

## OUGHTERAGH & DRUMREILLY LOWER PARISH NEWSLETTER

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| <b>15<sup>th</sup> Feb 2026</b>                    | <i>Aughawillan - Aughnasheelin - Ballinamore &amp; Corraleeahan</i>  | <b>6<sup>th</sup> Sunday O/T</b>   |
|  | <i>15<sup>th</sup> Feb Presentation of the Lord, 17<sup>th</sup> Feb St Fintan, 18<sup>th</sup> Feb Ash Wednesday,</i> |  |
|  | <i>20<sup>th</sup> Feb Sts Perpetua &amp; St Felicity, 21<sup>st</sup> Feb St Peter Damian</i>                         |  |
| <b>PARISH OFFICE: 071-9644039</b>                  | <b>E-mail <a href="mailto:ballinamore@kilmorediocese.ie">ballinamore@kilmorediocese.ie</a></b>                         | <b>Website: <a href="http://Ballinamoreparish.ie">Ballinamoreparish.ie</a></b> |
| <b>Fr. Seán Mawn P.P. Home: 071-96 81992</b>       | <b>Mobile: 087 6869040</b>   | <b>Fr. John McMahon (Carrigallen)</b>  |
| <b>Fr. Moses Malachy C.C. Mobile: 087-490 4380</b> |  | <b>Tel: 049-43 39610</b>   |
|  |  | <b>Mobile: 086-212 6582</b>  |

Join us live, @ [churchtv.ie](http://churchtv.ie) Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleeahan

### **BALLINAMORE - ST. PATRICK'S CHURCH**

**Mass times: Sat, Sun & Wed 11am, Mon 7pm, Tues & Fri 9am, Wed & Thur 7:30am**

#### Mass Intentions

|                                       |  |
|---------------------------------------|--|
| <b>Sat 14<sup>th</sup> Feb 11am</b>   | <b>Anne McPadden (Months Mind)</b>   |
| <b>Sun 15<sup>th</sup> Feb 11am</b>   | <b>Timmy Winters (Months Mind)</b>   |
|                                       | Padraig Flanagan (Church St) and his parents Rita and John James (Lissacarn) |
|                                       | Annie & Jimmy Flanagan (Tráthnóna)   |
| <b>Ash Wed 18<sup>th</sup> 7:30am</b> | Tom Joe & Annie Creamer (Curraghnawall)                                      |
| <b>Ash Wed 18<sup>th</sup> 11am</b>   | <b>No Intention</b>  |
| <b>Sat 21<sup>st</sup> Feb 11am</b>   | Eithne & Paddy Smyth (High St)   |
| <b>Sun 22<sup>nd</sup> Feb 11am</b>   | People of the Parish   |

**Eucharistic Adoration:** **Fridays 9:30am – 10:30am**



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| <b>Ministers of the Eucharist:</b> 15 <sup>th</sup> Feb Mairín Martin, Mona Creamer & Liam McGovern, 22 <sup>nd</sup> Feb Patricia McGoldrick, Marian Quinn & Leigh Murphy, 1 <sup>st</sup> Mar Philomena Earley, Mary McWeeney & Aileen Wisley                         |
| <b>Ministers of the Word:</b> 15 <sup>th</sup> Feb Leigh Murphy, 22 <sup>nd</sup> Feb Raymond McHugh, 1 <sup>st</sup> Mar Gabriel Cronin  |
| <b>Door Collectors:</b> 15 <sup>th</sup> & 22 <sup>nd</sup> Feb Anne Kavanagh, Walter Sharpley & Ruairí Sullivan, 1 <sup>st</sup> & 8 <sup>th</sup> Mar Mary Corby, Mel Duignan & John Creamer, 15 <sup>th</sup> & 22 <sup>nd</sup> Mar Thomas Kelly & Hugh McTague Jnr |

**AUGHNASHEELIN**      **ST. MARY'S CHURCH**      **Mass times: Fri 7pm, Sat & Wed 8:15pm**

#### Mass Intentions

|                                       |  |
|---------------------------------------|--|
| <b>Fri 13<sup>th</sup> Feb 7pm</b>    | No Intention   |
| <b>Sat 14<sup>th</sup> Feb 8:15pm</b> | People of the Parish – <b>Special blessing for all engaged and married couples</b>                         |
| <b>Wed 18<sup>th</sup> Feb 8:15pm</b> | <b>Ash Wednesday</b>   |
| <b>Fri 20<sup>th</sup> Feb 7pm</b>    | No Intention   |
| <b>Sat 21<sup>st</sup> Feb 8:15pm</b> | Michael Sammon<br>Terence Joe Boyle (Tullybawn) and Terence & Brigid Boyle and all deceased family members |

