you'll find understanding, connection, and hope. For more information call Marie on 086 8516939.

**AN TOBAR NUA:** We provide **confidential counselling nationwide** via telephone and Zoom. Our service is **donation-based**, because we do not want finances to prevent anyone from receiving support. If you are struggling with grief, anxiety, depression, or other life challenges, we are here to help, please telephone: 091-562 175

**SENIORLINE:** a national telephone service for older people opens every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

**LEITRIM CALLING:** would like to hear from people willing to get involved as a volunteer on our Befriending Visitation Service - one hour per week commitment visiting an older person in their home for company and chat. Full training and support is provided. For further details, contact: Marion on 087 9585029 or e-mail [leitrimcalling@gmail.com](mailto:leitrimcalling@gmail.com)

**THE SACRED HEART MESSENGER MAGAZINE** is always a pleasant and thoughtful read with Items on scripture and prayerful reflection beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



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