

## OUGHTERAGH & DRUMREILLY LOWER PARISH NEWSLETTER

18<sup>th</sup> May 2025 *Aughawillan - Aughnasheelin - Ballinamore & Corraleeahan*

20<sup>th</sup> St Bernadine, 22<sup>nd</sup> St Rita

Fr. Seán Mawn P.P.

Home 071-96 81992 Mob 087-686 9040

Fr. Malachy Moses C.C. Mob 087-490 4380

Join us live, @ [churchtv.ie](http://churchtv.ie) Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleeahan

Fr. John Mc Mahon (Carrigallen)

Tel: 049-43 39610 Mob. 086-212 6582

Website: [ballinamoreparish.com](http://ballinamoreparish.com)



### BALLINAMORE – St. PATRICK'S CHURCH

Mass times: Sat & Sun 11am, Mon & Wed 7pm, Tues, Thurs & Fri 9am.

Sat 17<sup>th</sup> May 12 noon First Holy Communion

Sun 18<sup>th</sup> May 11am Kathleen & Gerry Ferguson (Kiltygerry)  
Vincy & Anna Gallogly (Drumrane)

Elizabeth Duignan (Killaneen)

Agnes Shortt and her son Peter

Sat 24<sup>th</sup> May James Dooner

Sun 25<sup>th</sup> May Peter Martin (1<sup>st</sup> Anniversary) and his wife Eileen Martin (Lahard)

Sweeney family (Tullyoscar) and Felix McGoldrick (Ardrum)

Sonnie & Kathleen Maxwell (Dromore) and all deceased family members

**Eucharistic Adoration: Fridays 9.30am –10.30am**

**Eucharist Ministers** 18<sup>th</sup> May, Evelyn McHugh, Marian Sharpley & PJ McLoughlin 25<sup>th</sup> May, Brendan Sweeney & Eilis O'Dell 1<sup>st</sup> June, Michael Duignan, Peggy Ferguson & Máirín Martin

**Ministers of the Word** 18<sup>th</sup> May Ciara Creamer, 25<sup>th</sup> May Kay Maguire, 1<sup>st</sup> June John D'Arcy,  
8<sup>th</sup> June Siobhan Dolan, 15<sup>th</sup> June Alan Banks

**Door Collectors:** 18<sup>th</sup> May James Maguire, Seamus McGrath, Declan Cumiskey, 25<sup>th</sup> & 31<sup>st</sup> May John O'Connell & David McBrien, 1<sup>st</sup> & 8<sup>th</sup> June Damien O'Brien, Andy O'Rourke, Rory O'Rourke.

### AUGHNASHEELIN - St. MARY'S CHURCH

Mass times: Fri 7pm Sat 8:15pm

#### Mass Intentions

Sat 17<sup>th</sup> 8:15pm

Deceased members of the **Harvey family** (Knockacullion)

**Jimmy & Katie Horan** (Ballinamethogue) their daughter **Kathleen McTeigue** and grand-daughter **Kathleen Fitzgerald** (New Hampshire)

**Michael & Kathleen Bohan** (Kiltybarden) and deceased members of the **Bohan and Gralton** families

Sun 18<sup>th</sup> 12 noon

**First Holy Communion** – Marie Costello, Months Mind.

Sat 24<sup>th</sup> 7pm

**!Change of mass time!** May Sammon

(mass will take place at St Patrick's Well to mark Jubilee Year)

Sun 18<sup>th</sup> 12 noon

**First Holy Communion** – Marie Costello, Months Mind.

**Eucharistic Adoration: Wednesdays, 11am - 12noon and 8pm - 10pm**

**Eucharistic Ministers:** 17<sup>th</sup> May Terence Boyle & Kealen Mulvanerty,

24<sup>th</sup> & 31<sup>st</sup> May Mary Rooney & Breda Mulvanerty, 7<sup>th</sup> & 14<sup>th</sup> June Caroline Sammon & Kerry Meehan

**Readers:** Maedhbh McTeague, Cillian McWeeney & Daniel Murray

**Door Collectors:** Philip Roddy, Damien Kellegher & Thomas Prior.

### CORRALEECHAN - St. BRIGID'S CHURCH

Mass times: Wed 9:30am Sat 7pm

#### Mass Intentions

Sat 17<sup>th</sup> May 7pm

People of the Parish

Sat 24<sup>th</sup> May 8:15pm

**!Change of mass time!**

Pat & Francie Fox and their parents Mary Susan and Patrick Fox.

