

## BOUGHTERAGH & DRUMREILLY LOWER PARISH NEWSLETTER

22<sup>nd</sup> Feb 2026 *Aughawillan - Aughnasheelin - Ballinamore & Corraleeahan* 1<sup>st</sup> Sunday Lent  
22<sup>nd</sup> Feb Chair of St Peter the Apostle, 23<sup>rd</sup> Feb St Polycarp, 27<sup>th</sup> Feb St Gregory

PARISH OFFICE: 071-9644039 E-mail [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) Website: [Ballinamoreparish.ie](http://Ballinamoreparish.ie)

Fr. Seán Mawn P.P. Home: 071-96 81992 Mobile: 087 6869040

Fr. John McMahon (Carrigallen)

Fr. Moses Malachy C.C. Mobile: 087-490 4380

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Join us live, @ [churchtv.ie](http://churchtv.ie) Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleeahan

### BALLINAMORE - ST. PATRICK'S CHURCH

Mass times: Sat, Sun & Wed 11am, Mon 7pm, Tues, Wed & Thurs 7:30am, Fri 9am

#### Mass Intentions

Sat 21<sup>st</sup> Feb 11am Eithne & Paddy Smyth (High St)  
Sun 22<sup>nd</sup> Feb 11am People of the Parish  
Mon 23<sup>rd</sup> Feb 7pm James Mawn (Glenfarne & Boston)  
Fr Mick Lally (Ballintubber, Co. Mayo)  
Sat 28<sup>th</sup> Feb **No morning mass in Ballinamore**  
Sun 1<sup>st</sup> Mar 11am People of the Parish



Eucharistic Adoration: Fridays 9:30am – 10:30am

**Ministers of the Eucharist:** 22<sup>nd</sup> Feb Patricia McGoldrick, Marian Quinn & Leigh Murphy, 1<sup>st</sup> Mar Philomena Earley, Mary McWeeney & Aileen Wisley, 8<sup>th</sup> Mar Maeve Sharpley, Mona Creamer & Eilis O'Dell

**Ministers of the Word:** 22<sup>nd</sup> Feb Raymond McHugh, 1<sup>st</sup> Mar Gabriel Cronin, 8<sup>th</sup> Mar Mary Conlon,

**Door Collectors:** 22<sup>nd</sup> Feb Anne Kavanagh, Walter Sharpley & Ruairi Sullivan, 1<sup>st</sup> & 8<sup>th</sup> Mar Mary Corby, Mel Duignan & John Creamer, 15<sup>th</sup> & 22<sup>nd</sup> Mar Thomas Kelly & Hugh McTague Jnr

### AUGHNASHEELIN

### ST. MARY'S CHURCH

Mass times: Fri 7pm, Sat 12 noon & 8:15pm

#### Mass Intentions

Fri 20<sup>th</sup> Feb 7pm No Intention  
Sat 21<sup>st</sup> Feb 8:15pm Michael Sammon  
Terence Joe Boyle (Tullybawn) and Terence & Brigid Boyle and all deceased family members  
Fri 27<sup>th</sup> Feb 7pm No Intention  
Sat 28<sup>th</sup> Feb 12 noon John Joe Doherty (Months Mind)  
Sat 28<sup>th</sup> Feb 8:15pm No Intention

#### Lenten Stations of the Cross 2026 in Aughnasheelin

*Stations of the Cross will be led by a different lay person after 7pm Mass on six Friday's of Lent. If you would like to help out in leading the stations one Friday please call Breda Mulvanerty 0863763809*

**Eucharistic Ministers:** Des Quinn & Breege McCauley

**Door Collectors:** Charlie Kelly & Patsy McGovern

**Altar Society:** Bernadette Mahon & Caroline McGovern

**Ministers of the Word:** Kate McCauley

### CORRALEECHAN

### ST. BRIGID'S CHURCH

Mass times: Sun 9:45am, Wed 9:30am

#### Mass Intentions

Sat 22<sup>nd</sup> Feb 9:45am No Intention  
Sat 28<sup>th</sup> Feb 9:45am No Intention

