

PARISH OFFICE: 071-9644039

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Join us live, @ churchtv.ie Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleeahan

BALLINAMORE - ST. PATRICK'S CHURCH

Mass times: Sat & Sun 11am, Mon & Wed 7pm, Tues, Thur & Fri 9am

Mass Intentions

Sat 23rd May 11am James Dooner
Carmel McTeague (Kiltygerry) her grandparents John James & Annie McTeague, her aunt Mary McTeague & her grand-uncle Packie McTeague.
Sun 24th May 11am Sonnie & Kathleen Maxwell (Dromore) and deceased members of the Maxwell family
Sat 30th May 11am No Intention
Sun 31st May 11am Margaret, Patsy & Gerry McKeon and deceased members of the McKeon and Hanley families
Paddy O'Connor (Killaneen)
Vincie & Anna Gallogly (Drumrane)
Rose & Pat Flanagan (Ardrum)

Eucharistic Adoration: (Fridays 9:30am – 10:30am, all are welcome)

Ministers of the Eucharist: 24th May Máirín Martin, Mona Creamer & Liam McGovern, 31st May Patricia McGoldrick, Marian Quinn & Leigh Murphy, 7th June Philomena Earley, Mary McWeeney & Aileen Wisley.

Ministers of the Word: 24th May Patricia Griffin, 31st May Ciara Creamer, 7th June Kay Maguire.

Door Collectors: 24th & 31st May Brendan Sweeney, Sean Kavanagh & Damien Hamill.

AUGHNASHEELIN

ST. MARY'S CHURCH

Mass times: Fri 7pm, Sat 8:15pm

Mass Intentions

Fri 22nd May 7pm No Intention
Sat 23rd May 8:15pm Harvey family (Knockacullion, Aghacashel)
Sat 30th May 8:15pm May Sammon
Tom & Rose McGirl (Raheny & Main St., Ballinamore)



Eucharistic Adoration: (Wednesdays, 11am – 12 noon and 8pm – 10pm)

Eucharistic Ministers: 23rd & 30th May Sharon O'Dowd & Brendan Sammon, 6th & 13th June Terence Boyle & Kealen Mulvanerty.

Door Collectors: Philip Roddy, Damien Kellegher & Thomas Prior

Ministers of the Word: Meadhbh McTeague, Cillian McWeeney & Daniel Murray

CORRALEECHAN

ST. BRIGID'S CHURCH

Mass times: Sat 7pm, Wed 9:30am

Mass Intentions

Sat 23rd May 7pm No Intention
Sat 30th May 7pm Murphy Family (Ardmoneen)

St Anthony's Collection Box: €155 has been paid forward to the Franciscan Missions, Dublin. Many thanks for your donations.

Eucharistic Adoration: (Wednesdays 10am – 8pm, please come along and join us)

Eucharistic Ministers: Carmel McNiff & Philomena Dolan

Ministers of the Word: Assumpta Bohan & Kathleen McTague

Door Collectors: Gerard McGovern & Enda McNiff

AUGHAWILLAN

ST. PATRICK'S CHURCH

Mass time: Sun 9:45am

Mass Intentions

Sun 24th May 9:45am People of the Parish
Sun 31st May 9:45am Rita Campbell
Mae & John Gallagher (Killaphort) and all deceased family members

Eucharistic Ministers: Sinead Kiernan & Bernadette Mahon

Door Collectors: Donal Quinn & Michael Flanagan

Altar Society: Patricia Deane & Mary O'Haire

Ministers of the Word: Darragh Maxwell & Rachel Dolan

RECENT BAPTISMS: We welcome Finn McGirl and Rian Kenny into our Christian Community and congratulate their families on this joyous occasion.

RECENT DEATHS: We pray for Michael (Mickey) Flanagan, formerly of Lahard and Aughawillan whose funeral took place on Friday. May he rest in peace.

FIRST HOLY COMMUNION: Congratulations to Ryan, René, Tadhg, Max, Gerry and Luba from St Mary's NS Aughnasheelin, who received their First Holy Communion on Saturday 16th May.