#### Lenten Stations of the Cross 2026 in Aughnasheelin

*Stations of the Cross will be led by a different lay person after 7pm Mass on six Friday's of Lent. If you would like to help out in leading the stations one Friday please call Breda Mulvanerty 0863763809*

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| <b>Eucharistic Ministers:</b> Des Quinn & Breege McCauley  | <b>Door Collectors:</b> Charlie Kelly & Patsy McGovern |
| <b>Altar Society:</b> Bernadette Mahon & Caroline McGovern | <b>Ministers of the Word:</b> Kate McCauley            |

**CORRALEEHAN**      **ST. BRIGID'S CHURCH**      **Mass times: Sun 9:45am, Wed 9:30am**

#### Mass Intentions

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|---------------------------------------|-----------------------------|
| <b>Sun 15<sup>th</sup> Feb 9:45am</b> | Fr Phil Brady (former C.C.) |
| <b>Wed 18<sup>th</sup> Feb 9:30am</b> | <b>Ash Wednesday</b>        |
| <b>Sat 22<sup>nd</sup> Feb 9:45am</b> | No Intention                |

**Eucharistic Adoration:** **Wednesdays 10am – 8pm (please come along and join us)**

**St Anthony's Donation Box:** €170 has been forwarded to Merchants Quay, Dublin. Your generosity is appreciated.

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| <b>Eucharistic Ministers:</b> Teresa Maxwell & Annie McManus |   |
| <b>Ministers of the Word:</b> Claire McNiffe & Lawrence Fee  | <b>Door Collectors:</b> Packie Maguire & Michael McGovern |

**AUGHAWILLAN**      **ST. PATRICK'S CHURCH**      **Mass time: Sat & Wed 7pm**

#### Mass Intentions

|                                    |  |
|------------------------------------|--|
| <b>Sat 14<sup>th</sup> Feb 7pm</b> | No Intention - <b>Special blessing for all engaged and married couples</b> |
| <b>Wed 18<sup>th</sup> Feb 7pm</b> | <b>Ash Wednesday</b>   |
| <b>Sat 21<sup>st</sup> Feb 7pm</b> | William, Mary, Stephen and Liam Gormley (Boeshill)                         |

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|--|--|
| <b>Eucharistic Ministers:</b> Des Quinn & Breege McCauley  | <b>Door Collectors:</b> Charlie Kelly & Patsy McGovern |
| <b>Altar Society:</b> Bernadette Mahon & Caroline McGovern | <b>Ministers of the Word:</b> Kate McCauley            |

**RECENT DEATHS:** Your prayers are asked for Jim Tierney (London), brother-in-law of Bridie McNiff, who died recently, Maureen McPartland (Callowhill) whose funeral took place on Tuesday last and Annie McGoohan (Bray and formerly Ballinamore), whose funeral took place on Thursday. May their souls rest in peace.

**WHAT IS LENT?** Lent is the season where the Church prepares for Easter. Starting with Ash Wednesday, Lent spans 40+ days until Holy Thursday. In the fourth chapter of Matthew, Jesus spends 40 days in the desert, fasting, praying, and preparing for his mission. Lent is your opportunity for that same focus. Lent is your invitation to take your spiritual life seriously. Lent is the perfect time to form life-giving habits and abandon self-destructive habits. Lent is your chance to discover the abundant life Jesus invites us to at Easter. Take these 40 days to explore God's dream for your life and it will change everything. Are you ready?

**PLEASE COLLECT YOUR TRÓCAIRE BOX IN THE CHURCH PORCH**

**LENTEN PLEDGE 2026:** Parishioners are invited to take a short-term pledge of abstinence from alcohol for Lent. Please visit [www.pioneers.ie](http://www.pioneers.ie) for more details.

**KNOWING GOD IS THE NAME OF A GROWING IN FAITH COURSE:** which will run in St. Brigid's Parish Centre during Lent, starting at 8pm. The course consists of 6 sessions beginning on Wednesday 25<sup>th</sup> of February. The evenings will consist of a short video on a particular topic, followed by discussion and conclude with prayer. Each session will last one hour. Make this one of your Lenten resolutions!

