

31<sup>st</sup> May 2026 **OUGHTERAGH & DRUMREILLY LOWER PARISH NEWSLETTER** *Most Holy Trinity*

*Aughawillan - Aughnasheelin - Ballinamore & Corraleeahan*

1<sup>st</sup> June St Justin, 2<sup>nd</sup> June St Felix, 3<sup>rd</sup> June St Kevin, 5<sup>th</sup> June St Boniface, 6<sup>th</sup> June St Jarlath

PARISH OFFICE: 071-9644039

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Join us live, @ [churchtv.ie](http://churchtv.ie) Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleeahan

**BALLINAMORE - ST. PATRICK'S CHURCH**

Mass times: Sat & Sun 11am, Mon & Wed 7pm, No mass Tues, Thur & Fri 9am

**Mass Intentions**

Sat 30<sup>th</sup> May 11am

No Intention

Sun 31<sup>st</sup> May 11am

Margaret, Patsy & Gerry McKeon and deceased members of the McKeon and Hanley families

Paddy O'Connor (Killaneen)

Vincie & Anna Gallogly (Drumrane)

Rose & Pat Fanning (Ardrum)

Sat 6<sup>th</sup> June 11am

John & Leish McGovern (Dernasmallan) and their son Seamus McGovern

Sun 7<sup>th</sup> June 11am

Fr Micheál Quinn & John Thomas Quinn and Anna (formerly Drumlonan)

**Eucharistic Adoration:**

*(Fridays 9:30am – 10:30am, all are welcome)*

**Ministers of the Eucharist:** 31<sup>st</sup> May Patricia McGoldrick, Marian Quinn & Leigh Murphy, 7<sup>th</sup> June Philomena Earley, Mary McWeeney & Aileen Wisley, 14<sup>th</sup> June Maeve Sharpley, Mona Creamer & Ellis O'Dell

**Ministers of the Word:** 31<sup>st</sup> May Ciara Creamer, 7<sup>th</sup> June Kay Maguire, 14<sup>th</sup> June John Darcy, 21<sup>st</sup> June Siobhan Dolan

**Door Collectors:** 31<sup>st</sup> May Brendan Sweeney, Sean Kavanagh & Damien Hamill, 7<sup>th</sup> & 14<sup>th</sup> June Seamus McTague, PJ Duignan, Michael Gillen & Eugene Maxwell

**AUGHNASHEELIN**

**ST. MARY'S CHURCH**

Mass times: Fri 7pm, Sat 12pm & 8:15pm

**Mass Intentions**

Fri 29<sup>th</sup> May 7pm

No Intention

Sat 30<sup>th</sup> May 8:15pm

May Sammon

Tom & Rose McGirl (Raheny & Main St., Ballinamore)

Fri 5<sup>th</sup> June 7pm

Francis, Cassie & Maureen McPartland (Callowhill) and all deceased family members

William & Elizabeth Ward (Mullinasella) and their sons Desmond & Tommy

Sat 6<sup>th</sup> June 12noon

Mary Gallagher (1<sup>st</sup> Anniversary)

Sat 6<sup>th</sup> June 8:15pm

Eddie Cull (Gubnaveigh & Drumshanbo) and deceased members of the Cull &

McGovern families

Joe & Imelda Lynch (Aughnasheelin)

**Eucharistic Adoration:**

*(Wednesdays, 11am – 12 noon and 8pm – 10pm)*

**Eucharistic Ministers:** 30<sup>th</sup> May Sharon O'Dowd & Brendan Sammon, 6<sup>th</sup> & 13<sup>th</sup> June Terence Boyle & Kealen Mulvanerty.

**Ministers of the Word:** Kerry Meehan & Siobhán Earley

**Door Collectors:** Brendan Sammon, Brendan Meehan & Niall Faughnan

**CORRALEECHAN**

**ST. BRIGID'S CHURCH**

Mass times: Sat 7pm, Wed 9:30am

**Mass Intentions**

Sat 30<sup>th</sup> May 7pm

Murphy Family (Ardmoneen)

Sat 6<sup>th</sup> June 7pm

Charlie & Babbie McTague (Drumcroman) their daughters Mary, Carmel, Mareta and their son Tony. Pat Walsh (Carmel's husband) their son Patrick, daughter Karmel and granddaughter Nicole (Manchester).

