

12th July 2026

OUGHTERAGH & DRUMREILLY LOWER PARISH NEWSLETTER

15th Sunday O/T

Aughawillan - Aughnasheelin - Ballinamore & Corraleehan
13th July St Henry, 14th July St Camillus de Lellis, 15th July St Bonaventure,
16th July Our Lady of Mount Carmel

PARISH OFFICE: 071-9644039 - Website: ballinamoreparish.ie - E-mail ballinamore@kilmorediocese.ie

Fr. Seán Mawn P.P. Home: 071-96 81992 Mobile: 087-6869040 Fr. John McMahon (Carrigallen)

Fr. Moses Malachy C.C. Mobile: 087-490 4380 Mobile: 086-212 6582

Join us live, @ churchtv.ie Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleehan

BALLINAMORE - ST. PATRICK'S CHURCH

Mass times: Sat & Sun 11am, Mon & Wed 7pm, Tues, Thur & Fri 9am

Mass Intentions

Sat 11th July 11am No Intention
Sun 12th July 11am People of the Parish
Sat 18th July 11am Fiona Duignan (Kilytmooden)
Madge Murphy (1st Anniversary)
Sun 19th July 11am Yvonne O'Hara (Church Street)
Trevor Martin (Lahard)

Eucharistic Adoration: (Fridays 9:30am – 10:30am, all are welcome)

Ministers of the Eucharist: 12th July Thomas Kelly, Deirdre Harvey & Mona Creamer, **19th July** Patricia Griffin, James Maguire & Brendan Sweeney, **26th July** Máirín Martin, Mona Creamer & Liam McGovern

Ministers of the Word: 12th July Raymond McHugh, **19th July** Volunteer, **26th July** Mary Conlon

Door Collectors: 12th July Francis McTague Alan Banks & Sean McKeon, **19th & 26th July** John McWeeney, David Prior & Michael Duignan

AUGHNASHEELIN

ST. MARY'S CHURCH

Mass times: Fri 7pm, Sat 8:15pm

Mass Intentions

Fri 10th July 7pm Maura & John Hughes (Tully, Ballinamore) and all deceased family members
Sat 11th July 8:15pm Carmel & Peter Shanley and their parents Jimmy & Margaret
Fri 18th July 7pm No Intention
Sat 19th July 8:15 pm Michael & Mary McCaffrey (Drumbibe) and deceased family members
Pat Joe Callaghan (Derrasmallan) and deceased family members

Eucharistic Adoration: (Wednesdays, 11am – 12 noon and 8pm – 10pm)

Eucharistic Ministers: 11th July Caroline Sammon & Kerry Meehan, **18th & 25th July** Maura Mulvey & Maureen Conway. **Ministers of the Word: Terence Boyle & Karen Walsh** **Door Collectors: Ollie Cull & Jerome McWeeney**

CORRALEECHAN

ST. BRIGID'S CHURCH

Mass times: Sat 7pm, Wed 9:30am

Mass Intentions

Sat 11th July 7pm John Gilheaney (Kilytmooden)
Sat 18th July 7pm People of the Parish
Eucharistic Adoration: (Wednesdays 10am – 8pm, please come along and join us)

Eucharistic Ministers: Carol McNiff & Bernie Dolan

Ministers of the Word: Sean McGovern & Volunteer **Door Collectors: Declan McNiffe & John Carthy**

AUGHAWILLAN

ST. PATRICK'S CHURCH

Mass time: Sun 9:45am

Mass Intentions

Sun 12th July 9:45am Nora & Pappy Plunkett (Garadice)
Bridie & John Gallagher (Drumcalpin)
Sun 19th July 9:45am No Intention

Eucharistic Ministers: Des Quinn & Breege McCauley

Door Collectors: Gene Maguire & Seamus Quinn

Altar Society: Margaret Maguire & Eileen McTeague

Ministers of the Word: Kate McCauley & James Stringer

RECENT DEATHS: We pray for Seán McKeon (High Street), whose funeral took place on Wednesday and Sheelah Kiernan (Main Street), whose funeral took place on Friday. May their souls rest in eternal peace.

BELFAST TO KNOCK PEACE WALKERS: our friends from Belfast pass through our town as they walk to Knock over five days on their Peace Pilgrimage. Over the years the parish has always opened their hearts and homes to the walkers and have been most generous and supportive in providing beds for those walking the pilgrimage. The mass will take place on **Thursday 16th July at 7:30pm** in St Patrick's Church, Ballinamore. All parishioners are welcome to come and experience the Mass, the music and the liturgy that the Cursillio members bring to their celebrations.