Eucharistic Adoration: **Wednesdays 10am – 8pm (please come along and join us)**

**Eucharistic Ministers:** Teresa Maxwell & Annie McManus

**Ministers of the Word:** Claire McNiffe & Lawrence Fee

**Door Collectors:** Packie Maguire & Michael McGovern

### AUGHAWILLAN

### ST. PATRICK'S CHURCH

Mass time: Sat & Wed 7pm

#### Mass Intentions

Sat 21<sup>st</sup> Feb 7pm William, Mary, Stephen and Liam Gormley (Boeshill)  
Wed 25<sup>th</sup> Feb 7pm No Intention  
Sat 28<sup>th</sup> Feb 7pm Bernie & Monica Prior (Glennanmore) and all deceased members of the Prior family

**Eucharistic Ministers:** Des Quinn & Breege McCauley

**Door Collectors:** Charlie Kelly & Patsy McGovern

**Altar Society:** Bernadette Mahon & Caroline McGovern

**Ministers of the Word:** Kate McCauley

**RECENT DEATHS:** Your prayers are asked for Hazel Woolterton (Bawnboy) whose funeral took place on Friday, Anne McKiernan (Cork & Ballinamore) who died during the week and Patsy Prior (Aughawillan) whose funeral takes place on Sunday at 12:30pm in Aughawillan church. May their souls rest in peace.

**RECENT BAPTISM:** We welcome Shéa McWeeney to our Christian Community and congratulate his family on this joyous occasion.

**MARIAN MOVEMENT OF PRAYER FOR PRIESTS & FAMILIES:** as requested by Our Lady of Fatima via interior Locutions to Fr Stefano Gobbi will take place on the **last Monday** of each month. Our next date is **23<sup>rd</sup> February, 2026** after 7pm Mass in Prayer Room Ballinamore Church. All are welcome.

**PLEASE COLLECT YOUR TRÓCAIRE BOX IN THE CHURCH PORCH**

**KNOWING GOD IS THE NAME OF A GROWING IN FAITH COURSE:** which will run in St. Brigid's Parish Centre during Lent, starting at 8pm. The course consists of 6 sessions beginning on Wednesday 25<sup>th</sup> of February. The evenings will consist of a short video on a particular topic, followed by discussion and conclude with prayer. Each session will last one hour. Make this one of your Lenten resolutions!

**AFTERNOON RETREAT:** will take place for all involved in Ministry in our four churches on **Sunday March 8<sup>th</sup> from 2-6pm in Aughnasheelin Community Hall**. The retreat will be facilitated by our own Fr. Sean Kelly.

So if you are a Eucharistic Minister, Minister of the Word, choir member, collector, counter, usher, traffic attendant etc. this is for you. The evening will conclude with mass followed by refreshments. Please let Bernadette in the Parish office know if you are attending. Email: [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or Phone 071-9644039.

**A LENTEN EVENING OF PRAYER AND HEALING:** will take place in St Brigid's Church, Killygarry on Thursday February 26<sup>th</sup>. Confessions from 6pm, Holy Mass 7.30pm concluding with laying on of hands and benediction. Water, Salt and Oil will be blessed on the night. All welcome.

**BALLINAMORE WEEKLY PRAYER GROUP:** Due to **Growth in the Spirit Seminars** being held in Drumcong from Thursday 26<sup>th</sup> of February through to Thursday March the 26<sup>th</sup> (inclusive) which we plan to attend as a group, there will be **no prayer meeting on Tuesday nights** in Ballinamore from week of February 23<sup>rd</sup> to week of March 23<sup>rd</sup> 2026. We will be back in Ballinamore on Tuesday 31<sup>st</sup> of March 8pm - 9:30pm each week. All are welcome.