Mary Brigid & Pat Dolan (Garryflugh) and Tom Maguire (Ardmoneen) and all deceased family members. Lynette Dooner (Ballinamore)

**Eucharistic Adoration:**

*(Wednesdays 10am – 8pm, please come along and join us)*

**Eucharistic Ministers:** Carmel McNiff & Philomena Dolan

**Ministers of the Word:** Assumpta Bohan & Kathleen McTague

**Door Collectors:** Gerard McGovern & Enda McNiff

**AUGHAWILLAN**

**ST. PATRICK'S CHURCH**

Mass time:

Sun 9:45am

**Mass Intentions**

Sun 31<sup>st</sup> May 9:45am

Rita Campbell

Mae & John Gallagher (Killaphort) and all deceased family members

Sun 7<sup>th</sup> May 9:45am

Celia & John Maxwell (Crockawaddy) and deceased family members

**Eucharistic Ministers:** Damien Conefrey & Patricia Deane

**Door Collectors:** Pat McCauley & Peter Quinn

**Altar Society:** Mairéad O'Flaherty & Mary Farrell Quinn

**Ministers of the Word:** Mary Quinn & Róisín Sexton Smith

**RECENT DEATHS:** We pray for Tina McLoughlin (Drumrane & Longstone) whose funeral took place on Wednesday in Ballinamore and Fr Anthony Fagan (Bailieborough, Cavan) whose funeral took place on Friday in Bailieborough. May their souls rest in eternal peace.

**ROSARY RALLY, KNOCK SHRINE:** next **Saturday 6<sup>th</sup> June**. International guest speakers. Remembering Fr Patrick Peyton who taught us that "a world at prayer is a world at peace." Be part of Knock Rosary Rally 2026.

**VISITATION OF THE SICK AND HOUSEBOUND:** Fr Moses will be in touch prior to his visit on Friday 5<sup>th</sup> June.

† **CORPUS CHRISTI PROCESSION:** We invite all our First Communicants from Aughawillan, Aughnasheelin and Ballinamore, and their families to come to the 11am Mass in Ballinamore Church on Sunday 7<sup>th</sup> June (Feast of Corpus Christi) and join in the procession after mass. †

**PARISH FIVE FIRST SATURDAYS: 100 year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration** continues with our **second Saturday devotion on, Saturday 6<sup>th</sup> June 2026.** We will have our usual Saturday morning Mass at 11am, followed by Confessions, Rosary and a 15 minute meditation. Our Lady promises that there will be \*PEACE\* and that \*MANY SOULS\* will be saved through this devotion.

**PILGRIMAGE TO ST PATRICK'S WELL, AUGHNASHEELIN:** mass at St Patrick's Well takes place on Sunday 21<sup>st</sup> June at 12noon. To keep in the spirit of a pilgrimage it is suggested that (for those who are able) to walk from the church to the well.

**RELICS OF ST OLIVER PLUNKETT:** will visit the Conaty Chapel of the Kilmore Diocesan Pastoral Centre in Cavan on Wed 3<sup>rd</sup> June. The relics will arrive at the Centre for a Liturgical Welcome celebrated by, Bishop Martin at 10am, and will be available for veneration until 10pm that evening. Masses will be offered at 1:15pm (for those doing examinations at this time), 5:45pm, and 8pm (celebrated by Bishop Martin Hayes). There will also be opportunities to avail of the Sacrament of Reconciliation during the times of 12 noon to 1pm; 4:30pm to 5:30pm; & 6:30pm to 7:30pm.

**THE LEITRIM COMMUNITY HOLY WELLS PROJECT (2026):** is a community heritage initiative to research Holy Wells across Co. Leitrim. As you are aware we have two Holy Wells in our parish, St Brigid's Well in Ballinamore, and St. Patrick's Well in Aughnasheelin (if there are other wells, please let us know). St Mary's NS Aughnasheelin have agreed to gather information on St Patrick's Well and Scoil Chlann Naofa, Ballinamore will do likewise for St Brigid's Well. If you wish to share any knowledge or information about either of the Holy Wells and contribute to this project please contact the Parish Office by email: [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or the principal in either school.