**Eucharistic Ministers** Carmel McNiffe & Philomena Dolan **Altar Society** Damien Gilheany & Pat Joe McNiff

**Ministers of the Word** Assumpta Bohan & Kathleen McTague **Door Collectors** Gerard McGovern & Enda McNiff

### AUGHAWILLAN – St. PATRICK'S CHURCH

Mass times: Sun, 9:45am

#### Mass Intentions

Sun 18<sup>th</sup> May 9:45am Tom Counihan (Drumreilly)

Sun 25<sup>th</sup> May 9:45am Pee, Brigid, Jack, Frank and Peter Prior (Lecken)

Celia & John Maxwell (Crockawaddy) and all deceased family members.

**Eucharistic Ministers** Pat Stringer & Angela Sutherland

**Altar Society** Patricia Deane & Mary O'Haire

**Ministers of the Word** Darragh Maxwell & Rachel Dolan

**Door Collectors** Donal Flynn & Michael Flanagan

**RECENT DEATHS:** Your prayers are asked for Sonny Murphy (Drumderg, Corraleeahan), Brendan Brennan (Railway Road, Ballinamore) and Peter Cassels, (New York and Kiltubrid) brother of Patsy Cassels and Vera Gough, whose funerals took place recently. May their souls rest in eternal peace.

**NEW EUCHARISTIC MINISTERS:** Nomination slips are still available at the rear of each church. You may now post your nomination slip in the box provided. Training will be provided at the end of May or early June.

**PADRE PIO PETITIONS:** A box for petitions, is currently in the Padre Pio side altar in Ballinamore church. All petitions will be brought to the tomb of Padre Pio and offered up during Mass which is being said there in the course of pilgrimage taking place from the 20<sup>th</sup> to 28<sup>th</sup> May.

**OUGHTERAGH PARISH - LOUGH DERG:** One day retreat for our parish takes place on Sat 23<sup>rd</sup> August 2025. For more information or bookings contact the parish office 071-9644039 or 087-9610911.

**MASS AT ST. PATRICK'S WELL AUGHNASHEELIN:** As part of our celebrations for the Jubilee Year of Hope it is planned to celebrate a mass at St. Patrick's Well (weather permitting) on **Saturday May 24<sup>th</sup>**. This will coincide with The Aughnasheelin Gathering Event which takes place that weekend. The mass is scheduled for **7pm** and to keep in the spirit of a pilgrimage it is suggested that (for those who are able) to walk from the church to the well. More details next week. Mass in Corraleehan church that evening will be at 8:15pm.

**THE MARIAN MOVEMENT FOR PRIESTS:** founded by Italian, Fr Stefano Gobbi. This worldwide movement includes priests and laity who gather monthly to pray for vocations, imploring the help of Mary and the Holy Spirit. All are invited to attend the first meeting of the cenacle, (a word for the upper room where Mary and the Apostles gathered before Pentecost) in St Brigid's Prayer room in Ballinamore Church on Wed 21<sup>st</sup> May after 7pm mass.

**RELICS OF ST OLIVER PLUNKETT:** will visit The Conaty Chapel of the Kilmore Diocesan Pastoral Centre in Cavan on Wed 21<sup>st</sup> May 2025 through the kind support of the Knights of St. Columbanus. Arriving at the Centre at 10am followed by veneration until 10pm that evening. There will be a lunchtime Mass in the Chapel at 1:15pm (being offered for those doing exams at this time), an early-evening Mass at 5:45pm and one at 8pm celebrated by Bishop Martin Hayes. There will be opportunities for Confessions throughout the day. Petitions/Donations may be sent to the St. Oliver Plunkett Novena, Kilmore Diocesan Pastoral Centre, Cullies, Cavan H12 E5C7.