† **CORPUS CHRISTI PROCESSION:** We invite all our First Communicants from Aughawillan, Aughnasheelin and Ballinamore, and their families to come to the 11am Mass in Ballinamore Church on Sunday 7th June (Feast of Corpus Christi) and join in the procession after mass. †

PILGRIMAGE TO ST PATRICK'S WELL, AUGHNASHEELIN: takes place on Sunday 21st June. Details to follow...

VISITATION OF THE SICK AND HOUSEBOUND: Fr Seán will visit those on his list, on Thursday 28th May.

ROSARY RALLY, KNOCK SHRINE: Saturday 6th June. International guest speakers, Fr Chris Alar, Nikki Kingsley, Bishop Oliver Doeme, St Angela De Fatima Coelho and Archbishop Eamon Martin. Remembering Fr Patrick Peyton who taught us that "a world at prayer is a world at peace." Come along and be part of Knock Rosary Rally 2026.

MARIAN MOVEMENT OF PRAYER FOR PRIESTS & FAMILIES: as requested by Our Lady of Fatima via interior Locutions to Fr Stefano Gobbi will take place on the **last Monday** of each month. Our next date is **25th May, 2026** after 7pm Mass in Prayer Room Ballinamore Church. All are welcome.

MEDJUGORJE GROUP PILGRIMAGE 2026: Journey to Medjugorje as part of our Group Pilgrimage from September 9th – 16th 2026, with Spiritual Director, **Fr Seán Mawn**. Cost of 7 nights' accommodation, including breakfast and dinner, flights from Dublin, coach transfers, airport and local taxes is **€895**. If you intend to travel on this pilgrimage **please contact Marian Foy on 087 6350506 as soon as possible, as only a few places remain.**

THE PRAY FOR LIFE NOVENA: is an invitation to join thousands of people across Ireland to pray for the protection of human life, **from Saturday 23rd May to Sunday 31st May**. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life in Ireland. Visit www.prayforlife.ie for the daily novena prayers and to sign up for daily reminders. The prayers will also be posted on [facebook.com/PrayforLifeNovena](https://www.facebook.com/PrayforLifeNovena) and @prayforlifenovena on Instagram. An initiative of the Council for Life of the Irish Catholic Bishops' Conference.

RECLICS OF ST OLIVER PLUNKETT: will visit the Conaty Chapel of the Kilmore Diocesan Pastoral Centre in Cavan on Wed 3rd June. The relics will arrive at the Centre for a Liturgical Welcome celebrated by, Bishop Martin at 10am, and will be available for veneration until 10pm that evening. Masses will be offered at 1:15pm (for those doing examinations at this time), 5:45pm, and 8pm (celebrated by Bishop Martin Hayes). There will also be opportunities to avail of the Sacrament of Reconciliation during the times of 12 noon to 1pm; 4:30pm to 5:30pm; & 6:30pm to 7:30pm.

THE LEITRIM COMMUNITY HOLY WELLS PROJECT (2026): is a community heritage initiative to research Holy Wells across Co. Leitrim. As you are aware we have two Holy Wells in our parish, St Brigid's Well in Ballinamore, and St. Patrick's Well in Aughnasheelin (if there are other wells, please let us know). St Mary's NS Aughnasheelin have agreed to gather information on St Patrick's Well and Scoil Chlann Naofa, Ballinamore will do likewise for St Brigid's Well. If you wish to share any knowledge or information about either of the Holy Wells and contribute to this project please contact the Parish Office by email: ballinamore@kilmorediocese.ie or the principal in either school.

THE NATIONAL SYNODAL PATHWAY: has reached an important moment in its journey. Currently, the working groups are meeting periodically to explore more deeply the seven priorities identified by the Catholic Church in discerning what God is asking of the Church in Ireland today. To learn more about this journey, <https://synod.ie/>

€35,000 UNCLAIMED IN 2025: Please consider completing a CHY3 form so the church can benefit from the tax you pay. **In 2025, circa €35,000 went unclaimed, which is a considerable amount.** Forms are available on the Revenue website or at the Parish Office. Make your donations go further! Take the first step today and download a CHY3 form at www.revenue.ie, or call to the Parish Office for a copy.