✿ **CARE FOR CREATION GATHERING – DIOCESE OF KILMORE:** All are warmly invited to a diocesan gathering celebrating Care of Creation initiatives taking place across the Diocese of Kilmore on Wednesday 10<sup>th</sup> June 2026 at 7pm in the Kilmore Diocesan Pastoral Centre. Hosted by the Kilmore Care of Creation Group together with Bishop Martin Hayes, the evening will include prayer, reflection, sharing of parish projects and preparation for the Season of Creation 2026. Parishes from across Cavan and Leitrim involved in biodiversity, "Return to Nature" and environmental projects will participate. All interested in care for creation and the environment are welcome.

**CHARITABLE DONATIONS FORM:** Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area.

### COMMUNITY NOTES

🚗 **VINTAGE & FAMILY DAY BALLINAMORE SUNDAY 31<sup>st</sup> MAY 12PM - 4PM:** Vintage and family day at St Felim's, Ballinamore, Co. Leitrim N41 XR97 Sunday 31<sup>st</sup> May in aid of Cancer Care West and Carrigallen National School Autism Unit. Large display of vintage vehicles, trade stalls, craft exhibitions and FREE kids entertainment. Live music with Kevin Logue and DJ Paul Corrigan. Gates open from 12pm to 4pm with exhibitor entry from 10am.

♿ **ANNUAL MAY WALK:** in aid of North West Hospice and Cancer Society will take place in **Aughnasheelin on Sunday May 31<sup>st</sup> 2026.** Your support would be greatly appreciated.

**BALLINAMORE HENS / WOMEN'S SHED:** will hold their church gate collection on the 7<sup>th</sup> June at Ballinamore church before 11am Mass. Thank you in advance to all who donates to our group.

**A COMMUNITY CARE MEETING:** will be held in Tráthnóna Community Centre on Wednesday next, May 24<sup>th</sup> at 8.30pm. It is important that all members attend this meeting as we need to discuss plans for the future. New members will be very welcome.

🎨 **DAWN'S ART CAMP:** Art camp begins Wed 24<sup>th</sup> - Fri 26<sup>th</sup> June, from 10am – 1pm in The Den. 3 days of painting, building, designing and having fun. 1<sup>st</sup> Class to 6<sup>th</sup> Class students. Please call Dawn at **086 311 5647** for details.

⚽ **ATHLETIC CLUB:** On Wednesday next the Leitrim Primary Schools Championships take place at ATU Sligo while on Saturday (6<sup>th</sup>) the Connacht Under 9/10/11 Team Competition and the Under 12 and 13 Championships take place in Claremorris. Training, Tuesday and Thursday at 7pm in St Felims.

**ISALAND THEATRE:** Our successful Sunday Cinema returns later in the year. Summer months events; **6<sup>th</sup> June** - We Have Him back - The Frank Stagg Story, **11<sup>th</sup> July** - Ballinamore Camino, **17<sup>th</sup> July** - Kings of Kilburn High Rd.

### REFLECTION

#### † STUDENT'S EXAM PRAYER †

Almighty God, my loving father, I love you with my whole heart. All truth and wisdom come from you. Enlighten my mind so that I may understand clearly and strengthen my memory so that I may remember fully what I study today. Direct my will so that I may concentrate with attention on all my work. Forgive my shortcomings and bless my efforts with success in my examinations. I ask this prayer through Christ Our Lord, **Amen.**

**Parish Office Hours: Open – Thurs & Fri 9 – 4 Closed – B/H Monday, Tue & Wed Phone: 071-9644039**  
[ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)

*All New items for the Newsletter should be dropped into the Parish Office, Convent Road or emailed before 12 noon on Thursdays to [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) the editor reserves the right to edit or omit items according to suitability of content & space in the newsletter*

## ADDITIONAL PARISH AND COMMUNITY ITEMS

**CEMETERY SUNDAY:** **Corraleehan** Sunday 26<sup>th</sup> July @ 12 noon – **Aughnasheelin** Sunday 2<sup>nd</sup> August @ 12 noon – **Aughawillan** 9<sup>th</sup> August @ 9:45am mass – **Ballinamore/Oughteragh** 16<sup>th</sup> August @ 1pm - **Priest's Cemetery, St Patrick's Church, Ballinamore** following 11am mass on Sunday 6<sup>th</sup> September.