PARISH PASTORAL COUNCILS: As we prepare for the renewal of our Parish Pastoral Council this autumn, we continue our weekly series exploring the role, purpose and importance of the council in the life of our parish.

A LISTENING COUNCIL: One of the most important roles of the Parish Pastoral Council is listening. Listening to parishioners, to what is working well, and to where there may be needs or new opportunities. This listening helps shape the direction of parish life. In this way, the council helps ensure that decisions are grounded in the real experience of the parish community.

ANNUAL ACKNOWLEDGEMENTS 2025: please contact the Parish Office if you require your 2025 acknowledgement by emailing: ballinamore@kilmorediocese.ie and requesting it, or call to the Parish Office (opening hours below) and request a printed copy.

DATE FOR YOUR DIARY: National Grandparents Pilgrimage to Knock Shrine 2026 is on Sunday 26th July.

FR SEÁN – OFF DUTY: Fr Seán is currently off duty. Please contact Fr Moses for parish related matters.

YOUTH 2000 SUMMER FESTIVAL | 13TH–16TH AUGUST: Calling all young people aged 16–35! Join us at the Youth 2000 Summer Festival in Newbridge College, Co. Kildare. This is a donation-only event, with **free buses available across the country and all meals included**. Expect inspiring talks and workshops, Youth Mass, music, prayer, and plenty of opportunities to chill out and meet other young Catholics. Whether you are new to the faith or looking to be refreshed, all are welcome. To register or find out more, visit youth2000.ie or follow @Youth2000Ireland.

CARE OF CREATION: Bishop Martin encourages every parish and church area to take initiatives to transform underutilised church grounds into biodiversity havens. With this in mind, we invite and encourage each church area to form a Care of Creation Team.

LEITRIM FIELDNAMES PROJECT: is a Community Heritage Initiative Project. To take part in the project you will need to attend one training session. There will be an online training workshop on Thursday 16th of July from 7-8pm. For further information email smalone@leitrimcoco.ie. **If you wish to be involved in the Leitrim Holy Wells Project please use the same email address.**

KILMORE DIOCESAN PILGRIMAGE TO KNOCK: Kilmore Diocesan Pilgrimage to Knock Shrine will take place on Saturday, the 8th of August 2026. The Stations of the Cross and the Rosary will be celebrated at 2pm. Mass and the Anointing of the Sick will take place 3pm. Bishop Martin Hayes will be the Principal Celebrant. Oughteragh and Drumreilly Lower Parish will participate in the liturgy and the Sacred Music will be provided by the St Mary's Church Choir, Aughnasheelin, Co. Leitrim. Bus to Knock will depart Ballinamore Church at 9am on the 8th of August. Please contact Mary 087 7541234 to book your seat. Cost is €15 each.

CEMETERY SUNDAY: **Corraleehan** Sunday 26th July @ 12 noon // **Aughnasheelin** Sunday 2nd August @ 12 noon // **Aughawillan** 9th August @ 9:45am mass // **Ballinamore/Oughteragh** 16th August @ 1pm // **Priest's Cemetery, St Patrick's Church, Ballinamore** following 11am mass on Sunday 6th September.

COMMUNITY NOTES

☕ **COFFEE MORNING:** Please join me, Megan O'Connor on Friday 17th July at 12pm in the Island Theatre, Ballinamore. In October I will be climbing Kilimanjaro with the FTB Brothers in aid of Frontal Temporal Dementia, which my mum Anne Marie O'Connor sadly passed away from in 2022. All are welcome and your support for this cause would be gratefully appreciated.

LEITRIM, BALLINAMORE RIGHTS & ENTITLEMENTS WORKSHOP: Tuesday, 21st July 2026, 11 – 1pm, Ballinamore County Library, Main Street, Ballinamore, Leitrim, N41E061. Join your local Support Manager Alvina, for an information session on FCI supports and **your Rights & Entitlements as a family carer**. Followed by light refreshments. For more information or to book an appointment with Alvina Devaney, Support Manager please contact leitrimcs@familycarers.ie with your name and number or call 071-9143 128.

NORTH WEST STEM FEST 2026: If you're looking for a new adventure for your teen, then look no further than the Island Theatre, Ballinamore, where North West STEM Fest takes place from **27th to 31st July**. It's a great opportunity for incoming first years to get to know each other through novel, engaging Science, Technology, Engineering and Maths activities. It runs from **10am to 2pm each day** and includes a night star gazing, if the weather allows. Price for the week is €99 and can be paid by **contacting Seán on 089-9596278** anytime.