**AFTERNOON RETREAT:** will take place for all involved in Ministry in our four churches on **Sunday March 8<sup>th</sup> from 2-6pm in Aughnasheelin Community Hall.** The retreat will be facilitated by our own Fr. Sean Kelly.

So if you are a Eucharistic minister, Minister of the word, choir member, collector, counter, usher, traffic attendant etc. this is for you. The evening will conclude with mass followed by refreshments. Please let Bernadette in the Parish office know if you are attending. Email: [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or Phone 071-9644039.

**SAFEGUARDING SUNDAY:** This weekend is our 9<sup>th</sup> annual Safeguarding Sunday which takes place throughout the diocese. We hope to create a greater awareness of safeguarding in our parishes and diocese and to acknowledge the great contribution of the faithful in ensuring that our diocesan safeguarding policies are implemented. The annual safeguarding newsletter will be available to download from [www.kilmorediocese.ie/safeguarding-children](http://www.kilmorediocese.ie/safeguarding-children) section.

**UNIVERSAL DAY OF PRAYER FOR VICTIMS & SURVIVORS OF CLERICAL ABUSE:** falls on Friday 20<sup>th</sup>

February 2026. This day is not only for victims and survivor but also families and communities affected by grief for their loved ones. Special prayers will be recited at masses on that day.

**BALLINAMORE WEEKLY PRAYER GROUP:** Due to **Growth in the Spirit Seminars** being held in Drumcong from Thursday 26<sup>th</sup> of February through to Thursday March the 26<sup>th</sup> (inclusive) which we plan to attend as a group, there will be **no prayer meeting on Tuesday nights** in Ballinamore from week of February 23<sup>rd</sup> to week of March 23<sup>rd</sup> 2026. We will be back in Ballinamore on Tuesday 31<sup>st</sup> of March 8pm - 9:30pm each week. All are welcome.

**DIVINE MERCY CONFERENCE 2026:** takes place in the RDS Dublin from Friday 27<sup>th</sup> Feb to 1<sup>st</sup> March. A powerful weekend with speakers Fr James Blount, Fr Adrian Crowley, Rosin Doherty and many others including Holy Mass, Adoration, Healing Service and Confessions. Tickets: Saturday €35, Sunday €25, weekend €45. More information on [www.divinemercyconference.com](http://www.divinemercyconference.com)

**THE WAY:** A national on-line network helping people to discover, live and pass on the Catholic faith. Find out more at [www.theWay.ie](http://www.theWay.ie), and help spread the Good News! This initiative from the Bishops' Conference is intended to be a collaborative effort which we can build together to our mutual benefit.

**AUGHNASHEELIN NS:** Support our principal as he takes on the incredible challenge of Hell & Back, a grueling 14km obstacle course packed with mud, endurance, and determination. €5 a line and the person that guesses the closest to his finishing time wins €200. You can buy a line by contacting any of the parents or the school directly on 071-9644868. Your support is greatly appreciated

**† CONFIRMATION 2026:** The Sacrament of Confirmation will take place in Ballinamore at 12noon on 28<sup>th</sup> March.

**FIRST HOLY COMMUNION 2026:** The Sacrament of First Holy Communion will take place in: **Aughawillan on 3<sup>rd</sup> May at 9:45am, Ballinamore on 9<sup>th</sup> May at 12 noon and Aughnasheelin on 16th May at 12 noon.**

**COMMUNITY NOTES**

**🏃 5KM COMMUNITY WALK/RUN:** Aughawillan GAA are delighted to support a Community 5km Walk/Run in aid of **North West Hospice on Sunday, 1<sup>st</sup> March at 12 noon.** The 5km will **start and end at Aughawillan Clubrooms (N41 E446)**, with refreshments afterwards for all! Please feel free to call up for a cup of tea or coffee, even if you're not taking part in the walk! If you're looking to beat a PB or just a leisurely walk with friends, all are most welcome.

**ATHLETIC CLUB:** Well done to club members who competed in the Connacht Schools Cross Country Finals in Loughrea last Thursday. Training continues as usual, but looking forward to getting back to Sports Hall very soon.

**ADULTS RETURNING TO EDUCATION:** The Leitrim Adult Educational Guidance Service will be in Ballinamore Library on Wednesday, February 18<sup>th</sup> from 10am to 1pm to answer any question you might have. No appointment necessary, just come along on the day.