**DIVINE MERCY CONFERENCE 2026:** takes place in the RDS Dublin from Friday 27<sup>th</sup> Feb to 1<sup>st</sup> March. A powerful weekend with speakers Fr James Blount, Fr Adrian Crowley, Rosin Doherty and many others including Holy Mass, Adoration, Healing Service and Confessions. Tickets: Saturday €35, Sunday €25, weekend €45. More information on [www.divinemercyconference.com](http://www.divinemercyconference.com)

**EUCCHARISTIC HEALING RETREAT IN KNOCK SHRINE:** led by gifted Croatian Priest, Fr Rozo Palic Saturday March 7<sup>th</sup>. Venue: St. John's Welcome Centre; 10:00 am - 6:30 pm.

**THE WAY:** A national on-line network helping people to discover, live and pass on the Catholic faith. Find out more at [www.theWay.ie](http://www.theWay.ie), and help spread the Good News! This initiative from the Bishops' Conference is intended to be a collaborative effort which we can build together to our mutual benefit.

**† CONFIRMATION 2026:** The Sacrament of Confirmation will take place in Ballinamore at 12noon on 28<sup>th</sup> March.

**FIRST HOLY COMMUNION 2026:** The Sacrament of First Holy Communion will take place in: **Aughawillan on 3<sup>rd</sup> May at 9:45am**, **Ballinamore on 9<sup>th</sup> May at 12 noon** and **Aughnasheelin on 16<sup>th</sup> May at 12 noon**.

### COMMUNITY NOTES

**SEANAD VOTING:** registration deadline for graduates. Irish citizens with degrees from designated 3rd level colleges are eligible to vote in the 'Higher Education' constituency which replaces the NUI and Trinity panels in Seanad Éireann. Thousands of previous voters have been removed from the register. Ensure you are registered on [www.seanadvoter.ie](http://www.seanadvoter.ie) before Feb 26<sup>th</sup>. Evidence of a passport or pre-2005 birth certificate necessary. For queries email [applications@seanadvoter.ie](mailto:applications@seanadvoter.ie).

**5KM COMMUNITY WALK/RUN:** Aughawillan GAA are delighted to support a Community 5km Walk/Run in aid of **North West Hospice on Sunday, 1<sup>st</sup> March at 12 noon**. The 5km will **start and end at Aughawillan Clubrooms (N41 E446)**, with refreshments afterwards for all! Please feel free to call up for a cup of tea or coffee, even if you're not taking part in the walk! If you're looking to beat a PB or just a leisurely walk with friends, all are most welcome.

**BALLINAMORE LIBRARY – UPCOMING EVENTS:** **Shannon Water Flows** - You are invited to the launch of 'Shannon Waters Flow' with Fionnuala Maxwell, in Ballinamore Library on Wednesday February 25<sup>th</sup> at 7pm. This will be an enjoyable evening of songs, stories and cultural change in 1920's Leitrim. Free event and all are welcome.

**Digitals Skills Classes** return to Ballinamore Library from Friday 27<sup>th</sup> February for **FOUR WEEKS** only. One-to-One, one hour slots available 10-4pm. Call 071 9650476 to book. **Ireland Reads Family Storytime** with Grianne McHugh February 28<sup>th</sup> February 11-12pm. Bring the whole family and 'get lost in a book' for this National Reading event.

**CAVAN INSTITUTE OPEN DAY:** on Thursday, 5<sup>th</sup> March 2026, from 9:30 am to 3:30 pm. This is a fantastic opportunity for prospective students to explore the institute and learn about pathways available through, degree programmes, PLC and Traineeship courses. The event will be held across two locations: the Cathedral Road campus and our state-of-the-art Dublin Road campus. Register for the event at <https://www.cavaninstitute.ie>

**EPILEPSY AWARENESS DAY:** In Ireland today, over 45,000 people live with epilepsy. For further information, please visit [www.epilepsy.ie](http://www.epilepsy.ie). Purple Day (or Epilepsy Awareness Day) will take place on Thursday 26<sup>th</sup> March.

