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Parish Office Hours: Open – Mon, Thurs & Fri 9 – 4 Closed – Tue & Wed

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Join us live, @ churchtv.ie Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleeahan

BALLINAMORE - ST. PATRICK'S CHURCH

Mass times: Sun 11am, Mon & Wed 7pm, Tues, Thurs & Fri 9am

Mass Intentions

Sat 19th Sept **No morning mass in Ballinamore on Sat 19th**

Sun 20th Sept 11am

Ben Donoghue (Garadice)

Seamus Beirne (Ardrum) and his parents Jack and Mae Beirne

Paddy McGarry

Deirdre Meehan

Sat 26th Sept **No morning mass in Ballinamore on Sat 26th**

Sun 27th Sept 11am

Tom & Alice McGovern (Ballyduff) and Mary Travers (Railway Road)

Eucharistic Adoration: (Fridays 9:30am – 10:30am, all are welcome)

Ministers of the Eucharist: 20th Sept Patricia Griffin, James Maguire & Brendan Sweeney, 27th Sept Máirín Martin, Mona Creamer & Liam McGovern, 4th Oct Patricia McGoldrick, Marian Quinn & Leigh Murphy.

Ministers of the Word: 20th Sept PJ McLoughlin, 27th Sept Mary Corby, 4th Oct Gerard D'Arcy, 11th Oct Ann Gillen.

Door Collectors: 20th Sept Damien O'Brien, Andy O'Rourke & Rory O'Rourke, 27th Sept & 4th Oct Camillus Martin, Michael Fanning & Gerard D'Arcy. 11th & 18th Oct Ann Kavanagh, Walter Sharpley & Ruairí O'Sullivan.

AUGHNASHEELIN

ST. MARY'S CHURCH

Mass times: Fri 7pm, Sat 8:15pm

Mass Intentions

Fri 18th Sept 7pm

No Intention

Sat 19th Sept 8:15pm

People of the Parish

Fri 25th Sept

No Mass this Evening

Sat 26th Sept 12noon

Deceased members of the Dolan family, Aughnasheelin. Mary Ann, Jack, Fr Joe, Fr Leo, Br Tony & Vincent, Canon Joe & Fr Ben.

Sat 26th Sept 8:15pm

Michael Loughlin and all deceased family members

Eucharistic Adoration: (Wednesdays, 11am – 12 noon and 8pm – 10pm)

Eucharistic Ministers: 19th & 26th Sept Sharon O'Dowd & Brendan Sammon, 3rd & 10th Oct Terence Boyle & Kelan Mulvanerty

Ministers of the Word: Liam Prior & Breda Mulvanerty **Door Collectors:** Monica Ward, Mary Dolan-Costello & Catherine Prior

CORRALEECHAN

ST. BRIGID'S CHURCH

Mass times: Sat 7pm

Mass Intentions

Sat 19th Sept 7pm

Gerard Mawell (Kiltyhugh) and all deceased family members

Sat 26th Sept 7pm

Brian Prior & Ann McKeague née Dolan (Garryfluich & New York) and all deceased members of the Prior and Dolan families.

Eucharistic Adoration: (Wednesdays 10am – 8pm, please come along and join us)

Eucharistic Ministers: Carmel McNiff & Philomena Dolan

Ministers of the Word: Helen McGovern & Sean McNiff

Door Collectors: Conor McGovern & Ciarán Dolan

AUGHAWILLAN

ST. PATRICK'S CHURCH

Mass time: Sun 9:45am.

Mass

Sun 20th Sept 9:45am

John Stretton (Boeshill) and deceased family members

Desy & Nora Quinn (Kilaphort) and deceased family members

Sun 27th Sept 9:45am

James & Brigid McBrien (Glennanbeg)

Eucharistic Ministers: Michelle Dolan & Mary Farrell Quinn

Altar Society: Christina Stringer & Bridie McGovern

Ministers of the Word: Ava Gaffney & Rachel Dolan

Door Collectors: Michael Quinn & Francis McTague

PARISH PASTORAL COUNCIL INFORMATION MEETINGS: this September, we will be holding a series of information evenings for parishes. We are inviting anyone who may be interested to come along and hear more about Parish Pastoral Councils and, perhaps, other areas of ministry in which they could become involved within their parish. The Parishes of Oughteragh Lower Drumreilly, Carrigallen, Killeshandra, Corlough-Templeport and Kildallan will have their information meeting on 22nd September in Carrigallen Community Centre at 8pm.