**BALLINAMORE LIBRARY:** Shannon Waters Flow: Songs, Stories and Cultural Change in 1920s Leitrim. The launch of a new heritage project exploring Leitrim's rich tradition of song, music and poetry during a time of great social and cultural change. In Ballinamore Library, on Wednesday February 25<sup>th</sup> at 7pm. Free Event. All Welcome.

**♪♪ ISLAND THEATRE:** 'The Love Hungry Farmer' by John B Keane - Seamus O'Rourke, **22<sup>nd</sup> Feb 2026.** Legends of the 60s Show, **27<sup>th</sup> Feb 2026.** Details on [www.islandtheatre.ie](http://www.islandtheatre.ie)

**REFLECTION**

Let your words be true, your anger soften, and your steps shaped by love that goes beyond obligation.

**Parish Office Hours:** Open – Mon, Thurs & Fri Closed – Tue & Wed **Phone:** 071-9644039 [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)

## ADDITIONAL PARISH AND COMMUNITY ITEMS

**MARIAN MOVEMENT OF PRAYER FOR PRIESTS & FAMILIES:** as requested by Our Lady of Fatima via interior Locutions to Fr Stefano Gobbi will take place on the **last Monday** of each month. Our next date is **23<sup>rd</sup> February, 2026** after 7pm Mass in Prayer Room Ballinamore Church. All are welcome.

**MEDJUGORJE GROUP PILGRIMAGE 2026:** Journey to Medjugorje as part of our Group Pilgrimage from September 9<sup>th</sup> – 16<sup>th</sup> 2026, with Spiritual Director, **Fr Seán Mawn**. Cost of 7 nights' accommodation, including breakfast and dinner, flights from Dublin, coach transfers, airport and local taxes is **€845 until 30th January 2026**, increasing to €895 thereafter. For booking please contact Marian Foy on 087 6350506.

**KILMORE DIOCESAN PILGRIMAGE TO LOURDES:** takes place this year from 5<sup>th</sup> – 10<sup>th</sup> of May. To book a place please contact Cavan Travel 049 4361222. Pilgrims who need assistance please contact Fr. Tom Mannion on 087 9170879. To care for the Assisted pilgrims two extra nurses are required. If you would be interested please contact Paula Brady, Director of Nursing on 0861721712.

**BOOKING ANNIVERSARY MASSES:** As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie) or phone **071 964 4039**

**CHURCH ENVELOPES 2026:** some church envelopes are still available for collection in all four churches. It would be appreciated if you would kindly collect your box of envelopes at your earliest convenience as they have been in use from 4<sup>th</sup> January. If you are new to the parish please contact the parish office to request your box of envelopes. Tel: 071-9644039 or email: [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie)

**CHARITABLE DONATIONS FORM:** We wish to thank those who have taken the time to complete the CHY3 form which is being sent with the annual acknowledgement letters at present. Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area.

**GENTLE REMINDER:** to update your church contributions. Offertory contributions for the upkeep of your church are made payable to your local church. On-line donations can be made using the following bank details. Offertory Donations: **Ballinamore** IBAN IE26 AIBK 937037 03815040, **Aughawillan** IBAN IE19 AIBK 937037 00004036, **Corraleeahan** IBAN IE32 AIBK 937037 02021111, **Aughnasheelin** IBAN IE58 AIBK 937037 03814076. All Dues contributions are made to Ballinamore Catholic Church No. 2 Account. **IBAN IE16 AIBK 937037 03815123** Your continued support is gratefully appreciated.

**AUGHAWILLAN NS:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [aughawillanns@gmail.com](mailto:aughawillanns@gmail.com) or contacting the office on 071 9644246.

**ST. MARY'S NS AUGHNASHEELIN:** is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: [office@stmarysnsaughnasheelin.com](mailto:office@stmarysnsaughnasheelin.com) or contacting the office on 0719644868.

**SCOIL CHLANN NAOFA, BALLINAMORE:** has commenced accepting applications for admission to our national school for the 2026/2027 school year. Please contact the school on 071 9645001 or email us at [info@scoilchlannnaofa.com](mailto:info@scoilchlannnaofa.com) for the enrolment pack. Application forms are also available to download from our website [www.scoilchlannnaofa.ie](http://www.scoilchlannnaofa.ie).

**SING TOGETHER:** Further dates are: 28<sup>th</sup> March, 23<sup>rd</sup> May, 18<sup>th</sup> July, 12<sup>th</sup> September, and 21<sup>st</sup> November from 10.00am – 1.00pm. Island Theatre, Ballinamore. For more information call Sarah 087 762 0523.