WOMEN'S WRITING GROUPS WITH JANE GILHEANEY: Ballinamore, Co. Leitrim, Thursdays, 6.30pm–8.30pm. €150 for a block of six sessions (usable over eight weeks). Warm, supportive small-group atmosphere. Beginner friendly. Guidance from Jane, author, creative mentor and arts facilitator with 30 years' experience. The group runs on an ongoing basis throughout the year (with breaks for holidays). Advance booking essential – spaces are limited. Contact: janegilheaney@gmail.com, 087 9412262 or www.facebook.com/janegilheaney.

🚲 **MALIN HEAD TO CORLOUGH CYCLE IN AID OF CORLOUGH RESPONDERS:** Corlough Community First Responders are hosting a charity cycle from Malin Head to Corlough on **18th July** to raise vital funds. Our volunteer responders provide life-saving emergency care locally while awaiting ambulances. Please support at **GoFundMe: Malin head to Corlough cycle in aid of Corlough Responders**. Your support will help provide training for volunteers and equipment maintenance. Every donation helps. Thank you.

SING TOGETHER: Further dates are: 18th July, 12th September, and 21st November from 11.00am – 12.30pm, come earlier for a warm-up cup of tea. Island Theatre, Ballinamore.

MSLETB SEPTEMBER COURSE - MOHILL: We are now taking registrations for our new course, Future Skills with AI and Digital Business, starting September at Mohill Computer Training. This fully-funded course offers future-ready skills for employment, entrepreneurship and progression to further education. Contact us now to secure your place. Email eileen@mct.ie or call 071 9632024. Mohill Computer Training is on Local Link route 564, Eircode N41 Y4C0.

FENAGH WOMEN'S GROUP - COMMUNITY BONFIRE NIGHT: A Big Thanks to everyone who came along and helped make the event such a great success. We would like to acknowledge the many people who helped make this evening possible - Michael in Scollans Butchers, Michael in SuperValu, and Louise in Corrib, who sponsored all the food. All our local musicians and dancers - Paul Gill and his team at Fenagh GAA and Paul Keegan, Fenagh Development. Our evening was a fundraiser for North West Hospice and the amount raised was €2,733.80.

REFLECTION

Lord Jesus, make my heart like rich soil, open and receptive to Your word,
that it may take root and bear fruit in my life.

Remove the stones, thorns, and distractions within me, so that I may hear Your voice
and follow You with faith and love.

Parish Office Hours: Open – Thurs & Fri 9 – 4 Closed – Mon, Tue & Wed Phone: 071-9644039 ballinamore@kilmorediocese.ie

All new items for the Newsletter should be dropped into the Parish Office, Convent Road or emailed before 12 noon on Thursdays to ballinamore@kilmorediocese.ie the editor reserves the right to edit or omit items according to suitability of content & space in the newsletter

ADDITIONAL PARISH AND COMMUNITY ITEMS

MARIAN MOVEMENT OF PRAYER FOR PRIESTS & FAMILIES: as requested by Our Lady of Fatima via interior Locutions to Fr Stefano Gobbi will take place on the **last Monday** of each month. Our next date is **27th July, 2026** after 7pm Mass in Prayer Room Ballinamore Church. All are welcome.

REMINDER - PARISH FIVE FIRST SATURDAYS: 100-year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration continues with our **fourth Saturday devotion on 1st August after 11am mass.**

PARISH FIVE FIRST SATURDAYS: 100-year Anniversary of Five 1st Saturdays Devotion 1926 – 2026 - Parish celebration continues with our **third Saturday devotion on, Saturday 1st August 2026.** We will have our usual Saturday morning Mass at 11am, followed by Confessions, Rosary and a 15 minute meditation. Our Lady promises that there will be *PEACE* and that *MANY SOULS* will be saved through this devotion.