CHANGE IN MASS TIMES: Please note from the weekend of 3rd & 4th October until the 31st of December 2026, the following will be the schedule for weekend masses: Corraleeahan Saturdays at 7pm, Ballinamore Sundays at 11am. Aughawillan and Aughnasheelin will rotate the Sunday 9.45am mass commencing in Aughawillan on Sunday 4th October.

FRANCISCAN MISSIONARY SISTERS FROM AFRICA: A warm welcome to the Sisters. This weekend they will speak about the work they do at our Saturday evening masses and at our Sunday morning masses.

BLESSING OF PETS: This is an annual tradition celebrated around the feast of St. Francis. You are invited to please bring your pets along to **the Junction at St. Felim's Square** for a blessing on **Sunday the 4th of October at 3pm**.

HUMAN LIFE INTERNATIONAL IRELAND: Fr Lawrence Carney (USA), international speaker and popular author, Provincial Tour of Ireland. Join us for the Connacht event at the Blessed Sacrament Chapel, Knock Shrine, on 25th September at 6:45pm, with a First-Class Relic of St Thérèse. Free admission.

ÉIRU IN CONCERT: in St Patrick's Church Glangevlin to celebrate the 170th Anniversary of the Church – Sunday 27th September at 7.30 pm. This promises to be a most enjoyable evening. Please consider supporting.

♥ **MARRIAGE ENRICHMENT WEEKEND:** A Weekend Like No Other. Take time out for just the two of you. Whether newly married or many years together, rediscover the love that brought you together. Friday 2nd – Sunday 4th October 2026. Focolare Centre, Prosperous, Co. Kildare. Apply online: www.marriageencounter.ie · 087 629 9153.

ACCORD CLG: is seeking an Executive Director who will be the chief executive officer of Accord CLG and be responsible for providing strategic and operational leadership across the organisation. The deadline for applications is 12 noon on Monday, 28th September 2026. For more information, visit, www.forvismazars.com/ie/en/executiverecruitment.

COMMUNITY NOTES

TEMPLEPORT DAY CENTRE: will re-open on Wednesday next, September 23rd. Usual transport arrangements in place. Looking forward to seeing you all back again.

IF YOU CAN POSSIBLY HELP? If you live in Ballinamore and have a spare room, would you consider renting it to a young French Teaching Assistant for the duration of the school year? Ideally within walking distance of Ballinamore Community School. Please contact Mathéo on WhatsApp 0033 0603632182, or the Parish Office. Thank you.

ALZHEIMERS FREE INFORMATION CAFE: opened to everyone on the 4th Thursday of the month – 24th September 11AM to 1PM, in The Commercial Hotel. For more information contact Eileen on 087 0024190.

CARERS & CARERS SUPPORT INFORMATION EVENING: Family Carers Ireland will be in attendance to provide information on the various supports available for Family Carers, Wednesday 23rd of September 7 -9pm, Mohill Support Centre, Canon Donohoe Hall, Mohill, N41 Y2F5. Light refreshments included.

CIORCAL NA mBAN AUGHNASHEELIN: A talk on cyber security and fraud awareness will be held on Monday 21st September at 11am in Aughnasheelin Community Centre. This information event is run by AIB Bank. The **purpose of this initiative** is to raise people's understanding of scams and fraud, which includes text messaging scams, phone call scams, investment scams, romance scams, and secure online shopping. A relevant FREE event for all regardless of who you bank with. Approximately 45 minutes with tea, coffee and a chat afterwards.

CIORCAL NA mBAN AUGHNASHEELIN WOMENS GROUP: Our classes are back running again after the Summer.