**ONLINE PRAYER FOR LIFE NOVENA:** 23rd May - 31st May 2025 for the protection of human. Available at The Irish Catholic Bishops' Council for Life website, [www.councilforlife.ie/pray-for-life-novena/](http://www.councilforlife.ie/pray-for-life-novena/) and at <https://prayforlife.ie/>

**ANAM CARA:** supporting parents after bereavement, are hosting an Online Bereavement Information evening on Thursday 22nd May 2025 at 7pm. Contact: Office 01-4045378, Information Line 085 2888 888, [www.anamcara.ie](http://www.anamcara.ie).

### COMMUNITY NOTES

**ATHLETIC CLUB:** Our thanks to all who took part in and helped with the Leitrim Team Competition on Tuesday evening last. Training continues Tues and Thurs at 7pm, until mid-June with new members welcome. Next competition is the County Athletics Championships for Under 9s upwards, on Wed May 28th

**BALLINAMORE LIBRARY EVENT:** 'Where trains once ran' a talk by Pdraig Griffin in Ballinamore Library on Saturday May 24th at 8pm. Free event and all are welcome.

**LEITRIM ALZHEIMER CAFÉ:** Free Information Café on 4th Thursday of each month. 22nd May, 11am to 1pm in the Commercial Hotel, Ballinamore. Contact Mary 087 0024190.

**AUGHNASHEELIN 5KM/10KM MAY WALK:** This Annual May Walk in aid of Cancer Research/North West Hospice will take place on **Sun May 25<sup>th</sup>** from Aughnasheelin Community Centre at **1pm**. Your support would be greatly appreciated. Registration is €10.00. If you can't walk please join us in the Community Centre after the event for refreshments, a cuppa and a chat.

**AUGHNASHEELIN GATHERING EVENT:** The Leitrim gathering weekend takes place from 23rd-25th May and here in Aughnasheelin we will have our local event on **Saturday 24th May**. This is a day to highlight old traditions of the area and will include demonstrations on boxty making and brown soda bread for anyone who would like to learn including the younger generation, so we don't lose the knowledge. These **demonstrations will run from 10am to 1pm**. Booking essential as places are limited. Text 086-6083516 to reserve a spot or book on Eventbrite. **The Ciorcal na mBan Group** will have their community coffee morning at 1pm. We will have a celebration of the work of our **Group Water Scheme in the 1960s**, including a video presentation, photos and memories.

**COMMUNITY SERVICES HUB** from 10am-12noon in the Den, N41R522. Upcoming dates: 20<sup>th</sup> May, 3<sup>rd</sup> June, 17<sup>th</sup> June, 1<sup>st</sup> July, 15<sup>th</sup> July, and 29<sup>th</sup> July.

🎵 **SUMMER CAMPS** 🎵: Teen Music Camp 1<sup>st</sup> – 4<sup>th</sup> July in Fenagh Community Centre, 12-16 yrs. 🎵 Children's Music Camp 15<sup>th</sup> – 18<sup>th</sup> July, Scoil Chlann Naofa, Ballinamore, from 5 yrs. Contact: Susan on 0873178169

**GENTLE EXERCISE CLASS:** Exercise sessions continue on Thursday's at 10am on the 22<sup>nd</sup> May and 5<sup>th</sup> June. In Ballinamore Old Primary School (beside the old convent & new national school), All welcome.

**COFFEE MORNING:** in Aid of Palestine, McGirl's Bar Friday 23<sup>rd</sup> May 10am-12pm proceeds to Médecin Sans Frontières: Doctors Without Borders. Please come along and support.

**\*OPEN DAY\*:** Leitrim College, The Further Education and Training Centre Campus, Hilly Road, Drumshanbo, Co. Leitrim N41 C6X6 is hosting an OPEN DAY on Tuesday 20<sup>th</sup> May 2025 from 10am to 7pm.

**MOHILL ENTERPRISE CENTRE:** A new 5-week beginner computer course is starting soon. Learn the fundamentals of using a computer and it's applications including Cybersecurity. Build your confidence in a supportive environment. Classes on Friday mornings starting the 6th of June. Call us now on (071) 93 2024 for more information or to enrol!