COMMUNITY NOTES

VINTAGE & FAMILY DAY BALLINAMORE SUNDAY 31st MAY 12PM - 4PM: Vintage and family day at St Felim's, Ballinamore, Co. Leitrim N41 XR97 Sunday 31st May in aid of Cancer Care West and Carrigallen National School Autism Unit. Large display of vintage vehicles, trade stalls, craft exhibitions and FREE kids entertainment. Live music with Kevin Logue and DJ Johnny McGovern. Gates open from 12pm to 4pm with exhibitor entry from 10am.

ANNUAL MAY WALK: in aid of North West Hospice and Cancer Society will take place in **Aughnasheelin on Sunday May 31st 2026**. Your support would be greatly appreciated.

DAWN'S ART CAMP: Hi to all you art lovers. It's that time of year again! Art camp begins Wed 24th - Fri 26th June, 3 days of painting, building, designing and having fun. 1st Class to 6th Class students. Times 10am to 1pm and venue for the Art Camp is The Den, Ballinamore (Beside the playground). Please call Dawn at **086 311 5647** for details.

ALZHEIMERS FREE INFORMATION CAFÉ: opened to everyone on the 4th Thursday of the month – 28th of May from 11am to 1pm, in The Commercial Hotel, Ballinamore. For more information contact Eileen on 087 0024190.

ATHLETIC CLUB: **Ballinamore Area Community Games in St Felim's this Sunday (24th) at 4pm.** Next fixture, Leitrim Primary Schools Championships at Sligo ATU on Wednesday June 3rd and Connacht Championships at Claremorris on Saturday June 6th. Training on Tuesdays and Thursdays at 7pm, and new members welcome.

CAVAN INSTITUTE: Adult Learner Information Morning on Tuesday, 26th May from 10am to 12pm. For more details see www.cavaninstitute.ie or contact: 049 433 2633, e-mail admin@cavaninstitute.ie

ALZHEIMER'S SOCIETY OF IRELAND – A BIG THANK YOU! to everybody who supported our very first Alzheimer's Society fundraising Tea day in The Commercial Hotel, Ballinamore, on 7th May last. Your kind generosity raised **€807** for the Alzheimer's Society of Ireland.



REFLECTION

Come, Holy Spirit, breath of God, fire of love, fill our hearts this day.

Holy Spirit, kindle in us your flame that our lives may shine with faith, our words may be spoken with love, and our actions may reveal your presence. Come, Spirit of God, and make all things new within us. **Amen.**

Parish Office Hours: Open – Mon, Thurs & Fri 9 – 4 Closed – Tue & Wed Phone: 071-9644039 ballinamore@kilmorediocese.ie

All New items for the Newsletter should be dropped into the Parish Office, Convent Road or emailed before 12 noon on Thursdays to ballinamore@kilmorediocese.ie the editor reserves the right to edit or omit items according to suitability of content & space in the newsletter.

ADDITIONAL PARISH AND COMMUNITY ITEMS

PARISH FIVE FIRST SATURDAYS: 100 year Anniversary Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration. To celebrate this 100th Anniversary of Our Lady of Fatima requesting of Sr Lucia - the 1st Saturday Devotion from all Catholics for peace in the world, the conversion of Russia and in Reparation to Her Immaculate Heart. Please join our parish in fulfilling Our Lady's important request, for the **Five First Saturdays devotions for the next 5 consecutive months - our second devotion is, Saturday 6th June 2026.** We will have our usual Saturday morning Mass at 11am, followed by Confessions, Rosary and the 15 minute meditation. Our Lady promises that there will be *PEACE* and that *MANY SOULS* will be saved through this devotion.

PARISH PRAYER GROUP: each Tuesday from 8pm-9:30pm, in the Prayer Room in Ballinamore Church.