▪ **Tai Chi** will run for 4 weeks from next Tues 22nd Sept, from 8-9pm in the Community Centre. Tai Chi is a very gentle meditative movement with great benefits for the body and mind. Why not give it a try? No equipment needed just loose-fitting clothes. Open to men and women. Text Clare at 085-7071698. ▪ **Yoga with Edel** will run on Thursday evenings from 6.15pm in the Community Centre. Text 086-6083516 to book a spot. ▪ **Chair yoga** started last Thursday great to have Sinead back with us and great interest class is full, but if anyone is interested in going to the next block text Geraldine at 086-3376411

▪ **Drop-in arts and crafts workshop** on Saturday mornings in the Community Centre 10-12.30pm. For the next 4 weeks we are doing a "fabric of home" project but if anyone wants to pop in to see what's going on, please do.

QQI LEVEL 5 UNDERSTANDING COMMUNITY DEVELOPMENT 5N1901 COURSE: in The Den, Ballinamore, starting Monday 28th September. 10:00 AM – 3:00 PM. **INFORMATION SESSION:** Monday, 21st September @ 10am in The Den, Ballinamore N41R522. FREE COURSE. Delivered by LDCO in collaboration with MSLETB.

SCOIL CHLANN NAOFA- BÉAL AN ÁTHA MÓIR: Still time to support a "**Clothes for Cash**" collection in aid of the new astro pitch at Sean O'Heslin's GAA grounds. Please leave bags **in the rear of the After-School building** between **9am and 10am** on **Mon 21st, Tues 22nd and Wed 23rd of September**. Bags will be collected on Wednesday the 23rd of September. All donations should be clean and in good condition. All support is greatly appreciated.

TIN WHISTLE AND MUSIC CLASSES: Classes for beginners and improvers on fiddle and tin whistle in Seán O'Heslin's GAA club every week. For information and to book ring Sarah at 083 483 5881.

ATHLETIC CLUB: The Leitrim Primary Schools Cross Country Championships take place in St Felim's on Wednesday next at 11.30AM. There are four races - 3rd & 4th class girls, 3rd& 4th class boys, 5th & 6th class girls, 5th & 6th class boys, each race is three laps of the field.

LINE DANCING: John and Julie will return to Corlough Community Centre with their line dancing classes on Tues. 22nd Sept. and will continue up to and including 1st December. Class is from 8pm – 9pm. Cost: €7 per adult and €3 per student. All people under 18years of age must be accompanied by an adult.

BALLINAMORE COMMUNITY DEN: Ballinamore Area Community Council Clg are very grateful to the Community Centre Investment Fund, which enabled them to insulate/upgrade The Den. Lots of activities are now taking place there: **Mondays** – Women's Group Art Classes; **Tuesdays** – Cumann na bhFiann; **Wednesdays** - Assorted Fitness with Michelle; **Fridays** - Pilates with Edel. **Our office is open Mondays to Wednesdays from 9am** if you have any queries or would like to see the venue. It can also be booked for Children's Birthday Parties, with a spacious room, kitchen and toilet facilities and adjacent to the Children's Playground. Info: 0873835513.

BAWNBOY COMMUNITY FESTIVAL: is holding a tractor run in memory of Cecil Finlay on Sunday 27th September @ 2pm. GAA Pitch departure 3pm. Entry by donation all monies raised goes to St Luke's and local charities.

SAVE THE DATE: The Ballinamore Area Twinning Association will be holding a table quiz on Friday, **October 30th in Jackie's, The Lakeland Bar, 8pm**. The 5th – 10th May 2027 will see 30 of our friends from Plouezec, Brittany come to celebrate the 30th Anniversary between our two towns. Your support for our fundraising efforts will be greatly appreciated.

REFLECTION

Lord, when I compare myself to others, remind me that Your generosity is beyond measure and Your love is given freely to all. Teach me to rejoice in the blessings of others and to trust gratefully in the goodness of Your kingdom. Amen.

ADDITIONAL PARISH AND COMMUNITY ITEMS

MARIAN MOVEMENT OF PRAYER FOR PRIESTS & FAMILIES: as requested by Our Lady of Fatima via interior Locutions to Fr Stefano Gobbi will take place on the **last Monday** of each month. Our next date is **28th September, 2026** after 7pm Mass in the Prayer Room in Ballinamore Church. All are welcome.