**CAVAN INSTITUTE INFORMATION MORNING:** for Mature Learners. Come along to our Information Morning for Mature Learners on Wed, 28<sup>th</sup> May from 10am -12pm. Eircode H12 E426

**SEAN O'HESLIN'S:** Cúl camps are sold out! Please contact Jenny 0867295883 to be added to the waiting list.

**MNÁ LE CHEILE:** are delighted to announce that they are hosting the Connacht Gaelic4Mothers&Others Festival of Football 2025! Date: Saturday 21st June 2025. Venue: Ballinamore, Seán O'Heslins GAA, Co. Leitrim, N41 R7P1. Contact Michelle, Connacht Ladies Games Development Officer, email [gdo.connacht@lgfa.ie](mailto:gdo.connacht@lgfa.ie), for further details and to register.

### REFLECTION

God, help us to be a source of encouragement for one another. Let our words and actions build each other up. God, teach us humility in our relationships. Let us always seek to serve one another in love, putting each other's needs above our own. **Amen.**

**Parish Office:** 071-9644039  
**Open:** Mon, Thurs and Fri 9am – 4pm  
**Closed:** Tue & Wed  
**Email:** [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)

## ADDITIONAL PARISH AND COMMUNITY ITEMS

**ROSARY RALLY:** Knock Shrine, June 7th. Bus organiser Monica Tuite 086 8281727. Bus €20

**YOUTH DIOCESAN TRIP TO KNOCK:** We are inviting young adults (ages 18–30) to *Dare to Hope*, a special faith event taking place on Sat, June 14<sup>th</sup> at the Youth Village, Knock Shrine. Enjoy a day filled with inspiring workshops. Guest speaker Fr. Conor McDonagh OP – Dominican friar and popular YouTube creator with the Irish Dominicans. Mass will be celebrated by Bishop Fintan Gavin. All details on the Knock website page. Phone : Jenny Harte: 087 922 5666 or email Martina Gilmartin, Co-ordinator of Ministry to Young People: [pastoralservices@kilmorediocese.ie](mailto:pastoralservices@kilmorediocese.ie)

**CEMETERY SUNDAY DATES:** **Corraleehan:** Sun July 27<sup>th</sup> mass at 12pm - **Aughnasheelin:** Sun Aug 3<sup>rd</sup> mass at 12pm - **Aughawillan:** Sun Aug 10<sup>th</sup> Mass at 9.45am - **Oughteragh:** Sun Aug 17<sup>th</sup> mass 1pm - **Priest's Graves:** Sept.7<sup>th</sup> following 11am mass.

**BALLINAMORE PRAYER GROUP:** 8pm on Tuesdays at the Parish Centre. Come along and invite your friends.



**WAYS OF SUPPORTING the PARISH FINANCIALLY:** The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie), or you scan the QRcode with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.

**TRAINING FOR EUCHARISTIC MINISTERS AND MINISTERS OF THE WORD:** Martina Gilmartin, Diocesan Director of Pastoral Development and Faith Formation will hold these sessions at the end of **May/June**. To ensure we can finalise the arrangements in good time, **please respond by email to [pastoralservices@kilmorediocese.ie](mailto:pastoralservices@kilmorediocese.ie) with your name and contact details before May 10<sup>th</sup>.**

**PARISH MISSION:** A parish mission will take place from **October 19<sup>th</sup> - 24<sup>th</sup> 2025**. It will be conducted by **Net Ministries Ireland** who are based in Ballybofey Co. Donegal. Please put these dates in your diary.

**ST PATRICKS CHURCH BALLINAMORE:** along with the Cathedral of St. Patrick & Felim, Cavan, St. Anne's Church, Bailieboro and St Clare's Church, Manorhamilton have been decreed as Jubilee Churches. You can obtain a Jubilee Indulgence by visiting one of these sacred spaces. Leaflets with more information on the how to obtain the Jubilee Indulgence and how to participate in Special Jubilee Activities are available in each church porch.