🎵 **ISLAND THEATRE:** 'The Love Hungry Farmer' by John B Keane - Seamus O'Rourke, **22<sup>nd</sup> Feb 2026**. Legends of the 60s Show, **27<sup>th</sup> Feb 2026**. 42nd BALLINAMORE DRAMA FESTIVAL, **Sat 2<sup>nd</sup> to Sun 10<sup>th</sup> Mar**. Dubliner - The Luke Kelly Story, **Sat 14<sup>th</sup> Mar**. Easter Craft Fair, **Sun 29<sup>th</sup> Mar, 12-4pm**. Here Come The Girls, **10<sup>th</sup> Apr 2026**. Details on [www.islandtheatre.ie](http://www.islandtheatre.ie)

### REFLECTION

**The life and teaching of Jesus reveal a profound spiritual principle which the world - and frequently also our own nature - finds difficult to comprehend: that from death comes life, from self-denial comes freedom, from self-sacrifice and service of others comes fulfilment and liberation.**

#### Parish Office Hours:

**Open – Mon, Thurs & Fri 9 – 4**

**Closed – Tue & Wed**

**Phone:** 071-9644039

[ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)

*All New items for the Newsletter should be dropped into the Parish Office, Convent Road or emailed before 12 noon on Thursdays to [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) the editor reserves the right to edit or omit items according to suitability of content & space in the newsletter*

## ADDITIONAL PARISH AND COMMUNITY ITEMS

**MEDJUGORJE GROUP PILGRIMAGE 2026:** Journey to Medjugorje as part of our Group Pilgrimage from September 9<sup>th</sup> – 16<sup>th</sup> 2026, with Spiritual Director, *Fr Seán Mawn*. Cost of 7 nights' accommodation, including breakfast and dinner, flights from Dublin, coach transfers, airport and local taxes is **€845 until 30th January 2026**, increasing to €895 thereafter. For booking please contact Marian Foy on 087 6350506.

**KILMORE DIOCESAN PILGRIMAGE TO LOURDES:** takes place this year from 5<sup>th</sup> – 10<sup>th</sup> of May. To book a place please contact Cavan Travel 049 4361222. Pilgrims who need assistance please contact Fr. Tom Mannion on 087 9170879. To care for the Assisted pilgrims two extra nurses are required. If you would be interested please contact Paula Brady, Director of Nursing on 0861721712.

**BOOKING ANNIVERSARY MASSES:** As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or phone **071 964 4039**

**CHURCH ENVELOPES 2026:** some church envelopes are still available for collection in all four churches. It would be appreciated if you would kindly collect your box of envelopes at your earliest convenience as they have been in use from 4<sup>th</sup> January. If you are new to the parish please contact the parish office to request your box of envelopes. Tel: 071-9644039 or email: [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)

**CHARITABLE DONATIONS FORM:** Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area.

**GENTLE REMINDER:** to update your church contributions. Offertory contributions for the upkeep of your church are made payable to your local church. On-line donations can be made using the following bank details. Offertory Donations: **Ballinamore** IBAN IE26 AIBK 937037 03815040, **Aughawillan** IBAN IE19 AIBK 937037 00004036, **Corraleehan** IBAN IE32 AIBK 937037 02021111, **Aughnasheelin** IBAN IE58 AIBK 937037 03814076. All Dues contributions are made to Ballinamore Catholic Church No. 2 Account. **IBAN IE16 AIBK 937037 03815123** Your continued support is gratefully appreciated.

**SCOIL CHLANN NAOFA, BALLINAMORE:** has commenced accepting applications for admission to our national school for the 2026/2027 school year. Please contact the school on 071 9645001 or email us at [info@scoilchlannnaofa.com](mailto:info@scoilchlannnaofa.com) for the enrolment pack. Application forms are also available to download from our website [www.scoilchlannnaofa.ie](http://www.scoilchlannnaofa.ie).

**AUGHAWILLAN NS:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [aughawillanns@gmail.com](mailto:aughawillanns@gmail.com) or contacting the office on 071 9644246.

**ST. MARY'S NS AUGHNASHEELIN:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [office@stmarysnsaughnasheelin.com](mailto:office@stmarysnsaughnasheelin.com) or contacting the office on 0719644868.