**MARIAN MOVEMENT OF PRAYER FOR PRIESTS & FAMILIES:** as requested by Our Lady of Fatima via interior Locutions to Fr Stefano Gobbi will take place on the **last Monday** of each month. Our next date is **29<sup>th</sup> June, 2026** after 7pm Mass in Prayer Room Ballinamore Church. All are welcome.

**PARISH PRAYER GROUP:** each Tuesday from 8pm-9:30pm, in the Prayer Room in Ballinamore Church.

**PILGRIMAGE TO LISIEUX:** September 18<sup>th</sup> to 21<sup>st</sup>, staying in a beautiful hotel across the road from the Carmel of St Therese. €795 includes flights, coach transfers, full religious programme, all dinners and some lunches. Please phone 057 93 55050 or email [info@myriam.ie](mailto:info@myriam.ie)



**WAYS OF SUPPORTING the PARISH FINANCIALLY:** The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie), or you scan the QR code with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.

**THE WAY:** A national on-line network helping people to discover, live and pass on the Catholic faith. Find out more at [www.theWay.ie](http://www.theWay.ie), and help spread the Good News! This initiative from the Bishops' Conference is intended to be a collaborative effort which we can build together to our mutual benefit.

**BOOKING ANNIVERSARY MASSES:** As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or phone **071 964 4039**

**CHARITABLE DONATIONS FORM:** Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area.

**GENTLE REMINDER:** to update your church contributions. Offertory contributions for the upkeep of your church are made payable to your local church. On-line donations can be made using the following bank details. Offertory Donations: **Ballinamore** IBAN IE26 AIBK 937037 03815040, **Aughawillan** IBAN IE19 AIBK 937037 00004036, **Corraleehan** IBAN IE32 AIBK 937037 02021111, **Aughnasheelin** IBAN IE58 AIBK 937037 03814076. All Dues contributions are made to Ballinamore Catholic Church No. 2 Account. **IBAN IE16 AIBK 937037 03815123** Your continued support is gratefully appreciated.

**ENCOUNTER WEEKEND DONEGAL:** Radisson Blu Hotel, Letterkenny, 6.00pm - 10.30pm Friday 5<sup>th</sup> June, 9.00am - 10.30pm Saturday 6<sup>th</sup> June. Expect to experience the presence of God through the celebration of the Sacraments, Spirit-led worship, inspiring talks, healing service, and fellowship. Keynote Speakers: Patrick Reis: co-founder and Executive Director of Encounter Ministries USA & Fr. Patrick Gonyeau who serves with the U.S. Province of the Missionaries of the Precious Blood in Ohio. For more info, email [donegal@encounterschool.org](mailto:donegal@encounterschool.org) Bookings at <https://encounterschoolofministrydoneg.regfox.com/encounter-conference-donegal>

✳ **WOMEN'S WRITING GROUPS WITH JANE GILHEANEY:** 📍 Ballinamore, Co. Leitrim, Thursdays, 6.30pm–8.30pm Starts May 28<sup>th</sup>. Fridays, 10.30am–12.30pm (subject to numbers), starts May 29<sup>th</sup>. €150 for a block of six sessions (usable over eight weeks). Warm, supportive, small-group atmosphere. Advance booking essential – spaces are limited. ✉ [janegilheaney@gmail.com](mailto:janegilheaney@gmail.com) 📞 087 9412262

**ISLAND THEATRE: Sunday movie nights** – Sundays at 8pm, 10<sup>th</sup> May - Quiet Love, 17<sup>th</sup> May – Christy.

**AUGHNASHEELIN AFTERSCHOOL:** is now open and delighted to welcome new students from the wider community for the current school year! We offer a safe, engaging, and fun environment where children can learn, play, and thrive after school. We are also taking expressions of interest for September—contact us at: [aug.afterschoolcare@gmail.com](mailto:aug.afterschoolcare@gmail.com) or 0871178796

**SCOIL CHLANN NAOFA, BALLINAMORE:** has commenced accepting applications for admission to our national school for the 2026/2027 school year. Please contact the school on 071 9645001 or email us at [info@scoilchlannaofa.com](mailto:info@scoilchlannaofa.com) for the enrolment pack. Application forms are also available to download from our website [www.scoilchlannaofa.ie](http://www.scoilchlannaofa.ie).

**AUGHAWILLAN NS:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [aughawillanns@gmail.com](mailto:aughawillanns@gmail.com) or contacting the office on 071 9644246.