AUGHNASHEELIN APOSTOLIC: Honorary Membership now due, this goes towards helping our Priests and Nuns who work abroad on the Missions, all donations greatly appreciated, can be given to Maura 087 648 6967.

PARISH PRAYER GROUP: each Tuesday from 8pm-9:30pm, in the Prayer Room in Ballinamore Church.

CHARITABLE DONATIONS FORM: Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area. **Forms are available in each church porch.**

PARISH FIVE FIRST SATURDAYS: 100-year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration continues with our **fifth and final Saturday devotion on, Saturday 5th September 2026**. We will have our usual Saturday morning Mass at 11am, followed by Confessions, Rosary and a 15-minute meditation. Our Lady promises that there will be *PEACE* and that *MANY SOULS* will be saved through this devotion.

REMINDER - PARISH FIVE FIRST SATURDAYS: 100-year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration continues with our **fifth and final Saturday devotion on 5th September after 11am mass**.

CARE OF CREATION: Bishop Martin encourages every parish and church area to take initiatives to transform underutilised church grounds into biodiversity havens. With this in mind, we invite and encourage each church area to form a Care of Creation Team.

LEGION OF MARY: It would be wonderful to see a revival in the Legion of Mary in our Parish. If you have an interest in becoming involved please contact Oliver Donohue 087-6860663 and he will be glad to assist.

STUDY THEOLOGY ONLINE, is this for you? The Priory Institute provides online Theology courses to degree level. Attend Saturday lectures in Tallaght or from the comfort of your own home. Register now to begin on 19th Sept. Find out more on our website, prioryinstitute.com

MARRIAGE ENRICHMENT WEEKEND (2–4 OCT 2026): Marriage Encounter Ireland invites married couples to a residential Weekend from Friday 2nd to Sunday 4th October 2026 at the "Focolare Centre" "Curryhills", Prosperous, Co. Kildare. Step away from daily distractions to deepen your communication, renew your love, and rediscover the joy of your marriage. www.marriageencounter.ie

ABIDE IN HIS LOVE WOMEN'S CONFERENCE: The Great Northern Hotel, Bundoran, 20–22 November 2026. Join women from across Ireland for a faith-filled weekend with inspiring speakers including Sarah Swafford, Danielle Noonan, Fr Mark Wharton, Fr Barry Braum, Fr Oisín Martin, the Dominican Sisters of Nashville, Bishop Fintan Gavin, and more. A conference not to be missed! Register now: <https://abideinhislove.eventbrite.com/>

PARISH PRAYER GROUP: each Tuesday from 8pm-9:30pm, in the Prayer Room in Ballinamore Church.



WAYS OF SUPPORTING the PARISH FINANCIALLY: The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / ballinamore@kilmorediocese.ie, or you scan the QR code with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.

ANNUAL ACKNOWLEDGEMENTS 2025: please contact the Parish Office if you require your 2025 acknowledgement by emailing: ballinamore@kilmorediocese.ie and requesting it, or call to the Parish Office (opening hours below) and request a printed copy.

THE WAY: A national on-line network helping people to discover, live and pass on the Catholic faith. Find out more at www.theWay.ie, and help spread the Good News! This initiative from the Bishops' Conference is intended to be a collaborative effort which we can build together to our mutual benefit.

BOOKING ANNIVERSARY MASSES: As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions, the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email ballinamore@kilmorediocese.ie or phone **071 964 4039**

GENTLE REMINDER: to update your church contributions. Offertory contributions for the upkeep of your church are made payable to your local church. On-line donations can be made using the following bank details. Offertory Donations: **Ballinamore** IBAN IE26 AIBK 937037 03815040, **Aughawillan** IBAN IE19 AIBK 937037 00004036, **Corraleehan** IBAN IE32 AIBK 937037 02021111, **Aughnasheelin** IBAN IE58 AIBK 937037 03814076. All Dues contributions are made to Ballinamore Catholic Church No. 2 Account. **IBAN IE16 AIBK 937037 03815123** Your continued support is gratefully appreciated.