CHARITABLE DONATIONS FORM: Whether you are self-employed or a PAYE tax payer, you can help the church in your area by completing the CHY3 form and returning it to the parish office. This does not give us access to any of your tax details or your personal tax data in any way. If you donate in excess of €250 per annum to the church and pay tax to Revenue, the CHY3 form can be used by the church to reclaim some of the tax you pay, and any money reclaimed is paid directly to the church account for your area. **Forms are available in each church porch.**

ABIDE IN HIS LOVE WOMEN'S CONFERENCE: The Great Northern Hotel, Bundoran, 20–22 November 2026. Join women from across Ireland for a faith-filled weekend with inspiring speakers including Sarah Swafford, Danielle Noonan, Fr Mark Wharton, Fr Barry Braum, Fr Oisín Martin, the Dominican Sisters of Nashville, Bishop Fintan Gavin, and more. A conference not to be missed! Register now: <https://abideinhislove.eventbrite.com/>

ANNUAL MASS ON MULLAGHGARVE MASS ROCK: This year's Rock Mass will take place on **Monday, 3rd August at 12.00 noon.** During this Jubilee year marking the 800th anniversary of the death of St Francis, the day will have a Franciscan focus and Mass will be celebrated by a Franciscan Priest. A bus service will operate from **Liscarbin School/Hall**, departing at **10am** for the Mass Rock Car Park. Participants will then begin the walk to the Mass Rock at **11.15am** from the car park.

PARISH PRAYER GROUP: each Tuesday from 8pm-9:30pm, in the Prayer Room in Ballinamore Church.



WAYS OF SUPPORTING the PARISH FINANCIALLY: The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at **071 964 4039** / ballinamore@kilmorediocese.ie, or you scan the QR code with your smartphone, <https://churchtv.ie/>, follow the links for your Church to make a donation. The light a candle feature lets you light a candle in Ballinamore Church from anywhere, 24/7.

THE WAY: A national on-line network helping people to discover, live and pass on the Catholic faith. Find out more at www.theWay.ie, and help spread the Good News! This initiative from the Bishops' Conference is intended to be a collaborative effort which we can build together to our mutual benefit.

BOOKING ANNIVERSARY MASSES: As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donations are sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email ballinamore@kilmorediocese.ie or phone **071 964 4039**

GENTLE REMINDER: to update your church contributions. Offertory contributions for the upkeep of your church are made payable to your local church. On-line donations can be made using the following bank details. Offertory Donations: **Ballinamore** IBAN IE26 AIBK 937037 03815040, **Aughawillan** IBAN IE19 AIBK 937037 00004036, **Corraleehan** IBAN IE32 AIBK 937037 02021111, **Aughnasheelin** IBAN IE58 AIBK 937037 03814076. All Dues contributions are made to Ballinamore Catholic Church No. 2 Account. **IBAN IE16 AIBK 937037 03815123** Your continued support is gratefully appreciated.

AUGHNASHEELIN AFTERSCHOOL: is now open and delighted to welcome new students from the wider community for the current school year! We offer a safe, engaging, and fun environment where children can learn, play, and thrive after school. We are also taking expressions of interest for September—contact us at: aug.afterschoolcare@gmail.com or 0871178796

SCHOOL UNIFORMS: The Community Council are now taking in good quality, clean, used, Scoil Chlann Naofa Uniforms. These can be dropped into The Den, (beside Children's Playground) or to my house. There will be an open day in late July where parents may come and collect FREE uniforms. Further Info: Máirín 086-1547788

ALZHEIMER SOCIETY OF IRELAND – LOCAL SERVICES: A Day Service runs every Friday (9.30am–2.15pm) in Carrick-on-Shannon. The service offers dementia-specific care, including social activities, gentle therapeutic programmes, and support in a safe, friendly and welcoming environment. For details, contact Sinéad: 087 068 071

ATHLETIC CLUB: Entries are now being taken through Eventmaster for the Festival Open 10K (including Leitrim Championship) and Open 5K Roadraces on Sunday August 9th. All who enter before closing and complete the Course will receive a special medal.

SCOIL CHLANN NAOFA, BALLINAMORE: has commenced accepting applications for admission to our national school for the 2026/2027 school year. Please contact the school on 071 9645001 or email us at info@scoilchlannnaofa.com for the enrolment pack. Application forms are also available to download from our website www.scoilchlannnaofa.ie.

AUGHAWILLAN NS: is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: aughawillanns@gmail.com or contacting the office on 071 9644246.

ST. MARY'S NS AUGHNASHEELIN: is now taking Enrolments for September 2026. Enrolment forms are now available by e-mailing: office@stmarysnsaughnasheelin.com or contacting the office on 0719644868.

ISLAND THEATRE: 11th July - Ballinamore Camino, 17th July - Kings of Kilburn High Rd.

🎵 **TEEN SUMMER MUSIC PROGRAMME:** 20th - 23rd July and 27th - 30th July, from 10am – 2pm daily, at The Junction, Ballinamore. Led by Susan Roland, and supported by experienced music professionals. Contact: 071 9622537 or volunteerleitrim.ie/events, to book your place.