**ST. MARY'S NS AUGHNASHEELIN:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [office@stmarysnsaughnasheelin.com](mailto:office@stmarysnsaughnasheelin.com) or contacting the office on 0719644868.

**SING TOGETHER:** Further dates are: 23<sup>rd</sup> May, 18<sup>th</sup> July, 12<sup>th</sup> September, and 21<sup>st</sup> November from 11.00am – 12.30pm, come earlier for a warm-up cup of tea. Island Theatre, Ballinamore.

♪ **TEEN SUMMER MUSIC PROGRAMME:** 20<sup>th</sup> - 23<sup>rd</sup> July and 27<sup>th</sup> - 30<sup>th</sup> July, from 10am – 2pm daily, at The Junction, Ballinamore. Led by Susan Roland, and supported by experienced music professionals. Contact: 071 9622537 or [volunteerleitrim.ie/events](http://volunteerleitrim.ie/events), to book your place.

**STEP OUT & JOIN IN!** Ballinamore Community Walk every Tuesday morning starting March 24<sup>th</sup> 10am. Meet at The Island. Wear comfortable shoes. All welcome.

**AUGHNASHEELIN CIROCAL NA mBan:** Yoga continues every Wednesday evening 6.45 -7.45pm with Edel Quinn. Arts and crafts with Friends from 10am - 12.30pm every Saturday morning. This is a drop in workshop doing various arts and crafts activities. Contact Geraldine 086-3376411 for info.

**THE ALZHEIMER SOCIETY OF IRELAND:** now offer Day Services in Carrick on Shannon with more services to be added in the not too distant future. If you or a loved one or someone you know would benefit from our Services or like more information, then please contact Sinéad Foley Coleman by: E-mail [sineadfoley.coleman@alzheimer.ie](mailto:sineadfoley.coleman@alzheimer.ie) or phone 087 0680714.

**ALONE:** is seeking volunteers in Ballinamore to visit older people or make friendly phone calls to help prevent loneliness and isolation over the winter months. ALONE recruits, trains, and supports volunteers for two key services: **Visitation and Befriending Service:** Volunteers give **one hour per week** to provide companionship to an older person. **Telephone Support and Befriending Service:** Volunteers make friendly weekly calls to older people for a **one-hour shift**. We currently have older people throughout Sligo awaiting on both services. For more information or to get involved, please visit [alone.ie](http://alone.ie) or contact **Collette, Volunteer Support Officer**, at: **086 1921505** or email [collette.ferguson@alone.ie](mailto:collette.ferguson@alone.ie)

**FAMILY CARERS IRELAND:** is currently conducting the State of Caring 2026 Survey, an important survey to better understand the experiences of family carers. As a family carer, your input is invaluable and will contribute to shaping policies and decisions. The survey usually takes 30 minutes but this can vary. Please take part online at : <https://www.surveymonkey.com/r/StateOfCaring2026>. If you would prefer to complete a paper copy or complete the survey by phone, please contact Joanne Murphy, Research Officer| [jmurphy@familycarers.ie](mailto:jmurphy@familycarers.ie) | 086 032 6187 The survey will remain open until March 4th 2026.

**MPACT:** Supports families who have been affected by parental substance misuse, where there are children aged 8–17. For further information contact: M-PACT Sligo, Leitrim, West Cavan, First Floor, The Westward Town Centre, Bridge Street, Sligo. F91 XH77 Tel: 07191 50578/ 085 8759313.

**THE YOUNG PARENTS SUPPORT PROGRAMME:** offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: [lindahalstead@homeyouthliaisonservice.ie](mailto:lindahalstead@homeyouthliaisonservice.ie) or 087 7917000

**ST PATRICK'S NATIONAL SCHOOL CORLOUGH PARENTS ASSOCIATION:** would really appreciate your support! If you have plastic bottles or cans with the Re-turn symbol and are willing to donate them to raise funds for the children of St Patrick's Corlough, you can place them in the yellow Re-turn bin located in the Chapel car park at Corraleehan or Corlough church. Alternatively, there is a bin in the school.