**BOOKING ANNIVERSARY MASSES:** As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or phone **071 964 4039**

**THE YOUNG PARENTS SUPPORT PROGRAMME:** offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: [lindahalstead@homeyouthliaisonservice.ie](mailto:lindahalstead@homeyouthliaisonservice.ie) or 087 7917000

**PRE-MARRIAGE COURSE Dates 2025:** Next date is Friday 10<sup>th</sup> October 2025 7.30pm – 10.00pm & Saturday 11<sup>th</sup> Oct 10am–5pm. Courses take place in the Kilmore Diocesan Pastoral Centre, Cavan H12 E5C7. To book: [www.accord.ie](http://www.accord.ie)

**FAMILY CARERS IRELAND:** Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact 057 93 70221 and hear how we can support you or for more info visit [www.familycarers.ie](http://www.familycarers.ie).

**SING TOGETHER:** Monthly, Saturday Morning Drop Ins at the Island Theatre 11-12.30pm, 31<sup>st</sup> May, 26<sup>th</sup> July, 20<sup>th</sup> September, 18<sup>th</sup> October, 15<sup>th</sup> November. All Welcome. No experience needed. More information 0877620523

**NORTH WEST STEM FEST:** North West STEM Fest takes place again this summer from 28th July to Aug 1st, in the Island Theatre, Ballinamore. The theme is connections and it's the perfect opportunity for incoming 1st years, and others, to get to know each other. Contact Seán on 089 9596278 to book.



**AUGHNASHEELIN GATHERING EVENT:** The Leitrim gathering weekend takes place from 23rd-25th May in the whole county, and here in Aughnasheelin we will have our local event on **Saturday 24th May**. This is a day to highlight old traditions of the area and will include demonstrations on boxty making and brown soda bread for anyone who would like to learn including the younger generation, so we don't lose the knowledge. These **demonstrations will run from 10am to 1pm**. Booking essential as places are limited. Text 086-6083516 to reserve a spot or book on Eventbrite. **The Ciorcal na mBan Group** will have their community coffee morning at 1pm. We will have a celebration of the work of our **Group Water Scheme in the 1960s**, including a video presentation, photos and memories. The weekend will continue on the Sunday with the **annual May Walk in aid of the North West Hospice & Irish Cancer Society at 1pm** - another nice community event that everyone is welcome to join in. Registration is €10.00 and it will finish off the weekend with a cuppa and treats in the community centre after walk.

**AUGHNASHEELIN ACTIVE RETIREMENT GROUP (AGE 50+ FOR MEN AND WOMEN):** Interested in joining this new group in Aughnasheelin? This group has great plans for social activities, trips, being active, with new and exciting things to do, fostering community well-being and enabling members to get out and meet people in a social setting. Tea and chat - All welcome.

**AUGHAWILLAN WHIST:** second Tues of the month at 8:30pm. New members always welcome.

**BALLINAMORE WHIST DRIVE:** first Thurs of each month at 8:30pm in the Island Theatre. New members welcome.

**BALLINAMORE GREENWAY PARKRUN & WALK:** each Saturday at 9.30am - looking forward to seeing you there.

**BALLINAMORE WALKING GROUP:** Join our walking group, meeting every Tuesday at 10am at the basin near Supervalu. A weekly walk & talk with a friendly group of people. All welcome to join.

**BALLINAMORE CAMINO:** 12<sup>th</sup> July. Registration is through islandtheatre.ie

**SCOIL CHLANN NAOFA, BALLINAMORE:** is accepting applications for admission to our school for the 2025/26 school year. Please contact **071 964 5001** or email [info@coilchlannnaofa.com](mailto:info@coilchlannnaofa.com) for an enrolment pack. Thank you.

**AUGHAWILLAN N.S.** are now taking Enrolments for September 2025. Enrolment forms are now available by e-mailing: [aughawillanns@gmail.com](mailto:aughawillanns@gmail.com) or contacting the office on 071 9644246.