FULL TIME ADULT EDUCATION COURSES: starting September 2026 in Leitrim College of Further Education and Training, Drumshanbo campus on the Hilly Road, N41 C6X6 and Carrick on Shannon campus - The Courtyard, N41 A386 and N41 TE20. Find out about our QQI Level 5 & 6 courses in Business, Equine, Health Nutrition and Food Science, Healthcare Skills, Music, Outdoor Sports and Recreation, Psychology, Youth and Social Studies and Tourism: www.leitrimcollege.ie, our Facebook and Instagram pages @LeitrimCollege or call 089-2667813.

MOHILL FAMILY SUPPORT CENTRE: is delighted to host our annual Family Fun Day on 11th July 2pm – 5pm at the Mohill Sports Complex N41 X9K2. Enjoy a variety of activities, including inflatable sports, face painting, a children's disco, balloon modelling, a magic show, and much more. We're also excited to welcome Hullabaloo, who will be running a pottery painting workshop and a tote bag decorating workshop. Places for these workshops are limited, booking is essential. To reserve your spot, please contact Rachel on 086 603 5977 or 071 963 1253.

STEP OUT & JOIN IN! Ballinamore Community Walk every Tuesday morning starting 10am. Meet at The Island. Wear comfortable shoes. All welcome.

AUGHNASHEELIN CIROCAL NA mBan: Yoga continues every Wednesday evening 6.45 -7.45pm with Edel Quinn. Arts and crafts with Friends from 10am - 12.30pm every Saturday morning. This is a drop in workshop doing various arts and crafts activities. Contact Geraldine 086-3376411 for info.

THE ALZHEIMER SOCIETY OF IRELAND: now offer Day Services in Carrick on Shannon with more services to be added in the not too distant future. If you or a loved one or someone you know would benefit from our Services or like more information, then please contact Sinéad Foley Coleman by: E-mail sineadfoley.coleman@alzheimer.ie or phone 087 0680714.

ALONE: is seeking volunteers in Ballinamore to visit older people or make friendly phone calls to help prevent loneliness and isolation over the winter months. ALONE recruits, trains, and supports volunteers for two key services: **Visitation and Befriending Service:** Volunteers give **one hour per week** to provide companionship to an older person. **Telephone Support and Befriending Service:** Volunteers make friendly weekly calls to older people for a **one-hour shift**. We currently have older people throughout Sligo awaiting on both services. For more information or to get involved, please visit alone.ie or contact **Collette, Volunteer Support Officer**, at: **086 1921505** or email collette.ferguson@alone.ie

VOLUNTEERS URGENTLY NEEDED: Would you be willing to provide companionship through a weekly friendly visit to an older person seeking more social contact, just one hour per week? ALONE is currently seeking volunteers in Ballinamore/Aughnasheelin and Lower Drumreilly areas. Full training and ongoing support are provided. To get involved, please sign up at www.alone.ie/volunteers For more information, please contact Collette on 086 192 1505 or Collette.Ferguson@alone.ie

MPACT: Supports families who have been affected by parental substance misuse, where there are children aged 8–17. For further information contact: M-PACT Sligo, Leitrim, West Cavan, First Floor, The Westward Town Centre, Bridge Street, Sligo. F91 XH77 Tel: 07191 50578/ 085 8759313.

FAMILY CARERS IRELAND: is currently conducting the State of Caring 2026 Survey, an important survey to better understand the experiences of family carers. As a family carer, your input is invaluable and will contribute to shaping policies and decisions. The survey usually takes 30 minutes but this can vary. Please take part online at: <https://www.surveymonkey.com/r/StateOfCaring2026>. If you would prefer to complete a paper copy or complete the survey by phone, please contact Joanne Murphy, Research Officer | jmurphy@familycarers.ie | 086 032 6187
The survey will remain open until March 4th 2026.

THE YOUNG PARENTS SUPPORT PROGRAMME: offers support to young parents who are expecting a baby or already have a child. This support can include but not limited to pre- and post-natal support, independent living and education/training. This is a free and confidential service. If you would like to get involved contact: lindahalstead@homeyouthliaisonservice.ie or 087 7917000

ST PATRICK'S NATIONAL SCHOOL CORLOUGH PARENTS ASSOCIATION: would really appreciate your support! If you have plastic bottles or cans with the Re-turn symbol and are willing to donate them to raise funds for the children of St Patrick's Corlough, you can place them in the yellow Re-turn bin located in the Chapel car park at Corraleehan or Corlough church. Alternatively, there is a bin in the school.