CEMETERY SUNDAY: **Corraleehan** Sunday 26th July @ 12 noon – **Aughnasheelin** Sunday 2nd August @ 12 noon – **Aughawillan** 9th August @ 9:45am mass – **Ballinamore/Oughteragh** 16th August @ 1pm - **Priest's Cemetery, St Patrick's Church, Ballinamore** following 11am mass on Sunday 6th September.

PILGRIMAGE TO LISIEUX: September 18th to 21st, staying in a beautiful hotel across the road from the Carmel of St Therese. €795 includes flights, coach transfers, full religious programme, all dinners and some lunches. Please phone 057 93 55050 or email info@myriam.ie



WAYS OF SUPPORTING the PARISH FINANCIALLY: The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / ballinamore@kilmorediocese.ie, or you scan the QR code with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.

THE WAY: A national on-line network helping people to discover, live and pass on the Catholic faith. Find out more at www.theWay.ie, and help spread the Good News! This initiative from the Bishops' Conference is intended to be a collaborative effort which we can build together to our mutual benefit.

BOOKING ANNIVERSARY MASSES: As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email ballinamore@kilmorediocese.ie or phone **071 964 4039**

CHARITABLE DONATIONS FORM: Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area.

GENTLE REMINDER: to update your church contributions. Offertory contributions for the upkeep of your church are made payable to your local church. On-line donations can be made using the following bank details. Offertory Donations: **Ballinamore** IBAN IE26 AIBK 937037 03815040, **Aughawillan** IBAN IE19 AIBK 937037 00004036, **Corraleehan** IBAN IE32 AIBK 937037 02021111, **Aughnasheelin** IBAN IE58 AIBK 937037 03814076. All Dues contributions are made to Ballinamore Catholic Church No. 2 Account. **IBAN IE16 AIBK 937037 03815123** Your continued support is gratefully appreciated.

ENCOUNTER WEEKEND DONEGAL: Radisson Blu Hotel, Letterkenny, 6.00pm - 10.30pm Friday 5th June, 9.00am - 10.30pm Saturday 6th June. Expect to experience the presence of God through the celebration of the Sacraments, Spirit-led worship, inspiring talks, healing service, and fellowship. Keynote Speakers: Patrick Reis: co-founder and Executive Director of Encounter Ministries USA & Fr. Patrick Gonyeau who serves with the U.S. Province of the Missionaries of the Precious Blood in Ohio. For more info, email donegal@encounterschool.org Bookings at <https://encounterschoolofministrydoneg.regfox.com/encounter-conference-donegal>

✠ **WOMEN'S WRITING GROUPS WITH JANE GILHEANEY:** 📍 Ballinamore, Co. Leitrim, Thursdays, 6.30pm–8.30pm Starts May 28th. Fridays, 10.30am–12.30pm (subject to numbers), starts May 29th. €150 for a block of six sessions (usable over eight weeks). Warm, supportive, small-group atmosphere. Advance booking essential – spaces are limited. ✉ janegilheaney@gmail.com 📞 087 9412262

ISLAND THEATRE: Sunday movie nights – Sundays at 8pm, 10th May - Quiet Love, 17th May – Christy.

AUGHNASHEELIN AFTERSCHOOL: is now open and delighted to welcome new students from the wider community for the current school year! We offer a safe, engaging, and fun environment where children can learn, play, and thrive after school. We are also taking expressions of interest for September—contact us at: aug.afterschoolcare@gmail.com or 0871178796

SCOIL CHLANN NAOFA, BALLINAMORE: has commenced accepting applications for admission to our national school for the 2026/2027 school year. Please contact the school on 071 9645001 or email us at info@scoilchlannaofa.com for the enrolment pack. Application forms are also available to download from our website www.scoilchlannaofa.ie.

AUGHAWILLAN NS: is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: aughawillanns@gmail.com or contacting the office on 071 9644246.