**AUGHNASHEELIN NS RE-TURN BIN:** There is a yellow Re-Turn bin located on school grounds. All proceeds from the bottles and cans collected in this bin go directly to supporting our school and meeting the needs of our students. If you'd like to contribute, please consider disposing of your eligible bottles and cans in this bin. Your support would be greatly appreciated. Every donation helps, thank you.

♪♪ **SING TOGETHER:** Further dates are: 28<sup>th</sup> March, 23<sup>rd</sup> May, 18<sup>th</sup> July, 12<sup>th</sup> September, and 21<sup>st</sup> November from 10.00am – 1.00pm. Island Theatre, Ballinamore. For more information call Sarah 087 762 0523.

**THE ALZHEIMER SOCIETY OF IRELAND:** now offer Day Services in Carrick on Shannon with more services to be added in the not too distant future. If you or a loved one or someone you know would benefit from our Services or like more information, then please contact Sinéad Foley Coleman by: E-mail [sineadfoley.coleman@alzheimer.ie](mailto:sineadfoley.coleman@alzheimer.ie) or phone 087 0680714.

**FAMILY CARERS IRELAND:** is currently conducting the State of Caring 2026 Survey, an important survey to better understand the experiences of family carers. As a family carer, your input is invaluable and will contribute to shaping policies and decisions. The survey usually takes 30 minutes but this can vary. Please take part online at : <https://www.surveymonkey.com/r/StateOfCaring2026>. If you would prefer to complete a paper copy or complete the survey by phone, please contact Joanne Murphy, Research Officer| [jmurphy@familycarers.ie](mailto:jmurphy@familycarers.ie) | 086 032 6187  
The survey will remain open until March 4th 2026.



**MPACT:** Supports families who have been affected by parental substance misuse, where there are children aged 8–17. For further information contact: M-PACT Sligo, Leitrim, West Cavan, First Floor, The Westward Town Centre, Bridge Street, Sligo. F91 XH77 Tel: 07191 50578/ 085 8759313.

**ALONE:** is seeking volunteers across Leitrim to visit older people or make friendly phone calls to help prevent loneliness and isolation over the winter months. ALONE recruits, trains, and supports volunteers for two key services: **Visitation and Befriending Service:** Volunteers give **one hour per week** to provide companionship to an older person. **Telephone Support and Befriending Service:** Volunteers make friendly weekly calls to older people for a **one-hour shift**. We currently have older people throughout Sligo awaiting on both services. For more information or to get involved, please visit [alone.ie](http://alone.ie) or contact **Collette, Volunteer Support Officer**, at: **086 1921505** or email [collette.ferguson@alone.ie](mailto:collette.ferguson@alone.ie)

**THE YOUNG PARENTS SUPPORT PROGRAMME:** offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: [lindahalstead@homeyouthliaisonservice.ie](mailto:lindahalstead@homeyouthliaisonservice.ie) or 087 7917000



**WAYS OF SUPPORTING the PARISH FINANCIALLY:** The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie), or you scan the QR code with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.




**PARISH FACEBOOK PAGE:** Our new **Oughteragh and Drumreilly Lower Parish** Facebook Page was launched earlier in 2025. Please like our new page where you can find and share our upcoming events.

**ST PATRICK'S NATIONAL SCHOOL CORLOUGH PARENTS ASSOCIATION:** would really appreciate your support! If you have plastic bottles or cans with the Re-turn symbol and are willing to donate them to raise funds for the children of St Patrick's Corlough, you can place them in the yellow Re-turn bin located in the Chapel car park at Corraleehan or Corlough church. Alternatively, there is a bin in the school.