BALLINAMORE GREENWAY PARKRUN & WALK: each Saturday at 9.30am – Meet at the Junction.

BALLINAMORE WHIST: first Thursday of each month at 8:30pm in the Island Theatre. New members welcome.

AUGHAWILLAN WHIST: second Tuesday of the month, 8:30pm. New members welcome. Spot prizes appreciated.

FAMILY CARERS IRELAND: is the National Charity Supporting 500,000+ Family Carers Nationwide, we are currently recruiting for Community Homecare Workers to provide support to clients. Work hours are flexible based on your availability. Own car and Full Driving Licence essential. Please send your CV to jobs@familycarers.ie or contact Carol on 049 8511031 or 086 4183949 for more information.

MEITHEAL: is a Tusla led process for children and families who may need support. Meitheal enables families to identify what is working well - and no so well, and work towards changes they would like to see happen for their child or young person. For more information on Meitheal please call 087-6562844 or email meitheal.ppfs@tusla.ie

TEMPLEPORT SOCIAL SERVICES-DAY CENTRE: on Wednesdays. Usual transport schedule. Any queries contact Ann Maguire **087 765 5096** or Anne Smith **087 285 7471**. Looking forward to seeing you all.

GROW: is a national mental health organisation offering support to people who are experiencing or have experienced mental health challenges. We invite you to join our friendly, strictly confidential, and non-judgemental weekly peer support meetings in Breffni FRC, Carrick on Shannon every Wednesday from 11am-1pm. You don't have to face this alone. With GROW, you'll find understanding, connection, and hope. For more information call Marie on 086 8516939.

AN TOBAR NUA: We provide **confidential counselling nationwide** via telephone and Zoom. Our service is **donation-based**, because we do not want finances to prevent anyone from receiving support. If you are struggling with grief, anxiety, depression, or other life challenges, we are here to help, please telephone: 091-562 175

LIFE COACH: creating inclusive, uplifting gatherings where everyone is welcome—whether you move, sit, sway, or simply enjoy the moment. These events are designed to support your wellbeing, create connection, and lift your spirit. If this speaks to you, I'd love to hear from you. Please email transformationalyes@gmail.com with a "Yes" and the name of your townland.

SENIORLINE: a national telephone service for older people open every day 10am-10pm, Freephone **1800 80 45 91**. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

LEITRIM CALLING: would like to hear from people willing to get involved as a volunteer on our Befriending Visitation Service - one hour per week commitment visiting an older person in their home for company and chat. Full training and support is provided. For further details, contact: Marion on 087 9585029 or e-mail leitrimcalling@gmail.com

MUVE HEALTHCARE provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on **089 611 1647** for more details. Our website is www.muvehealthcare.ie

THE SACRED HEART MESSENGER MAGAZINE is always a pleasant and thoughtful read with items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here <https://www.messenger.ie/product/sacred-heart-messenger-subscription/>



RADIO MARIA IRELAND: Thank God and sincere thanks also to our many listeners and supporters as Radio Maria continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, and Uplifting

music, Talks, Interviews and Testimonies –Here’s how you can listen: **1.** via Digital TV - Saorview Channel 210, **2.** Download our FREE App “RADIO MARIA IRELAND” **3.** Streaming on our WEBSITE - www.radiomaria.ie, **4.** Via our ‘Listen Live Radio’ link on our Facebook Page. **5.** Via PHONE – get live radio feed by calling +**353 (0) 1 437 3277**. Why not drop a line to our Priest Director, Fr. Eamonn McCarthy by text on **089 467 2000**, by phone on **01 412 3456**, or come and pay us a visit at Radio Maria Ireland, St. Anthony’s Business Park, Ballymount Road, Dublin D22 R7W2.

THE SANCTUARY is a meditation centre for social change in the heart of Dublin City. It is a charity founded by Sr. Stan Kennedy in 1998, long before meditation or mindfulness was on the tip of everyone’s tongue. The Sanctuary has evolved organically over the years to include mindfulness programmes for schools, programmes for carers and those working on the frontlines of society. Moreover, it offers tailored programmes for commercial organisations, charities, and workplace and management teams. Courses are inspired by a deep and heartfelt wish and mission to nourish personal growth for greater social impact, ultimately helping to create a more resilient and just society. If you have any questions or queries about anything coming up, you can contact us by email enquiries@sanctuary.ie or call us on **01 670 5419**. For more of what’s to come at the Sanctuary www.sanctuary.ie