ST. MARY'S NS AUGHNASHEELIN: is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: office@stmarysnsaughnasheelin.com or contacting the office on 0719644868.

SING TOGETHER: Further dates are: 23rd May, 18th July, 12th September, and 21st November from 11.00am – 12.30pm, come earlier for a warm-up cup of tea. Island Theatre, Ballinamore.

🎵 **TEEN SUMMER MUSIC PROGRAMME:** 20th - 23rd July and 27th - 30th July, from 10am – 2pm daily, at The Junction, Ballinamore. Led by Susan Roland, and supported by experienced music professionals. Contact: 071 9622537 or volunteerleitrim.ie/events, to book your place.

STEP OUT & JOIN IN! Ballinamore Community Walk every Tuesday morning starting March 24th 10am. Meet at The Island. Wear comfortable shoes. All welcome.

AUGHNASHEELIN CIROCAL NA mBan: Yoga continues every Wednesday evening 6.45 -7.45pm with Edel Quinn. Arts and crafts with Friends from 10am - 12.30pm every Saturday morning. This is a drop in workshop doing various arts and crafts activities. Contact Geraldine 086-3376411 for info.

🌿 **FREE GARDEN PLANNING COURSE:** The free garden planning course continues every Wednesday, 10am-2pm in the Old Vocational School, Ballinamore. Drop in or call Seamus on: 087-9168087.

AUGHNASHEELIN NS RE-TURN BIN: There is a yellow Re-Turn bin located on school grounds. All proceeds from the bottles and cans collected in this bin go directly to supporting our school and meeting the needs of our students. If you'd like to contribute, please consider disposing of your eligible bottles and cans in this bin. Your support would be greatly appreciated. Every donation helps, thank you.

THE ALZHEIMER SOCIETY OF IRELAND: now offer Day Services in Carrick on Shannon with more services to be added in the not too distant future. If you or a loved one or someone you know would benefit from our Services or like more information, then please contact Sinéad Foley Coleman by: E-mail sineadfoley.coleman@alzheimer.ie or phone 087 0680714.

ALONE: is seeking volunteers in Ballinamore to visit older people or make friendly phone calls to help prevent loneliness and isolation over the winter months. ALONE recruits, trains, and supports volunteers for two key services: **Visitation and Befriending Service:** Volunteers give **one hour per week** to provide companionship to an older person. **Telephone Support and Befriending Service:** Volunteers make friendly weekly calls to older people for a **one-hour shift**. We currently have older people throughout Sligo awaiting on both services. For more information or to get involved, please visit alone.ie or contact **Collette, Volunteer Support Officer**, at: **086 1921505** or email collette.ferguson@alone.ie

FAMILY CARERS IRELAND: is currently conducting the State of Caring 2026 Survey, an important survey to better understand the experiences of family carers. As a family carer, your input is invaluable and will contribute to shaping policies and decisions. The survey usually takes 30 minutes but this can vary. Please take part online at : <https://www.surveymonkey.com/r/StateOfCaring2026>. If you would prefer to complete a paper copy or complete the survey by phone, please contact Joanne Murphy, Research Officer| jmurphy@familycarers.ie | 086 032 6187 The survey will remain open until March 4th 2026.

MPACT: Supports families who have been affected by parental substance misuse, where there are children aged 8–17. For further information contact: M-PACT Sligo, Leitrim, West Cavan, First Floor, The Westward Town Centre, Bridge Street, Sligo. F91 XH77 Tel: 07191 50578/ 085 8759313.

THE YOUNG PARENTS SUPPORT PROGRAMME: offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: lindahalstead@homeyouthliaisonservice.ie or 087 7917000

ST PATRICK'S NATIONAL SCHOOL CORLOUGH PARENTS ASSOCIATION: would really appreciate your support! If you have plastic bottles or cans with the Re-turn symbol and are willing to donate them to raise funds for the children of St Patrick's Corlough, you can place them in the yellow Re-turn bin located in the Chapel car park at Corraleehan or Corlough church. Alternatively, there is a bin in the school.