**BALLINAMORE GREENWAY PARKRUN & WALK:** each Saturday at 9.30am – Meet at the Junction.

**BALLINAMORE WHIST:** first Thursday of each month at 8:30pm in the Island Theatre. New members welcome.

**AUGHAWILLAN WHIST:** second Tuesday of the month, 8:30pm. New members welcome. Spot prizes appreciated.

**FAMILY CARERS IRELAND:** is the National Charity Supporting 500,000+ Family Carers Nationwide, we are currently recruiting for Community Homecare Workers to provide support to clients. Work hours are flexible based on your availability. Own car and Full Driving Licence essential. Please send your CV to [jobs@familycarers.ie](mailto:jobs@familycarers.ie) or contact Carol on 049 8511031 or 086 4183949 for more information.

**MEITHEAL:** is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well - and no so well, and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please call 087-6562844 or email [meitheal.ppfs@tusla.ie](mailto:meitheal.ppfs@tusla.ie)

**TEMPLEPORT SOCIAL SERVICES-DAY CENTRE:** on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all.

**GROW:** is a national mental health organisation offering support to people who are experiencing or have experienced mental health challenges. We invite you to join our friendly, strictly confidential, and non-judgemental weekly peer support meetings in Breffni FRC, Carrick on Shannon every Wednesday from 11am-1pm. You don't have to face this alone. With GROW, you'll find understanding, connection, and hope. For more information call Marie on 086 8516939.

**AN TOBAR NUA:** We provide **confidential counselling nationwide** via telephone and Zoom. Our service is **donation-based**, because we do not want finances to prevent anyone from receiving support. If you are struggling with grief, anxiety, depression, or other life challenges, we are here to help, please telephone: 091-562 175

**LIFE COACH:** creating inclusive, uplifting gatherings where everyone is welcome—whether you move, sit, sway, or simply enjoy the moment. These events are designed to support your wellbeing, create connection, and lift your spirit. If this speaks to you, I'd love to hear from you. Please email [transformationalYES@gmail.com](mailto:transformationalYES@gmail.com) with a "Yes" and the name of your townland.

**SENIORLINE:** a national telephone service for older people open every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

**LEITRIM CALLING:** would like to hear from people willing to get involved as a volunteer on our Befriending Visitation Service - one hour per week commitment visiting an older person in their home for company and chat. Full training and support is provided. For further details, contact: Marion on 087 9585029 or e-mail [leitrimcalling@gmail.com](mailto:leitrimcalling@gmail.com)

**MUVE HEALTHCARE** provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on **089 611 1647** for more details. Our website is [www.muvehealthcare.ie](http://www.muvehealthcare.ie)

**THE SACRED HEART MESSENGER MAGAZINE** is always a pleasant and thoughtful read with items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



**RADIO MARIA IRELAND:** Thank God and sincere thanks also to our many listeners and supporters as Radio Maria continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, and Uplifting

music, Talks, Interviews and Testimonies –Here's how you can listen: **1.** via Digital TV - Saorview Channel 210, **2.** Download our FREE App "RADIO MARIA IRELAND" **3.** Streaming on our WEBSITE - [www.radiomaria.ie](http://www.radiomaria.ie), **4.** Via our 'Listen Live Radio' link on our Facebook Page. **5.** Via PHONE – get live radio feed by calling **+353 (0) 1 437 3277**. Why not drop a line to our Priest Director, Fr. Eamonn McCarthy by text on **089 467 2000**, by phone on **01 412 3456**, or come and pay us a visit at Radio Maria Ireland, St. Anthony's Business Park, Ballymount Road, Dublin D22 R7W2.

**THE SANCTUARY** is a meditation centre for social change in the heart of Dublin City. It is a charity founded by Sr. Stan Kennedy in 1998, long before meditation or mindfulness was on the tip of everyone's tongue. The Sanctuary has evolved organically over the years to include mindfulness programmes for schools, programmes for carers and those working on the frontlines of society. Moreover, it offers tailored programmes for commercial organisations, charities, and workplace and management teams. Courses are inspired by a deep and heartfelt wish and mission to nourish personal growth for greater social impact, ultimately helping to create a more resilient and just society. If you have any questions or queries about anything coming up, you can contact us by email [enquiries@sanctuary.ie](mailto:enquiries@sanctuary.ie) or call us on **01 670 5419**. For more of what's to come at the Sanctuary [www.sanctuary.ie](http://www.sanctuary.ie)