**THE ALZHEIMER SOCIETY OF IRELAND:** now offer Day Services in Carrick on Shannon with more services to be added in the not too distant future. If you or a loved one or someone you know would benefit from our Services or like more information, then please contact Sinéad Foley Coleman by: E-mail [sineadfoley.coleman@alzheimer.ie](mailto:sineadfoley.coleman@alzheimer.ie) or phone 087 0680714.

**M-PACT:** Supports families who have been affected by parental substance misuse, where there are children aged 8–17. For further information contact: M-PACT Sligo, Leitrim, West Cavan, First Floor, The Westward Town Centre, Bridge Street, Sligo. F91 XH77 Tel: 07191 50578/ 085 8759313.

 **ATHLETIC CLUB:** training continues on Tuesdays (Over 10s outdoors); and Thursdays Over 10s outdoors and Under 10s in the Den. New members being enrolled, must be born in 2018 or earlier.

**FAMILY CARERS IRELAND:** is currently conducting the State of Caring 2026 Survey, an important survey to better understand the experiences of family carers. As a family carer, your input is invaluable and will contribute to shaping policies and decisions. The survey usually takes 30 minutes but this can vary. Please take part online at : <https://www.surveymonkey.com/r/StateOfCaring2026>. If you would prefer to complete a paper copy or complete the survey by phone, please contact Joanne Murphy, Research Officer | [jmurphy@familycarers.ie](mailto:jmurphy@familycarers.ie) | 086 032 6187. The survey will remain open until March 4th 2026.

**ALONE:** is seeking volunteers across Leitrim to visit older people or make friendly phone calls to help prevent loneliness and isolation over the winter months. ALONE recruits, trains, and supports volunteers for two key services: **Visitation and Befriending Service:** Volunteers give **one hour per week** to provide companionship to an older person. **Telephone Support and Befriending Service:** Volunteers make friendly weekly calls to older people for a **one-hour shift**. We currently have older people throughout Sligo awaiting on both services. For more information or to get involved, please visit [alone.ie](http://alone.ie) or contact **Collette, Volunteer Support Officer**, at: **086 1921505** or email [collette.ferguson@alone.ie](mailto:collette.ferguson@alone.ie)

**THE YOUNG PARENTS SUPPORT PROGRAMME:** offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: [lindahalstead@homeyouthliaisonservice.ie](mailto:lindahalstead@homeyouthliaisonservice.ie) or 087 7917000



**WAYS OF SUPPORTING the PARISH FINANCIALLY:** The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / [ballinamore@kilmorediocese.ie](mailto:ballinamore@kilmorediocese.ie), or you scan the QR code with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.



**PARISH FACEBOOK PAGE:** Our new **Oughteragh and Drumreilly Lower Parish** Facebook Page was launched earlier in 2025. Please like our new page where you can find and share our upcoming events.

**ST PATRICK'S NATIONAL SCHOOL CORLOUGH PARENTS ASSOCIATION:** would really appreciate your support! If you have plastic bottles or cans with the Re-turn symbol and are willing to donate them to raise funds for the children of St Patrick's Corlough, you can place them in the yellow Re-turn bin located in the Chapel car park at Corraleehan or Corlough church. Alternatively, there is a bin in the school.

**BALLINAMORE GREENWAY PARKRUN & WALK:** each Saturday at 9.30am – Meet at the Junction.

**BALLINAMORE WHIST:** first Thursday of each month at 8:30pm in the Island Theatre. New members welcome.

**AUGHAWILLAN WHIST:** second Tuesday of the month, 8:30pm. New members welcome. Spot prizes appreciated.

**MSLETB:**  **Digital Citizenship, AI & Communication Skills for the Workplace** in the Mohill Enterprise Centre. **Build confidence. Communicate clearly. Understand today's digital world.** This short part-time adult learning course supports learners to develop practical digital skills, understand how AI is used in everyday work, and improve communication for employment, education, and life. Apply now as places are limited. **Call 071 9632024/085 8118818** or email [eileen@mct.ie](mailto:eileen@mct.ie) for more information. Course begins April 2026.

**LEAVING CERT STUDENTS:** Monaghan Institute's Open Day is taking place on Tuesday, 3<sup>rd</sup> March 10am - 6pm. Meet our staff team and learn more about studying with us in September. Go to [www.monaghaninstitute.ie](http://www.monaghaninstitute.ie).