**ST. MARY'S N.S. AUGHNASHEELIN:** is now accepting enrolments for September 2025. Enrolment forms are available by contacting the school at, 071 9644868 or by email to, [office@stmarysnaughnasheelin.com](mailto:office@stmarysnaughnasheelin.com)

**BURREN OUTDOOR RETREAT:** Sat 17th to Mon 19th May. Would you like to come on a guided journey through the Burren with its limestone pavements, rare flora and ancient sacred sites? Let the beauty of the amazing Burren landscape renew you in body and soul. Information: Mary 087 970 1130. Booking: Des 085 1614951

**SENIORLINE:** a national telephone service for older people open every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

**YOU DON'T HAVE TO BE ADDICTED TO SUFFER FROM ADDICTION!** M-PACT, a FREE eight-week family support programme. For the whole family, helping to improve relationships, communication and recovery. If interested or would like further information please contact 071 9150578 / 085 875 9319 or email [sligoleitrim@alcoholforum.com](mailto:sligoleitrim@alcoholforum.com)

**76THE RURAL SOCIAL SCHEME:** has vacancies in the local Area. To participate in the Scheme an individual must be in receipt of an eligible Social Welfare payment such as Farm Assist, Job Seekers Allowance or Disability Allowance, The Individual or Family Member must have access to an active Herd Number. Please contact Gerry on **086 771 6896** or Leitrim Development Company on **071 964 1770** or Email [schemes@ldco.ie](mailto:schemes@ldco.ie) for more information.

**TEMPLEPORT SOCIAL SERVICES-DAY CENTRE:** on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all

**LEITRIM CALLING'- befriending visitation project** seek Volunteers to provide a home visit for one hour per week. The Volunteer will be matched with an older person (client) in the Ballinamore area and through mutual interests. The Volunteer will be provided with full training. The Volunteer will be introduced to the client by the Coordinator on the first visit and then will continue as suits all. Please apply on [www.ivol.ie](http://www.ivol.ie) or contact Claire @ [claire@volunteerleitrim.ie](mailto:claire@volunteerleitrim.ie)

**FAMILY CARERS IRELAND:** Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact **057 93 70221** and hear how we can support you or for more info visit. [www.familycarers.ie](http://www.familycarers.ie)

**MUVE HEALTHCARE** provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on **089 611 1647** for more details. Our website is [www.muvehealthcare.ie](http://www.muvehealthcare.ie)

**THE SACRED HEART MESSENGER MAGAZINE** is always a pleasant and thoughtful read with items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



**RADIO MARIA IRELAND:** Thank God and sincere thanks also to our many listeners and supporters as Radio Maria continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, and Uplifting

music, Talks, Interviews and Testimonies –Here's how you can listen: **1.** via Digital TV - Saorview Channel 210, **2.** Download our FREE App "RADIO MARIA IRELAND" **3.** Streaming on our WEBSITE - [www.radiomaria.ie](http://www.radiomaria.ie), **4.** Via our 'Listen Live Radio' link on our Facebook Page. **5.** Via PHONE – get live radio feed by calling **+353 (0) 1 437 3277**. Why not drop a line to our Priest Director, Fr. Eamonn McCarthy by text on **089 467 2000**, by phone on **01 412 3456**, or come and pay us a visit at Radio Maria Ireland, St. Anthony's Business Park, Ballymount Road, Dublin D22 R7W2.

**THE SANCTUARY** is a meditation centre for social change in the heart of Dublin City. It is a charity founded by Sr. Stan Kennedy in 1998, long before meditation or mindfulness was on the tip of everyone's tongue. The Sanctuary has evolved organically over the years to include mindfulness programmes for schools, programmes for carers and those working on the frontlines of society. Moreover, it offers tailored programmes for commercial organisations, charities, and workplace and management teams. Courses are inspired by a deep and heartfelt wish and mission to nourish personal growth for greater social impact, ultimately helping to create a more resilient and just society. If you have any questions or queries about anything coming up, you can contact us by email [enquiries@sanctuary.ie](mailto:enquiries@sanctuary.ie) or call us on **01 670 5419**. For more of what's to come at the Sanctuary [www.sanctuary.ie](http://www.sanctuary.ie)