**BALLINAMORE GREENWAY PARKRUN & WALK:** each Saturday at 9.30am – Meet at the Junction.

**BALLINAMORE WHIST:** first Thursday of each month at 8:30pm in the Island Theatre. New members welcome.

**AUGHAWILLAN WHIST:** second Tuesday of the month, 8:30pm. New members welcome. Spot prizes appreciated.

**MSLETB:**  **Digital Citizenship, AI & Communication Skills for the Workplace** in the Mohill Enterprise Centre. **Build confidence. Communicate clearly. Understand today's digital world.** This short part-time adult learning course supports learners to develop practical digital skills, understand how AI is used in everyday work, and improve communication for employment, education, and life. Apply now as places are limited. Call **071 9632024/085 8118818** or email [eileen@mct.ie](mailto:eileen@mct.ie) for more information. Course begins April 2026.

**LEAVING CERT STUDENTS:** Monaghan Institute's Open Day is taking place on Tuesday, 3<sup>rd</sup> March 10am - 6pm. Meet our staff team and learn more about studying with us in September. Go to [www.monaghaninstitute.ie](http://www.monaghaninstitute.ie).

**FAMILY CARERS IRELAND:** is the National Charity Supporting 500,000+ Family Carers Nationwide, we are currently recruiting for Community Homecare Workers to provide support to clients. Work hours are flexible based on your availability. Own car and Full Driving Licence essential. Please send your CV to [jobs@familycarers.ie](mailto:jobs@familycarers.ie) or contact Carol on 049 8511031 or 086 4183949 for more information.

**MEITHEAL:** is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well - and no so well, and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please call 087-6562844 or email [meitheal.ppfs@tusla.ie](mailto:meitheal.ppfs@tusla.ie)

**GROW:** is a national mental health organisation offering support to people who are experiencing or have experienced mental health challenges. We invite you to join our friendly, strictly confidential, and non-judgemental weekly peer support meetings in Breffni FRC, Carrick on Shannon every Wednesday from 11am-1pm. You don't have to face this alone. With GROW, you'll find understanding, connection, and hope. For more information call Marie on 086 8516939.

**AN TOBAR NUA:** We provide **confidential counselling nationwide** via telephone and Zoom. Our service is **donation-based**, because we do not want finances to prevent anyone from receiving support. If you are struggling with grief, anxiety, depression, or other life challenges, we are here to help, please telephone: 091-562 175

**LIFE COACH:** creating inclusive, uplifting gatherings where everyone is welcome—whether you move, sit, sway, or simply enjoy the moment. These events are designed to support your wellbeing, create connection, and lift your spirit. If this speaks to you, I'd love to hear from you. Please email [transformationalyes@gmail.com](mailto:transformationalyes@gmail.com) with a "Yes" and the name of your townland.

**SENIORLINE:** a national telephone service for older people open every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

**TEMPLEPORT SOCIAL SERVICES-DAY CENTRE:** on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all.

**LEITRIM CALLING:** would like to hear from people willing to get involved as a volunteer on our Befriending Visitation Service - one hour per week commitment visiting an older person in their home for company and chat. Full training and support is provided. For further details, contact: Marion on 087 9585029 or e-mail [leitrimcalling@gmail.com](mailto:leitrimcalling@gmail.com)

**MUVE HEALTHCARE** provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on **089 611 1647** for more details. Our website is [www.muvehealthcare.ie](http://www.muvehealthcare.ie)

**THE SACRED HEART MESSENGER MAGAZINE** is always a pleasant and thoughtful read with Items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



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**THE SANCTUARY** is a meditation centre for social change in the heart of Dublin City. It is a charity founded by Sr. Stan Kennedy in 1998, long before meditation or mindfulness was on the tip of everyone's tongue. The Sanctuary has evolved organically over the years to include mindfulness programmes for schools, programmes for carers and those working on the frontlines of society. Moreover, it offers tailored programmes for commercial organisations, charities, and workplace and management teams. Courses are inspired by a deep and heartfelt wish and mission to nourish personal growth for greater social impact, ultimately helping to create a more resilient and just society. If you have any questions or queries about anything coming up, you can contact us by email [enquiries@sanctuary.ie](mailto:enquiries@sanctuary.ie) or call us on **01 670 5419**. For more of what's to come at the Sanctuary [www.sanctuary.ie](http://www.sanctuary.ie)