BALLINAMORE LIBRARY EVENTS: ▪ **Think Global Act Local:** Discover the Sustainable Development Goals at an interactive workshop run by the Good Energies Alliance which will focus on practical local solutions. Tues 22nd Sept, 5.30-7pm @ Ballinamore Library. Register at the desk, or phone 0719650476 or e-mail ballinamorelibrary@leirimcoco.ie.

THE IRISH CANCER SOCIETY: is seeking compassionate volunteer drivers to join our pool of drivers. If you can spare 2 days per month, have a valid driving licence, and a safe, reliable vehicle, you are the perfect candidate to make a significant difference. For further information, please contact Monica or Emily at volunteer@irishcancer.ie

LEITRIM YOUTHREACH: provides education and training opportunities for young people aged 15-20 who are looking to re-engage with education and build their future. Enrolment for LCA Programme now open. For further information, please contact: **Karen Murray** 071 968 6018/karenmurray@msletb.ie

AUGHNASHEELIN AFTERSCHOOL: is now open and delighted to welcome new students from the wider community for the current school year! We offer a safe, engaging, and fun environment where children can learn, play, and thrive after school. We are also taking expressions of interest for September—contact us at: aug.afterschoolcare@gmail.com or 0871178796

SAFETALK – SUICIDE TRAINING AND PREVENTION: free training taking place on Tuesday, 20th October 2026 from 10am – 1:30pm, in The Landmark Hotel, Carrick-On-Shannon, Co. Leitrim, N41 N9W4. To book email darlene@breakthrough.org.

WALKING FOR ALL: **Free Weekly Walk** organised by Leitrim Sports Partnership, funded by PEACEPLUS, meets TUESDAYS 10AM at THE BASIN BALLINAMORE. Accessible & social local walks lead by trained leader. Register at www.walkingforall.com. More information from dillon.keane@leirimcoco.ie.

ALZHEIMER SOCIETY OF IRELAND – LOCAL SERVICES: A Day Service runs every Friday (9.30am–2.15pm) in Carrick-on-Shannon. The service offers dementia-specific care, including social activities, gentle therapeutic programmes, and support in a safe, friendly and welcoming environment. For details, contact Sinéad: 087 068 071

SCOIL CHLANN NAOFA, BALLINAMORE: has commenced accepting applications for admission to our national school for the 2026/2027 school year. Please contact the school on 071 9645001 or email us at info@scoilchlannnaofa.com for the enrolment pack. Application forms are also available to download from our website www.scoilchlannnaofa.ie.

AUGHAWILLAN NS: is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: aughawillanns@gmail.com or contacting the office on 071 9644246.

ST. MARY'S NS AUGHNASHEELIN: is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: office@stmarysnsaughnasheelin.com or contacting the office on 0719644868.

BALLINAMORE LIBRARY EVENTS: ▪ **Craft in Company:** Join a friendly group of needle crafters every Thursday at 11-1pm for problem solving and a chat at Ballinamore Library. Refreshments Served. ▪ **Mum2Mum Breast Feeding Support Group** Meets on the 2nd and 4th Tuesday of every month at Ballinamore Library 10-12pm. All new mums welcome (whether breast feeding or not). Refreshments served. For more information contact Nadia 086 8618460.

ISLAND THEATRE: 10th Oct - Harvest – Neil Young Tribue, 17th Oct - Elvis Spectacular. Details at: www.islandtheatre.ie

SING TOGETHER: Further dates are: 21st November from 11.00am – 12.30pm, come earlier for a warm-up cup of tea. Island Theatre, Ballinamore.

INTERESTED IN PLAYING A NEW SPORT? Come along and try Pickleball any **Thursday evening in Ballinamore Sports Complex at 8pm**. 18+ years, suitable for men and women. Fun guaranteed. €5 cover, no equipment needed

FULL-TIME ADULT EDUCATION COURSES: starting September 2026: in Leitrim College of Further Education and Training located at both our **Drumshanbo campus** and **Carrick on Shannon campus**, The Courtyard, N41 A386 and N41 TE20. Find out about our QQI Level 5 & 6 courses in Business, Equine, Health Nutrition and Food Science, Healthcare Skills, Music, Outdoor Sports and Recreation, Psychology, Youth and Social Studies and Tourism on our website www.leitrimcollege.ie, Facebook and Instagram pages @LeitrimCollege or call 089-2667813.