BALLINAMORE GREENWAY PARKRUN & WALK: each Saturday at 9.30am – Meet at the Junction.

BALLINAMORE WHIST: first Thursday of each month at 8:30pm in the Island Theatre. New members welcome.

AUGHAWILLAN WHIST: second Tuesday of the month, 8:30pm. New members welcome. Spot prizes appreciated.

FAMILY CARERS IRELAND: is the National Charity Supporting 500,000+ Family Carers Nationwide, we are currently recruiting for Community Homecare Workers to provide support to clients. Work hours are flexible based on your availability. Own car and Full Driving Licence essential. Please send your CV to jobs@familycarers.ie or contact Carol on 049 8511031 or 086 4183949 for more information.

MEITHEAL: is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well - and no so well, and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please call 087-6562844 or email meitheal.ppfs@tusla.ie

TEMPLEPORT SOCIAL SERVICES-DAY CENTRE: on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all.

GROW: is a national mental health organisation offering support to people who are experiencing or have experienced mental health challenges. We invite you to join our friendly, strictly confidential, and non-judgemental weekly peer support meetings in Breffni FRC, Carrick on Shannon every Wednesday from 11am-1pm. You don't have to face this alone. With GROW, you'll find understanding, connection, and hope. For more information call Marie on 086 8516939.

AN TOBAR NUA: We provide **confidential counselling nationwide** via telephone and Zoom. Our service is **donation-based**, because we do not want finances to prevent anyone from receiving support. If you are struggling with grief, anxiety, depression, or other life challenges, we are here to help, please telephone: 091-562 175

LIFE COACH: creating inclusive, uplifting gatherings where everyone is welcome—whether you move, sit, sway, or simply enjoy the moment. These events are designed to support your wellbeing, create connection, and lift your spirit. If this speaks to you, I'd love to hear from you. Please email transformationalYES@gmail.com with a "Yes" and the name of your townland.

SENIORLINE: a national telephone service for older people open every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

LEITRIM CALLING: would like to hear from people willing to get involved as a volunteer on our Befriending Visitation Service - one hour per week commitment visiting an older person in their home for company and chat. Full training and support is provided. For further details, contact: Marion on 087 9585029 or e-mail leitrimcalling@gmail.com

MUVE HEALTHCARE provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on **089 611 1647** for more details. Our website is www.muvehealthcare.ie

THE SACRED HEART MESSENGER MAGAZINE is always a pleasant and thoughtful read with Items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



RADIO MARIA IRELAND: Thank God and sincere thanks also to our many listeners and supporters as Radio Maria continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, and Uplifting

music, Talks, Interviews and Testimonies –Here's how you can listen: **1.** via Digital TV - Saorview Channel 210, **2.** Download our FREE App "RADIO MARIA IRELAND" **3.** Streaming on our WEBSITE - www.radiomaria.ie, **4.** Via our 'Listen Live Radio' link on our Facebook Page. **5.** Via PHONE – get live radio feed by calling **+353 (0) 1 437 3277**. Why not drop a line to our Priest Director, Fr. Eamonn McCarthy by text on **089 467 2000**, by phone on **01 412 3456**, or come and pay us a visit at Radio Maria Ireland, St. Anthony's Business Park, Ballymount Road, Dublin D22 R7W2.

THE SANCTUARY is a meditation centre for social change in the heart of Dublin City. It is a charity founded by Sr. Stan Kennedy in 1998, long before meditation or mindfulness was on the tip of everyone's tongue. The Sanctuary has evolved organically over the years to include mindfulness programmes for schools, programmes for carers and those working on the frontlines of society. Moreover, it offers tailored programmes for commercial organisations, charities, and workplace and management teams. Courses are inspired by a deep and heartfelt wish and mission to nourish personal growth for greater social impact, ultimately helping to create a more resilient and just society. If you have any questions or queries about anything coming up, you can contact us by email enquiries@sanctuary.ie or call us on **01 670 5419**. For more of what's to come at the Sanctuary www.sanctuary.ie