**FAMILY CARERS IRELAND:** is the National Charity Supporting 500,000+ Family Carers Nationwide, we are currently recruiting for Community Homecare Workers to provide support to clients. Work hours are flexible based on your availability. Own car and Full Driving Licence essential. Please send your CV to [jobs@familycarers.ie](mailto:jobs@familycarers.ie) or contact Carol on 049 8511031 or 086 4183949 for more information.

**MEITHEAL:** is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well - and no so well, and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please call 087-6562844 or email [meitheal.pfps@tusla.ie](mailto:meitheal.pfps@tusla.ie)

**GROW:** is a national mental health organisation offering support to people who are experiencing or have experienced mental health challenges. We invite you to join our friendly, strictly confidential, and non-judgemental weekly peer support meetings in Breffni FRC, Carrick on Shannon every Wednesday from 11am-1pm. You don't have to face this alone. With GROW, you'll find understanding, connection, and hope. For more information call Marie on 086 8516939.

**AN TOBAR NUA:** We provide **confidential counselling nationwide** via telephone and Zoom. Our service is **donation-based**, because we do not want finances to prevent anyone from receiving support. If you are struggling with grief, anxiety, depression, or other life challenges, we are here to help, please telephone: 091-562 175

**AUGHNASHEELIN NS RE-TURN BIN:** There is a yellow Re-Turn bin located on school grounds. All proceeds from the bottles and cans collected in this bin go directly to supporting our school and meeting the needs of our students. If you'd like to contribute, please consider disposing of your eligible bottles and cans in this bin. Your support would be greatly appreciated. Every donation helps, thank you.

**LIFE COACH:** creating inclusive, uplifting gatherings where everyone is welcome—whether you move, sit, sway, or simply enjoy the moment. These events are designed to support your wellbeing, create connection, and lift your spirit. If this speaks to you, I'd love to hear from you. Please email [transformationalyes@gmail.com](mailto:transformationalyes@gmail.com) with a "Yes" and the name of your townland.

**SENIORLINE:** a national telephone service for older people open every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

**TEMPLEPORT SOCIAL SERVICES-DAY CENTRE:** on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all.

**LEITRIM CALLING:** would like to hear from people willing to get involved as a volunteer on our Befriending Visitation Service - one hour per week commitment visiting an older person in their home for company and chat. Full training and support is provided. For further details, contact: Marion on 087 9585029 or e-mail [leitrimcalling@gmail.com](mailto:leitrimcalling@gmail.com)

**MUVE HEALTHCARE** provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on **089 611 1647** for more details. Our website is [www.muvehealthcare.ie](http://www.muvehealthcare.ie)

**THE SACRED HEART MESSENGER MAGAZINE** is always a pleasant and thoughtful read with Items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



**RADIO MARIA IRELAND:** Thank God and sincere thanks also to our many listeners and supporters as Radio Maria continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, and Uplifting

music, Talks, Interviews and Testimonies –Here's how you can listen: 1. via Digital TV - Saorview Channel 210, 2. Download our FREE App “RADIO MARIA IRELAND” 3. Streaming on our WEBSITE - [www.radiomaria.ie](http://www.radiomaria.ie), 4. Via our ‘Listen Live Radio’ link on our Facebook Page. 5. Via PHONE – get live radio feed by calling **+353 (0) 1 437 3277**. Why not drop a line to our Priest Director, Fr. Eamonn McCarthy by text on **089 467 2000**, by phone on **01 412 3456**, or come and pay us a visit at Radio Maria Ireland, St. Anthony’s Business Park, Ballymount Road, Dublin D22 R7W2.

**THE SANCTUARY** is a meditation centre for social change in the heart of Dublin City. It is a charity founded by Sr. Stan Kennedy in 1998, long before meditation or mindfulness was on the tip of everyone's tongue. The Sanctuary has evolved organically over the years to include mindfulness programmes for schools, programmes for carers and those working on the frontlines of society. Moreover, it offers tailored programmes for commercial organisations, charities, and workplace and management teams. Courses are inspired by a deep and heartfelt wish and mission to nourish personal growth for greater social impact, ultimately helping to create a more resilient and just society. If you have any questions or queries about anything coming up, you can contact us by email [enquiries@sanctuary.ie](mailto:enquiries@sanctuary.ie) or call us on **01 670 5419**. For more of what's to come at the Sanctuary [www.sanctuary.ie](http://www.sanctuary.ie)