AUGHAWILLAN WHIST: second Tuesday of the month, 8:30pm in Aughawillan hall. New members welcome.

BALLINAMORE WHIST: first Thursday of each month at 8:30pm in the Island Theatre. New members welcome.

THE ALZHEIMER SOCIETY OF IRELAND: now offer Day Services in Carrick on Shannon with more services to be added in the not-too-distant future. If you or a loved one or someone you know would benefit from our Services or like more information, then please contact Sinéad Foley Coleman by: E-mail sineadfoley.coleman@alzheimier.ie or phone 087 0680714.

THE YOUNG PARENTS SUPPORT PROGRAMME: offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: lindahalstead@homeyouthliaisonservice.ie or 087 7917000

MPACT: Supports families who have been affected by parental substance misuse, where there are children aged 8–17. For further information contact: M-PACT Sligo, Leitrim, West Cavan, First Floor, The Westward Town Centre, Bridge Street, Sligo. F91 XH77 Tel: 07191 50578/ 085 8759313.

ALONE: is seeking volunteers in Ballinamore to visit older people or make friendly phone calls to help prevent loneliness and isolation over the winter months. ALONE recruits, trains, and supports volunteers for two key services: **Visitation and Befriending Service:** Volunteers give **one hour per week** to provide companionship to an older person. **Telephone Support and Befriending Service:** Volunteers make friendly weekly calls to older people for a **one-hour shift**. We currently have older people throughout Sligo awaiting on both services. For more information or to get involved, please visit alone.ie or contact **Collette, Volunteer Support Officer**, at: **086 1921505** or email collette.ferguson@alone.ie

WRITING CLUBS WITH JANE GILHEANY: • A new daytime Women's Writing Group facilitated by Jane Gilheaney begins on Thursday, 24th September, meeting from 12.30pm–2.30pm in Ballinamore. Contact Jane Gilheaney on 087 9412262 or email janegilheaney@gmail.com.

ST PATRICK'S NATIONAL SCHOOL CORLOUGH PARENTS ASSOCIATION: would really appreciate your support! If you have plastic bottles or cans with the Re-turn symbol and are willing to donate them to raise funds for the children of St Patrick's Corlough, you can place them in the yellow Re-turn bin located in the Chapel car park at Corraleehan or Corlough church. Alternatively, there is a bin in the school.

BALLINAMORE GREENWAY PARKRUN & WALK: each Saturday at 9.30am – Meet at the Junction.

MEITHEAL: is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well - and no so well, and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please call 087-6562844 or email meitheal.ppfs@tusla.ie

TEMPLEPORT SOCIAL SERVICES-DAY CENTRE: on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all.

GROW: is a national mental health organisation offering support to people who are experiencing or have experienced mental health challenges. We invite you to join our friendly, strictly confidential, and non-judgmental weekly peer support meetings in Breffni FRC, Carrick on Shannon every Wednesday from 11am-1pm. You don't have to face this alone. With GROW, you'll find understanding, connection, and hope. For more information call Marie on 086 8516939.

AN TOBAR NUA: We provide **confidential counselling nationwide** via telephone and Zoom. Our service is **donation-based**, because we do not want finances to prevent anyone from receiving support. If you are struggling with grief, anxiety, depression, or other life challenges, we are here to help, please telephone: 091-562 175

SENIORLINE: a national telephone service for older people opens every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

LEITRIM CALLING: would like to hear from people willing to get involved as a volunteer on our Befriending Visitation Service - one hour per week commitment visiting an older person in their home for company and chat. Full training and support is provided. For further details, contact: Marion on 087 9585029 or e-mail leitrimcalling@gmail.com

THE SACRED HEART MESSENGER MAGAZINE is always a pleasant and thoughtful read with Items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



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